Palliative Care Programs in the Bay Area

Kaiser Permanente Palliative Care Department, Marin-Sonoma

Vision and Promises

- Vision: Honor what matters most to you so that you can live as fully as possible.

Team:

- Physician
- Clinical Nurse Specialist, Nurse
- Social Worker
- Chaplain

Services:

- **Outpatient: Monday-Friday**
- **Inpatient: 7 day/week**
- **Video, Telephone, and In-Person**

Referral:

- **Primary Care Providers**
- **Specialists**
- **Registry**

Contact Information:

- **Santa Rosa Outpatient 707-393-4482, Inpatient 707-393-4339**
- **San Rafael Outpatient 415-446-2510, Inpatient 415-444-2318**

Marin Health Palliative Care

- Inpatient and Outpatient (no home-based program)
- Telephone, Video, and In-Person Appointments
- Referral Required (from oncologist, specialist or primary care)
- Integrative Wellness Center
  - Nutrition and Psychosocial Counseling
  - Guided Meditation, Jin Shin Jytsu, Massage, Acupuncture
- Phone: (415) 925-7450
- Website: https://www.mymarinhealth.org/programs-services/supportive-care/palliative-care/
- Email: **supportivecarecenter@mymarinhealth.org**

marinhealth℠

Palliative Care at Kaiser Permanente East Bay

- Inpatient and Outpatient Services
  - Available at Oakland and Richmond Medical Centers

- Clinics are located in Oakland and Richmond
  - Visits are available via video, phone, or in-person

- Ask your doctor to place a referral via HealthConnect

- Contact information:
  - Address:
    - Oakland Medical Center: 275 W. MacArthur Blvd, Oakland, CA 94611
    - Richmond Medical Center: 901 Nevin Ave, Richmond, CA 94801
  - Clinic Phone: (510) 752-1834
  - Inpatient Service Phone: (510) 752-4092

UCSF Palliative Medicine

Inpatient Palliative Care Services

- @ UCSF Parnassus, Mission Bay, and Mount Zion

Outpatient & Home-Based Services

- Telehealth and in-person visits
- Home visits may be in San Francisco County

- Outpatient Palliative Care Service (OPCS)
  - Outpatient palliative care for patients with serious illness other than cancer (non-oncology)
  - In-person visits at Parnassus, telehealth visits also available
  - For more information: 415.514.1966

- Symptom Management Service (SMS)
  - Outpatient palliative care for cancer (oncology) patients
  - In-person visits at Mission Bay and Parnassus, telehealth visits also available
  - For more Information: 415.885.7671

UCSF Palliative Medicine
Department of Medicine

San Francisco VA Palliative Care

Clinical Programs

- Inpatient Palliative Care Consults
- Inpatient Hospice Unit - 10 bed
- Outpatient Palliative Care Clinic
  - In-person and telehealth clinics
  - San Francisco, Santa Rosa, Clearlake, Ukiah, Eureka, and northern California
  - Partnerships with Oncology, Parkinson's/ Movement Disorder, and Pulmonary Clinics

Unique Features

- Referrals through VA Primary and Specialty Providers
- Concurrent care: Veterans can enroll in hospice while still getting treatments for their underlying illnesses (e.g. can still get chemotherapy while on hospice for a cancer diagnosis)
- VA-paid home caregiver support: San Francisco veterans on hospice may qualify for up to 28-hours of home health aide support
- Inpatient hospice unit available to veterans registered at SFVA in need of skilled nursing facility-level hospice care regardless of service connection. This is a free service.

Our Team:

- Anna Chang, MD
- Jeremy Doughan, PsyD
- Lynn Flint, MD
- Ashwin Kotwal, MD
- Sei Lee, MD
- Kana McKee, MD
- Sandra Moody, MD
- Annie Palmer, NP
- Alex Smith, MD
- Rebecca Sudore, MD
- Carolyn Talmadge, Chaplain
- Emily Taplin, LCSW

Leadership:

- Eric Widera, MD
- Anne Kelly, LCSW
- Patrice Villars, NP

Contact: patrice.villars@va.gov
https://www.sanfrancisco.va.gov/services/Geriatrics.asp
Telephone: (415) 221-4810, ext. 24979

Palliative Care at Sutter CPMC

- Inpatient and Outpatient (Clinic and Advanced Illness Management (AIM) home program)

- Clinic located in San Francisco
  - Telephone and Video Visits available

- Ask you Sutter doctor or nurse for a referral

Sutter Health

Kaiser Permanente San Francisco

- Services: Inpatient and Outpatient
  - Home-based program under development.
- Our Clinic is located at the French Campus of Kaiser San Francisco
- Appointments are available in-person, via video or by telephone
- Available to all Kaiser members; you can be referred by request by your primary care physician or a physician or nurse from any specialty
- Our clinic address is 450 6th Ave San Francisco, CA
- Our clinic phone number is (415) 833-0204

Palliative Care at Stanford

Stanford MEDICINE | Palliative Care
Department of Medicine

- Inpatient and Outpatient (no home-based program)

- Clinics located in Palo Alto, San Jose, Emeryville, and Pleasanton
  - Telephone, Video Visit, and In-Person appts available

- Ask you doctor or nurse for a referral

- We also accept self-referrals:
  - Call our clinic at (650) 724-0385
  - Website: med.stanford.edu/palliative-care

Palliative Care at Sutter – Palo Alto Medical Foundation (PAMF)

www.sutterhealth.org/pamf-palliative

Providers can place a referral to **Palliative Care and Support Services (PCSS)** or **Advance Illness Management (AIM)**

- **PCSS**: Physician-led *specialty* palliative care w/ Interdisciplinary Team (doctor, nurse, chaplain, social worker)
- **AIM**: Nurse-driven *primary* palliative care w/ Home Health Team (nurse, social worker)

Locations in San Mateo, Palo Alto, Sunnyvale, Oakland, Fremont, Dublin, and Santa Cruz

- Clinic, facility, home, video visits

Also have Inpatient Consult Team at Sutter Bay hospitals:

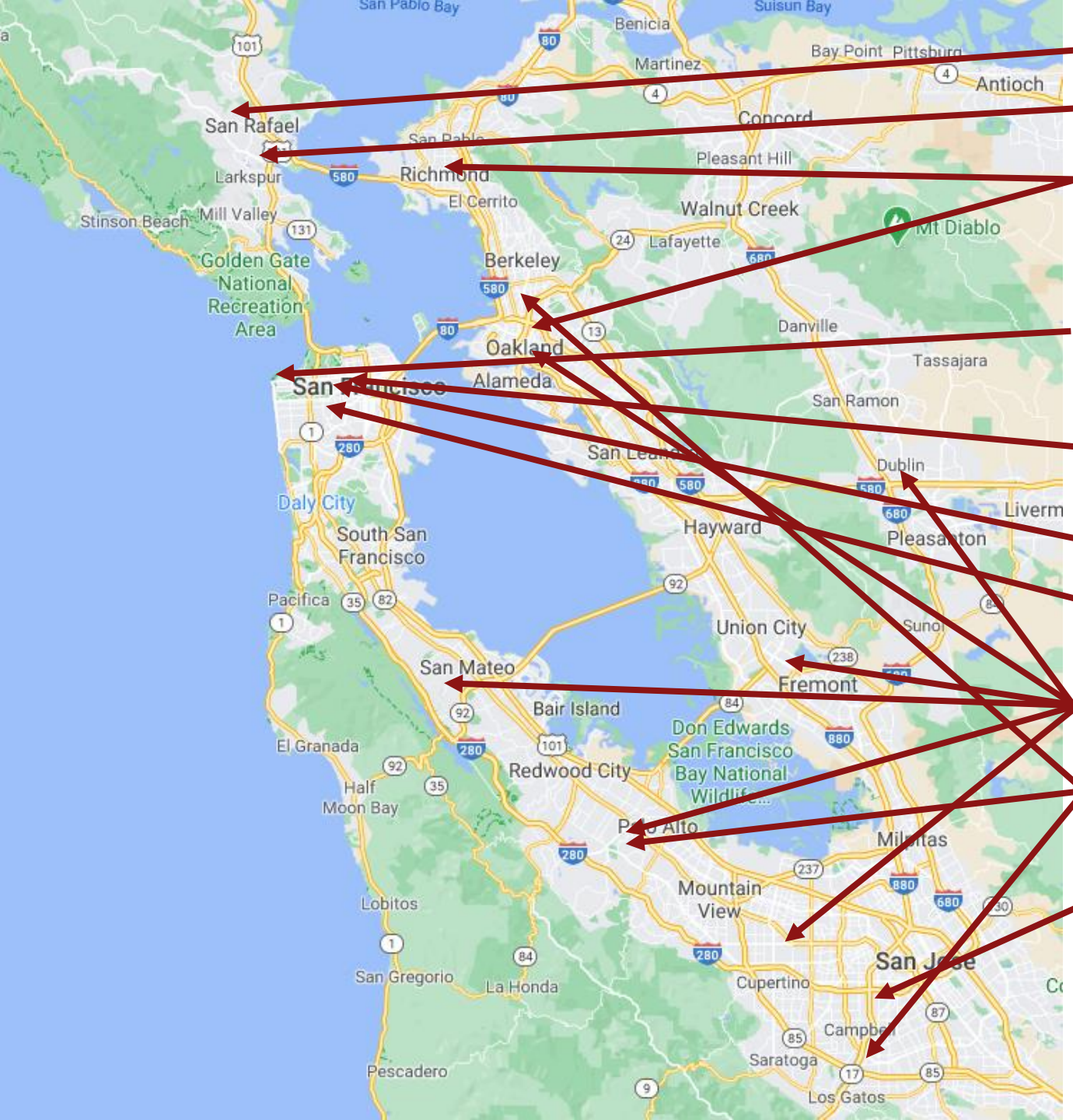
- **Mills Peninsula, Eden, Alta Bates**

Sutter Health
Palo Alto Medical Foundation

Santa Clara Valley Medical Center

SANTA CLARA VALLEY MEDICAL CENTER
Hospital & Clinics

- Inpatient program at Santa Clara Valley Medical Center, San Jose
- Outpatient program is located at Valley Specialty Center in San Jose
  - Telephone, video visits and in-person visits available
- No home-based program currently
- Ask your PCP or consulting doctor/nurse practitioner/physician assistant for a referral
- https://www.scvmc.org/clinics-and-locations/valley-specialty-center/Pages/health-care-services.aspx#vhpos
- Clinic phone number 408-793-5974



Kaiser Marin-Sonoma

Marin General Hospital/Marin Health

Kaiser East Bay

San Francisco Veterans Administration Medical Center (SFVAMC)

Sutter San Francisco/California Pacific Medical Center (CPMC)

Kaiser San Francisco

UCSF Palliative Medicine, Department of Medicine

Sutter/Palo Alto Medical Foundation (PAMF)

Stanford Palliative Care, Department of Medicine

Santa Clara Valley Medical Center