Located in the San Francisco Bay Area, Stanford University is a place of learning, discovery, expression, and innovation. Founded in 1885, Stanford's area of excellence span seven schools along with research institutes, the arts and athletics.

**LEARNING, DISCOVERY, EXPRESSION & INNOVATION**

Stanford’s faculty, staff, and students work to improve the health and well-being of people around the world through discovery and application of knowledge.

Learn more in the Stanford Facts brochure.

**Virtual Tours**

Visitor Information offers several multimedia tours of Stanford, including videos, slideshows, and a self-guided tour.

Source: Stanford Visitor Information
A leader in the biomedical revolution, Stanford Medicine has a long tradition of leadership in pioneering research, creative teaching protocols, and effective clinical therapies.

Stanford Medicine comprises three organizations:

**Stanford School of Medicine**
A research-intensive medical school that promotes diversity and empowers future leaders with the skills they need to be adaptable and resourceful.

**Stanford Children’s Health**
Stanford Children’s Health, with Lucile Packard Children’s Hospital Stanford at its center, is the Bay Area’s largest health care system exclusively dedicated to children and expectant mothers.

**Stanford Health Care**
Consistently ranked among the top hospitals in the nation for innovative programs in cancer treatment, cardiac care, neurology, orthopedic surgery, and organ transplantation.
OUR FELLOWSHIP PROGRAMS

Academic General Pediatrics
Adolescent Medicine
Allergy & Immunology
Clinical Biochemical Genetics
Clinical Informatics
Developmental-Behavioral Pediatrics
Laboratory Genetics & Genomics
Medical Biochemical Genetics
Medical Genetics & Genomics
Neonatal-Perinatal Medicine
Pediatric Cardiology
Pediatric Cardiology - Advanced
Pediatric Critical Care Medicine
Pediatric Endocrinology
Pediatric Gastroenterology
Pediatric Hematology/Oncology
Pediatric Hospital Medicine
Pediatric Infectious Diseases
Pediatric Integrative Medicine
Pediatric Nephrology
Pediatric Pulmonology
Pediatric Rheumatology
Pediatric Transplant Hepatology

About Our Programs
Our Pediatric Fellowship Programs are designed to provide outstanding training to prepare our fellows to excel as subspecialty clinicians, researchers, teachers, advocates, and to become leaders within the field of pediatrics.
The Office of Pediatric Education supports the continuum of trainees in the department by developing, evaluating, and continually improving transformative educational experiences and programs for learners.

Established in 2017, the Department Fellowship Program (green area) fosters a learning community in partnership with our fellowship program leaders that promotes innovation, clinical excellence, and prepares fellows to excel as subspecialty clinicians, scholars, teachers, and advocates and to become leaders within their fields.
FELLOWSHIP LEADERSHIP TEAM

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The Department Fellowship Program offers curricula, activities, and resources to support fellows during their training with the goal of providing the skills needed to become leaders in their field. This innovative program creates a robust learning community for fellows with centralized programming in which fellows are exposed to a rich professional network of faculty and staff leaders. Our core curriculum meets the ACGME and ABP core requirements.

**Fellows’ College**
Fellows’ College is a common educational experience for all fellows with a three-year longitudinal curriculum that builds skills and targets commonalities in the training of future physicians, educators, and leaders. Curriculum content includes leadership, teaching, evidence-based medicine, quality improvement, health care economics, advocacy, diversity & inclusion, well-being, medical ethics, personal & professional development, and scholarship.

**Scholarship Round Robin**
Scholarship Round Robin introduces first-year fellows to the diverse array of scholarship available at Stanford and the faculty who are conducting research in these areas. In a round robin style event, fellows meet with prominent faculty researchers and learn about resources and support available in those scholarship areas.

**Scholarship Academy**
Scholarship Academy is a week-long immersive experience for first-year fellows to introduce them to the resources and skills needed to begin their scholarly projects. Fellows learn how to identify a research mentor, focus their research interests, and establish a project scope and timeline.

**Grant Writing Club**
Grant Writing Club is designed for first-year fellows and teaches the fundamentals of grant writing, including learning about all of the components of the grant submission. The club culminates with participants submitting a completed Maternal & Child Health Research Institute (MCHRI) grant in February.

**Scholarship Club**
Scholarship Club is open to all fellows with a focus on the research interests and needs of our second and third-year trainees. Sessions are highly interactive and focus on real-time research issues and works in progress.

**OTHER OPPORTUNITIES**

**Courses, Seminars, Writing Groups**
Stanford Medicine offers courses, seminars, and writing groups including: NIH-K Award; F32 Grant Writing Groups; Intensive Course in Clinical Research; Ad hoc Scientific Writing Courses; Statistics Courses; ability to audit any Stanford course

**Scholarship Opportunities**
Stanford Medicine promotes scholarship in areas beyond clinical and basic science research. Some of these areas include: Medical Education, Quality and Process Improvement, Global Health, and Community Engagement and Advocacy.

**Master’s Degrees**
The Maternal & Child Health Research Institute (MCHRI) funds fellows to pursue Master’s degrees in fields such as Epidemiology, Health Policy, and Community Health & Prevention Research.
In addition to well-being offerings from the GME and Stanford Children's Health, the Department of Pediatrics has created a Fellow Well-being Program to promote a culture of wellness to support fellows inside and outside of the learning environment. Programs include:

**Curriculum**
Formal curriculum focusing on self-care, resiliency, appreciation, fatigue mitigation, nutrition, and stress management.

**Big Sib/Lil' Sib Program**
First-year fellows are matched with a second or third-year fellow from outside their division to provide peer support for the new fellows.

**Meaning in Medicine**
Conversations facilitated by faculty help fellows reflect on concerns such as how to balance personal and professional demands, recharge lost passion, and find meaning in everyday practice.

**Finding ME in Medicine**
Sessions led by the Palliative Care Team explore thoughts, feelings, and approaches to processing the frequent loss encountered in the practice of medicine.

**Fellows' Council**
Fellows' Council serves as a liaison to leadership and leads initiatives to provide professional and social support to fellows, including quarterly breakfasts, social hours, and a department-wide fellow-led QI project.

**Fellow Appreciation Week**
A special week of thanks and appreciation for all fellows from the department and fellowship programs.
### Fellows' Benefits

**Compensation**

Salary for the 2019-2020* academic year:

<table>
<thead>
<tr>
<th>PGY</th>
<th>Annual</th>
<th>Monthly</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 4</td>
<td>$81,689</td>
<td>$6,807</td>
</tr>
<tr>
<td>Year 5</td>
<td>$86,810</td>
<td>$7,234</td>
</tr>
<tr>
<td>Year 6</td>
<td>$90,667</td>
<td>$7,555</td>
</tr>
</tbody>
</table>

*annual increases effective September 1, 2020

**Additional Compensation Benefits:**

- Moving allowance: $3,000 (new hires only)
- Educational allowance: $2,000 per year
- Cell phone allowance: $1,000 per year
- Housing allowance: $7,200 per year/$600 per month
- On-call food allowance for 12hr or longer shifts
- 1% annual bonus based on completion of a QI Project

Note: all allowances are subject to appropriate taxes

**Medical & Health Benefits**

- Medical insurance (free option through Stanford available)
- Dental insurance
- Vision and mental health insurance
- Flexible spending/health account
- Life and accident insurance
- Disability insurance
- Malpractice insurance
- Pet insurance
- Free counseling outside of insurance

**Leave & Other Benefits**

- Vacation weeks
- Sick leave
- Family & medical leave
- Maternity/Paternity leave
- Bereavement leave
- Backup child care advantage program
- Retirement savings plan
- HealthySteps to Wellness incentive program

### License Fees

- Initial CA medical license fee
- CA license renewal fee
- Initial DEA fee
- Renewal DEA fee

### Transportation

- Uber for fatigued trainees
- Valley Transportation Agency Eco Pass (VTA)
- Caltrain Go Pass & Clipper Card

### Department Support

- Laptop computer
- Administrative processes
- Fellow Core Curriculum
- Fellow Well-being Program
- Fellows’ Council & socials
- Educational grants to programs
- New Fellows Orientation
- Fellows Graduation

### Equipment & Supplies

- After Hours Food
- Stanford-owned pager or mobile device pager service
- Stanford email address
- Photo ID card
- Badge access to facilities & clinics
- Lab coat

### Other Information

- GME Benefits Information
- GME House Staff Policies & Procedures
- GME Sample Contract
VIDEOS: TRAINING AT STANFORD

IN CONVERSATION WITH MARY LEONARD, DEPARTMENT CHAIR
Get to know our Department Chair, Mary Leonard, as she talks with trainees about why Stanford is a unique place to train.
- Introductions (5 min)
- Education Programs, Opportunities, & Training (11 min)
- Advocacy, Diversity, Equity, & Inclusion (4 min)
- Wellness Initiatives (7 min)
- What are you most proud of? What do you love about the Department of Pediatrics? (4 min)

FELLOW PERSPECTIVES ON THE LEARNING CLIMATE AT STANFORD
Current fellows share their thoughts on the learning climate at Stanford.
- Fellow Introductions (5 min)
- Perspectives on the Learning Climate (17 min)
- Perspectives on Clinical Training (22 min)
- Perspectives on Scholarship Training (14 min)
- Perspectives on Well-Being (18 min)

DIVERSITY, EQUITY, INCLUSION & ADVOCACY
Hear about diversity, equity, inclusion, & advocacy at Stanford from a panel of distinguished faculty.
- Introductions (3 min)
- Diversity as a Core Value at Stanford (12 min)
- Redefining & Addressing Diversity (18 min)
- Opportunities for Change (3 min)
- Translating Health Equity Research to Patient Care (2 min)
- Advice for Junior Faculty on Advancing Diversity (12 min)

ABOUT LUCILE PACKARD CHILDREN’S HOSPITAL (LPCH)
For more videos about LPCH, visit their YouTube channel.

FAVORITE SPOTS IN THE BAY AREA
Hear from our current fellows about their favorite spots in the Bay Area to eat, relax, and have fun.
Our current fellows and alumni share their thoughts on the Stanford fellowship experience

**JULIA MARLOW, MD**  
PEDIATRIC HOSPITAL MEDICINE

**Why Stanford?**
Stanford is a unique institution that fosters innovation and transdisciplinary collaboration. As trainees, we are encouraged to explore outside our subspecialty microcosm - the undergraduate and graduate programs, as well as being in the heart of the Silicon Valley offer unparalleled educational opportunities. In our clinical roles as fellows, we are surrounded by experts who care for infants and children at a nationally recognized children’s hospital that seeks to improve the health and wellbeing of all children. I am thrilled at the opportunity to pursue fellowship training at Stanford.

**What is it like to live in the Bay Area?**
You cannot beat the weather, and if you enjoy the outdoors, this is the place to be! But being in paradise comes with a price – the cost of living is difficult. The fellowship programs work tirelessly to offset these financial challenges with incredible health insurance and living stipends. The program listens to our concerns and is constantly finding new ways to support its trainees. You have access to the ocean, the wine country, skiing, hiking, backpacking, and diverse cities full of incredible food, art, music and entertainment – all within a few hours radius of your home.

**What is your housing and commute experience like?**
My husband and I live in a small 2 bedroom duplex in Los Altos, on the border of Cupertino and Sunnyvale. My commute to Stanford is about 20 minutes (and then a 10 minute walk). The drive home was about 45 minutes pre-COVID-19 and is now about 25 minutes. As a hospitalist fellow, I work at several community hospitals too and those commutes can be much longer, but are a minor part of my overall clinical time.

**How did you connect with a scholarship mentor?**
I met with numerous physician scientists both inside and outside my department before settling on my current mentors. I encourage all trainees to utilize the Stanford Profiles (CAP) and reach out to as many people as possible – all were willing to meet with me, discuss my research goals, and help me establish a diverse network of possible collaborators. I decided on a mentorship team to challenge my growth in several aspects of clinical research and professional development.
IN THEIR OWN WORDS

Our current fellows and alumni share their thoughts on the Stanford fellowship experience

 MONICA RUIZ, MD, MPH  
PEDIATRIC CRITICAL CARE MEDICINE

Why Stanford?
As someone who will build a career in merging critical care with community health, I knew that I needed to train at an institution that was innovative, progressive and most of all, supportive. On my interview day, all of the faculty and trainees inspired me to be passionate and resolute in my quest to fulfill my dreams as a physician and researcher. I sensed the energy, I saw the momentum, and I felt the support. Furthermore, balancing clinical exposure with research opportunity within a diverse community was a priority. Stanford provided me with all of the components I knew I needed to build my career as a physician scientist, while allowing me to care for a diverse and vulnerable patient population.

What is it like to live in the Bay Area?
The Bay Area is a beautiful utopia with a wonderful sense of scholarly intellect and palpable emphasis on wellness. You can spend your weekends on beautiful hikes, camping, wine tours, ferry boats, isolated coastal islands, snowboarding, or even just walking around your beautiful neighborhood with coffee in hand. Yes, the Bay Area is expensive, but it provides you with perspective on what you really need to be happy - beautiful outdoor scenery, great weather, abundant places to explore, and a sense of community. What's it like to live in the Bay Area, you ask??? It's unlike anywhere else!

How has your training at Stanford contributed to/impacted your career path?
My training at Stanford has contributed to my career path in that it has redefined it. While my interest in community health and passion for health disparities remain constant, the path has designated a new destination. I was able to find wonderful mentorship and participate in leadership courses that have defined a new way in which I can use my profession to contribute to a better tomorrow. As my career is in its infancy (fellow), it makes me beyond excited to be at Stanford, where I can build the skills, experience, and sponsorships needed to become a dean.
IN THEIR OWN WORDS

Our current fellows and alumni share their thoughts on the Stanford fellowship experience

AMANDA UBER, DO
PEDIATRIC NEPHROLOGY

Why Stanford?
Stanford is an amazing place to train. You are surrounded by the best in every field both in the research and clinical environments. At Stanford you get to be involved in innovative procedures and perplexing cases, all in an amazing work environment with a supportive and collaborative team. I appreciated the breadth of opportunities I knew I would gain by being a part of this institution.

What is it like to live in the Bay Area?
Living in the Bay Area is really a treat. There are so many things to do locally both in and outdoors. The Bay Area is also conveniently located close to many state parks and beautiful places, making weekend trips or local vacations extremely convenient and possible.

How do you like to spend your weekend?
As the mom of two young girls, our weekend is often spent outdoors close to home. We often go to a few local parks or spend time hiking at areas near our house (<5 miles away). In addition, there are many great cities with walkable downtowns, which is where we also spend our time, attending small events such as children’s plays/shows or enjoying local restaurants.

What is service like as a fellow?
Service is busy and challenging! However, as a fellow I felt I had a large amount of autonomy while being fully supported by my attendings, nurses and all the other members of our amazing team, while getting to work with residents, medical students and many other trainees. Being on service allowed me to see patients in all areas of the hospitals with many on the acute floors and others in the ICU, allowing me to take care of patients throughout a long hospital stay with continuity. Our service weeks are 5 days which is nice to have weekends off to get out and explore the beautiful Bay Area.

What is your housing and commute experience like?
The cost of living in the Bay Area can be daunting, but that being said I live comfortably with my husband and 2 daughters very close to the hospital. My commute is typically less than 15 minutes and only up to 25 minutes on a bad day. It is a very bike-able area and I have many co-workers who utilize this benefit as well. We also utilize the Caltrain pass provided to housestaff (for free) to take day trips across the bay as a family.
How did you connect with a scholarship mentor?
I met with many accomplished physician scientists and possible mentors prior to choosing my mentor. It has been a wonderful learning experience for me to write my grant and have it accepted. The process has been difficult, but there was a lot of support from my mentor, and I was able to attend many courses for grant writing and scientific writing in general.

What is your housing and commute experience like?
Transportation from the more affordable living areas can be challenging, so Stanford provides many opportunities to cover the cost such as bus shuttles for employees to and from the East Bay. I usually do some work during the ride between work and home, thus taking advantage of the commute. Almost all cities within the Bay Area are very nice to live in.

What is it like to live in the Bay Area?
Living in the Bay Area has by far exceeded my expectations. It is humbling to live in the Tech capital of the world and pass by Google or Facebook campuses on the way to work. It is no secret that the cost of living here is high, but this is for good reason. The Bay Area offers many opportunities for career development.

My family and I like the outdoors. There are many parks (State and National) in the area; we go hiking every other weekend or so, and we have not explored even half of them. I have a wife and 2 children, and my wife is a home maker. We still manage to do what we want, go on vacation and save money. Getting an affordable rental is key, and GME’s (now) $7200 per year housing allowance helps a lot.
What attracted you to our Program?
It was the rigorous fellowship curriculum especially in terms of education and research. The mentorship is outstanding here and there were so many faculty that I was able to meet with that would be interested in helping a fellow succeed.

Why Stanford?
I chose Stanford over the other Bay Area programs because of the plethora of opportunities it offered especially in terms of research opportunities, mentorship, and breadth of exposure to complex patients. There was also a lot of investment in building the education program, and I saw a lot of benefits being connected to Stanford University that you would not be able to get at many other training programs.

What is it like to live in the Bay Area?
It definitely is hard. The area is very expensive though I think the program offers many benefits that help offset costs. I live in the city so the commute is hard but typically it’s reverse traffic, so that part helps. It’s about setting different lifestyle expectations now. You are paying for the beautiful city and weather.

Because fellowship is flexible and lots of faculty live in the city, you can work your schedule so that you can work from home most days and also call into meetings. The city is very fun to live in because there is always something to do and it’s nice to get away from where you work.

How do you like to spend your weekends?
The Bay Area is a wonderful to explore. With our weekends off, my fiancé and I are always exploring, hiking, camping, going to the beach, going down to a nearby city, etc.
What is service like as a fellow?
Service is tough. That said, it is a huge upgrade from residency. Rounds start at 8:30am, so I usually get in by 7:30am to pre-round, sometimes 7am. Depending on the number of consults I need to deal with, I could be home as early as 3-4pm, or as late as past 8pm. I’ve noticed most services are very polite about not calling weekend consults unless it’s absolutely necessary...weekend call was about once every 6 weeks, which was a huge upgrade from q4 in residency!

What is it like to live in the Bay Area?
I have really enjoyed it. I am a major foodie, and there is amazing food to be had all over. I’ve also enjoyed being close enough to wine country that impromptu weekend trips are easy. Weather has been great (though still too cold for this SoCal native in the winter mornings!), and there are always shows or events going on either locally or in San Francisco to attend.

What is your housing and commute experience like?
The cost of living is scary...but if you are willing to have roommates you can usually get something quite nice. I was extremely lucky (found classmate by Facebook blast). My drive to work is 15 minutes with zero traffic, (there have been long delays) though that is very rare.

Stanford knows it’s expensive to be here, so they do make an effort to pack in a lot of extra benefits that other programs can’t offer. Stanford’s health insurance is phenomenal...if you get your care at Stanford, all of it is free.

CHRISTINE YANG, MD
PEDIATRIC GASTROENTEROLOGY

Why Stanford?
I went to Stanford for college, and had a great experience. I really appreciated how Stanford has always had a culture of pushing trends and making changes, and that has persisted in fellowship as well. Stanford has never been satisfied with status quo; they want to think ahead and make change. It was very exciting to be a part of that movement as a fellow.
10 Reasons to Train at Stanford Pediatrics

1. Top Ranked Children's Hospital
   - 361-bed children's hospital
   - Provide care in more than 150 medical specialties
   - 7 Centers of Emphasis
   - We serve patients and families across our network, regardless of their ability to pay

2. Diversity, Equity, and Inclusion at Stanford
   - Leadership Education in Advancing Diversity (LEAD) Program, Diversity & Inclusion Forum, GME Diversity Committee, Pediatrics Diversity Committee, Women in Medicine Leadership Council

3. Dedicated Program Leadership
   - Individualized learning plans
   - Connects fellows with mentors
   - Regular meetings and mentorship
   - Confidential support system
   - Job and professional development support

4. Network of Affiliated and Community Hospitals
   - Packard Unit at El Camino Hospital
   - Watsonville Community Hospital
   - John Muir Medical Center
   - California Pacific Medical Center
   - ValleyCare Medical Center
   - Vast catchment area

5. Track Record of Fellow Success
   - Opportunities for joint programs at Stanford
   - Fellows obtain top positions and grants
   - Opportunity to apply for advanced degrees

6. Leaders in Basic and Translational Research, Health Services Research, Quality Improvement, and Medical Education

7. Department-wide Learning Community
   - Fellows’ College
   - Scholarship Round Robin
   - Scholarship Academy
   - Grant Writing Club
   - Scholarship Club
   - Well-being Program
   - Fellows’ Council
   - Fellow-led QI Project
   - Operations Support

8. Connections to Larger Stanford Community
   - Stanford is unique among its peer institutions in having seven schools co-located on one contiguous campus which allows for interdepartmental and interdisciplinary collaboration

9. Funding Opportunities
   - Maternal Child Health Research Institute
   - Masters Tuition Program
   - Physician Scientist Bridge to K Program

10. San Francisco Bay Area Living
    - Year-round use of parks for hiking, biking, and outdoor activities
    - 35 miles to San Francisco
    - Vibrant wine and food scene
    - World-class entertainment and arts

Stanford Pediatric Fellowships | pedsfellowships.stanford.edu
DEPARTMENT INFORMATION SESSIONS
FOR FELLOWSHIP APPLICANTS

Please join us on Zoom to learn more about training at Stanford, hear about our unique learning community, and meet other applicants from across sub-specialties along with department and program leadership. These one-hour sessions are a supplement to your sub-specialty events.

WEDNESDAY, SEPTEMBER 9
1:00pm PT / 2:00pm MT / 3:00pm CT / 4:00pm ET

THURSDAY, SEPTEMBER 24
9:00am PT / 10:00am MT / 11:00am CT / 12:00pm ET

FRIDAY, SEPTEMBER 25
11:00am PT / 12:00pm MT / 1:00pm CT / 2:00pm ET

WEDNESDAY, OCTOBER 7
9:00am PT / 10:00am MT / 11:00am CT / 12:00pm ET

MONDAY, NOVEMBER 9
8:30am PT / 9:30am MT / 10:30am CT / 11:30am ET

REGISTER HERE

ZOOM INFORMATION
After launching Zoom, enter in Meeting ID and Password when prompted or click here.
Meeting ID: 873 022 957 | Password: 676316