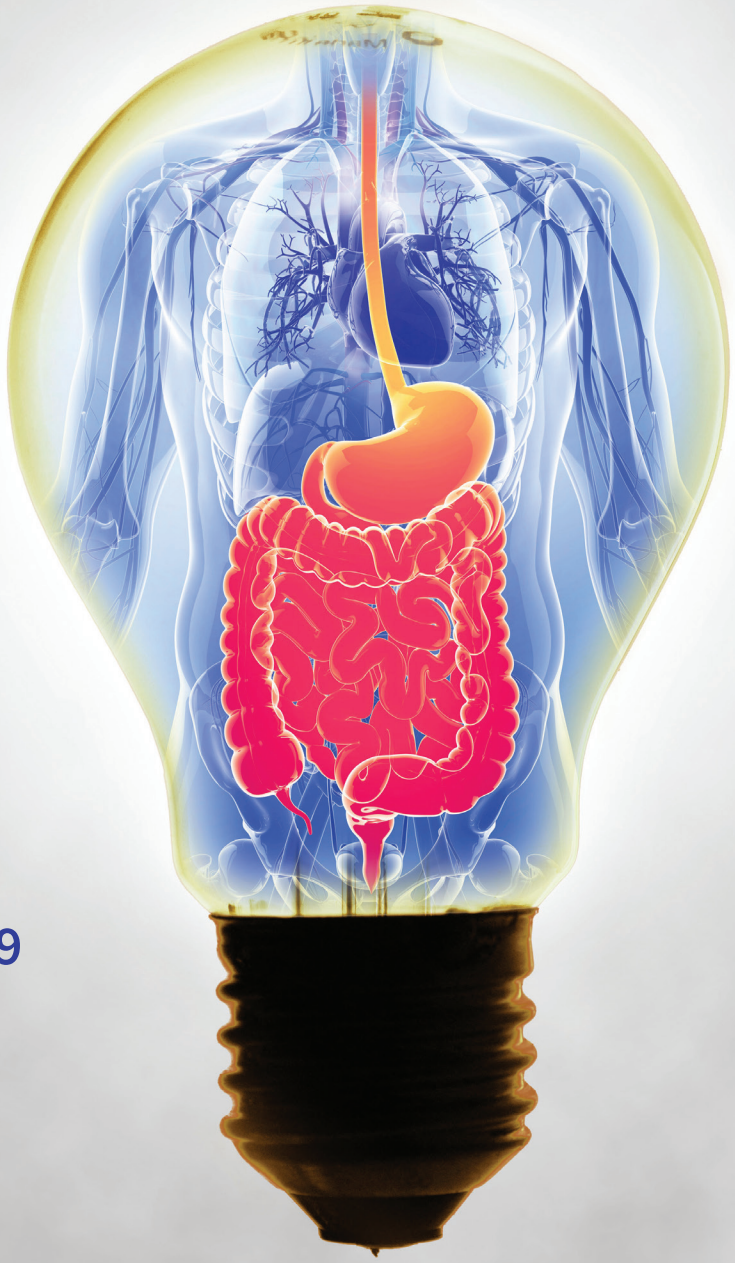
Stanford Symposium on Inflammatory Bowel Disease: Advances in Research and Practice



March 15, 2019

7:30am-5:15pm

Paul Brest Hall
Munger Building
Stanford, CA

A Continuing Medical Education Conference presented by the Department of Medicine, Division of Gastroenterology and Hepatology at the Stanford University School of Medicine.

Sponsored by the Stanford University School of Medicine

Stanford | MEDICINE

COURSE OVERVIEW

STATEMENT OF NEED

The Stanford IBD Symposium will be a dynamic forum supporting interactive learning across disciplines. The expert, multi-disciplinary faculty will present data and facilitate active discussions on a diverse variety of topics including the microbiome and diet, the importance of incorporating patient goals and preferences into care plans, best clinical practices using recently-approved therapies, innovations in therapeutic approaches, the diagnosis and management of dysplasia, and promising surgical and medical interventions in the pipeline. Opportunities for discussion and networking will be integrated into this thought-provoking and stimulating educational meeting.

TARGET AUDIENCE

This is an international program designed for physicians, nurses, pharmacists, nurse practitioners and physician assistants, allied health professionals, interns, residents, fellows and community partners specializing in Gastroenterology and Hepatology, Family Practice, Internal Medicine, Primary Care, General and Colorectal Surgery and Basic scientists.

LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to:

- Discuss current theories on the contributing factors to IBD and provide reasoning for the global increase in the incidence of IBD
- Integrate recently-approved therapies into the care of patients with IBD
- Design care plans for special patient populations with IBD, including children, pregnant women, and those with concomitant hepatobiliary disease
- Identify recent changes in the diagnosis and medical and surgical management of IBD
- Incorporate strategies to deliver patient-centered care in practice

ACCREDITATION

The Stanford University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Stanford University School of Medicine designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California Board of Registered Nursing recognizes that Continuing Medical Education (CME) is acceptable for meeting RN continuing education requirements as long as the course is certified for *AMA PRA Category 1 Credit*™ **(rn.ca.gov)**. Nurses will receive a Certificate of Participation following this activity that may be used for license renewal.

FACULTY DISCLOSURE

The Stanford University School of Medicine adheres to ACCME Criteria, Standards and Policies regarding industry support of continuing medical education. Disclosure of faculty and their commercial relationships will be made prior to the activity.

FACULTY *All faculty members are from Stanford University School of Medicine unless otherwise noted.*

COURSE DIRECTORS

Sarah Streett, MD, AGAF
Clinical Associate Professor, Medicine-Gastroenterology and Hepatology
Clinical Director of Inflammatory Bowel Disease

Aida Habtezion, MD, MSc
Associate Professor of Medicine-Gastroenterology and Hepatology
Ballinger-Swindells Endowed Scholar

GUEST FACULTY

Marla Dubinsky, MD
Professor of Pediatrics, Gastroenterology
Professor of Medicine, Gastroenterology
The Mt. Sinai Hospital

Brian Feagan, MD, MSc
Professor of Medicine, Schulich School of Medicine and Dentistry
Gastroenterologist, London Health Sciences Centre
Director, Roberts Clinical Trials, Roberts Research Institute

Harriet Patterson, MPH
Senior Director, Volunteer Engagement
Crohn's & Colitis Foundation

STANFORD FACULTY

Rachel Bensen, MD
Clinical Assistant Professor, Pediatrics-Gastroenterology, Lucile Packard Children's Hospital

Chris Cartwright, MD
Professor of Medicine, Gastroenterology and Hepatology

Shai Friedland, MD
Professor of Medicine
Chief of Gastroenterology, VA Palo Alto HCS

Aparna Goel, MD
Clinical Assistant Professor, Medicine-Gastroenterology and Hepatology

Aida Habtezion, MD, MSc
Associate Professor of Medicine-Gastroenterology and Hepatology
Ballinger-Swindells Endowed Scholar

Cindy Kin, MD
Assistant Professor of Surgery, General Surgery

Berkeley Limketkai, MD, PhD
Clinical Associate Professor, Medicine-Gastroenterology and Hepatology

Sidhartha Sinha, MD
Assistant Professor of Medicine-Gastroenterology and Hepatology

Justin Sonnenburg, PhD
Associate Professor of Microbiology and Immunology

Sarah Streett, MD, AGAF
Clinical Associate Professor, Medicine-Gastroenterology and Hepatology
Clinical Director of Inflammatory Bowel Disease

Joy Wu, MD, PhD
Assistant Professor of Medicine-Endocrinology

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PROGRAM **Program is subject to change.*

Friday, March 15, 2019

7:30-8:30 am	**Registration and Continental Breakfast**
8:30-8:40	**Welcome/Introduction/Audience Response Review** *Sarah Streett, MD, AGAF; Aida Habtezion, MD, MSc*
8:40-9:00	**State of the Art: Innovation in IBD** *Marla Dubinsky, MD*
9:05-9:25	**Advances in Understanding the Immunology of IBD** *Aida Habtezion, MD, MSc*
9:30-9:50	**The Interplay of the Environment and Microbiome and IBD** *Justin Sonnenberg, PhD*
9:55-10:15	**The Role of Fecal Microbiota Transplantation in IBD** *Berkeley Limketkai, MD, PhD*
10:20-10:35	**Q&A Panel Discussion** *Marla Dubinsky, MD; Aida Habtezion, MD, MSc; Berkeley Limketkai, MD, PhD; Justin Sonnenberg, PhD*
10:35-10:45	BREAK
10:45-11:05	**Molecular Mechanisms of Carcinogenesis in IBD** *Chris Cartwright, MD*
11:10-11:30	**Hepatobiliary Diseases in IBD** *Aparna Goel, MD*
11:35-11:55	**Managing the Difficult UC Patient: Case-Based Discussion** *Brian Feagan, MD, MSc*
12:00-12:20pm	**Challenges in Crohn's Disease: Case-Based Discussion** *Marla Dubinsky, MD*
12:25 – 12:40	**Q&A Panel Discussion** *Chris Cartwright, MD; Marla Dubinsky, MD; Aparna Goel, MD; Brian Feagan, MD, MSc*
12:40-1:15	LUNCH
1:15-1:35	**Approaches to Managing Osteopenia** *Joy Wu, MD, PhD*
1:40-2:00	**Transitional Care in IBD** *Rachel Bensen, MD*
2:05-2:25	**Reproductive Health in IBD** *Sarah Streett, MD, AGAF*
2:30-2:50	**The Patient Perspective: Engagement and Psychosocial Care** *Harriet Patterson, MPH*
2:55-3:10	**Q&A Panel** *Rachel Bensen, MD; Joy Wu, MD, PhD; Harriet Patterson, MPH; Sarah Streett, MD, AGAF*
3:10-3:20	BREAK
3:20-3:40	**Dysplasia Surveillance and Management** *Shai Friedland, MD*
3:45-4:05	**Innovations in Surgical Approaches to IBD** *Cindy Kin, MD*
4:10-4:30	**Improving and Understanding IBD Care Through Technology** *Sidhartha Sinha, MD*
4:35-4:55	**State of the Future: Emerging Therapeutics** *Brian Feagan, MD, MSc*
5:00-5:15	**Q&A Panel** *Marla Dubinsky, MD; Brian Feagan, MD, MSc; Shai Friedland, MD; Cindy Kin, MD; Sidhartha Sinha, MD*
5:15	WINE AND CHEESE NETWORKING

To register and pay online, visit http://cme.stanford.edu/ibd

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Stanford Center for Continuing Medical Education
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Palo Alto, CA 94304

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Paul Brest Hall, Munger Building
555 Salvatierra Walk
Stanford, CA 94305

Phone: 650-497-8554
Fax: (650)497-8585
cme.stanford.edu

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REGISTRATION

Registration fee includes course materials, certificate of participation, breakfast and lunch.

ATTENDEE TYPE	FEES
Physicians	$195.00
Nurses and Allied Health Professionals	$150.00

Fellow/Trainee Registration: Limited funds available to support fellows and trainees to attend the symposium. All interested parties please contact Shannon Judd at **judds@stanford.edu** along with a CV or Biosketch.

Register online with Visa or Master Card by visiting cme.stanford.edu/ibd.

If you prefer to pay by check or need assistance, please call **(650) 497-8554** or email **stanfordcme@stanford.edu**. Be sure to register with an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and certificate.

CANCELLATION POLICY

Cancellations received in writing no less than 30 days before the course will be refunded, less a 20% administrative fee. No refunds will be made on cancellations received after that date. Please send cancellation requests to **stanfordcme@stanford.edu**.

Stanford University School of Medicine reserves the right to cancel this program; in the event of cancellation, course fees will be fully refunded.

CONFERENCE LOCATION

Paul Brest Hall, Munger Building
555 Salvatierra Walk. Stanford, CA 94305
(650) 723.6776

NEARBY HOTELS

Sheraton Palo Alto Hotel
(650) 328-2800
625 El Camino Real, Palo Alto, California 94301

The Westin Palo Alto
(650) 321-4422
675 El Camino Real, Palo Alto, California 94301

Please contact the hotel directly to secure a reservation.

Additional hotel options: **http://visit.stanford.edu/plan/lodging**.

VISITING STANFORD UNIVERSITY

To learn more about traveling to Stanford University, please browse **visit.stanford.edu**.

CONTACT INFORMATION

For questions about the symposium, please contact Mary Sisney, CME Conference Coordinator at **(650) 724-7166** or **msisney@stanford.edu**.

Stanford Center for Continuing Medical Education
1520 Page Mill Road, Palo Alto, CA 94304
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Web: **cme.stanford.edu**

Stanford University School of Medicine is committed to ensuring that its programs, services, goods and facilities are accessible to individuals with disabilities as specified under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Amendments Act of 2008. If you have needs that require special accommodations, including dietary concerns, please contact the CME Conference Coordinator.