



Pediatric Sleep Center

The Pediatric Sleep Center is a service provided by Lucile Packard Children's Hospital Stanford and is dedicated to providing a complete range of sleep evaluations, from simple diagnosis to complex sleep studies.

We Treat

- Sleep disordered breathing (Obstructive sleep apnea, snoring, noisy breathing)
- Apnea of infancy
- Asthma and nocturnal cough
- Apparent-Life-Threatening-Event (ALTE)
- Chronic lung disease
- Central sleep apnea
- Obesity hypoventilation syndrome
- Behavioral problems (Bedtime struggles, night wakings)
- Behavioral and cognitive problems that may be worsened by sleep apnea such as Attention Deficit Hyperactivity Disorder (ADHD) and autism spectrum disease
- Upper airway resistance syndrome
- Restless leg syndrome
- Rhythmic movement disorders (Periodic limb movement disorder, head banging)
- Epilepsy or other seizures that may be influenced by nocturnal respiratory problems
- Circadian rhythm disorders and sleep schedule abnormalities
- Restless sleep
- Insomnia
- Parasomnias, such as sleepwalking, confusional arousal, sleep terrors, sleep enuresis and nightmares
- Narcolepsy and hypersomnias not due to narcolepsy

Referring Patients

Call our referral center at (800) 995-5724 to refer a patient. Referrals can be submitted electronically at refer.stanfordchildrens.org. You may also fax the patient record with insurance card and referral form to (650) 721-2884.

Visit stanfordchildrens.org for more information

Pediatric Sleep Center

This eight-bed facility evaluates patients with any type of sleep disorder, including behavior problems that may be caused or worsened by poor sleep, such as ADHD. We are unique in our ability to evaluate children under the age of five years old. Our staff is comprised of physicians board-certified in sleep medicine, pediatric pulmonology, and general pediatrics in addition to registered respiratory therapists and polysomnographers. The center is equipped with amenities for parents and children, including sleep accommodations for one parent with each child. We offer an *open lab* — parents can observe what's going on and be there to help their child. Sleep Center results are returned to referring physicians. Patients needing further intervention can be referred to our specialty practitioners. We accept all forms of insurance. Please call (650) 962-4310 for more information.

Location

Pediatric Sleep Center

2490 Hospital Dr, Suite 305
Mountain View, CA 94040

