



# Everything You Want to Know About Palliative Care



Thursday, November 18th, 2021



# Quick Intro to a ZOOM Webinar

## To ask a question:

- Click on the “Q&A” box
- Type your question and click “Send”
- Can ‘send anonymously’ by checking that box
- We will not be using the “Chat” or “Raise Hand” tools

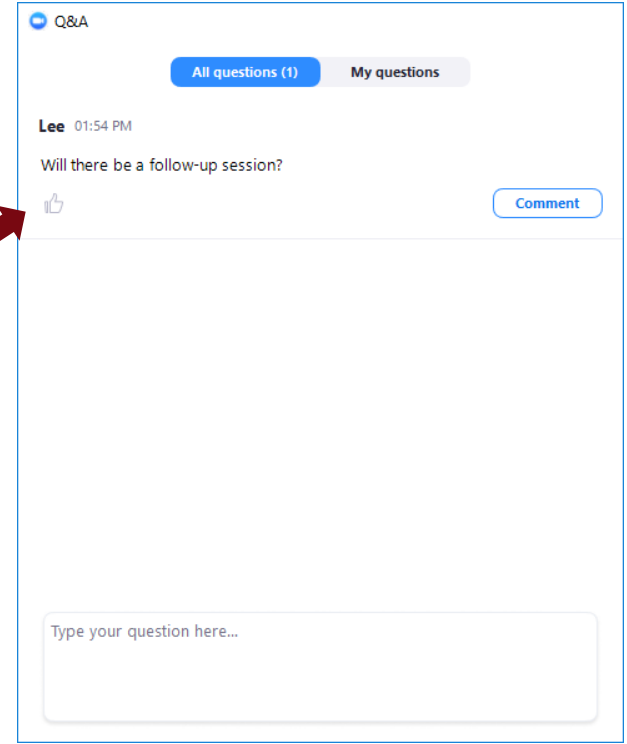
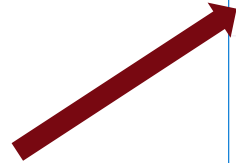
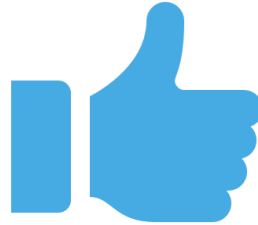
Q&A	
<b>You asked:</b> What happens when I raise my hand?	18:03
<b>Molly Parker answered:</b> I can take you off of mute.	18:04

The image shows a Zoom webinar interface. At the bottom, there is a dark control bar with icons for 'Audio Settings', 'Chat', 'Raise Hand', and 'Q&A'. A red circle with a diagonal slash is drawn over the 'Chat' and 'Raise Hand' icons, indicating they are not to be used. A red arrow points down to the 'Q&A' icon. To the right, a Q&A input box is shown with the text 'Please input your question' and 'Type question here'. Below this text is a checkbox labeled 'Send Anonymously' which is circled in red. A blue 'Send' button is located to the right of the input box.

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Once there are questions:

- You can “Like” questions, by clicking the “Thumb Up” icon
- This will help us answer the most popular questions first



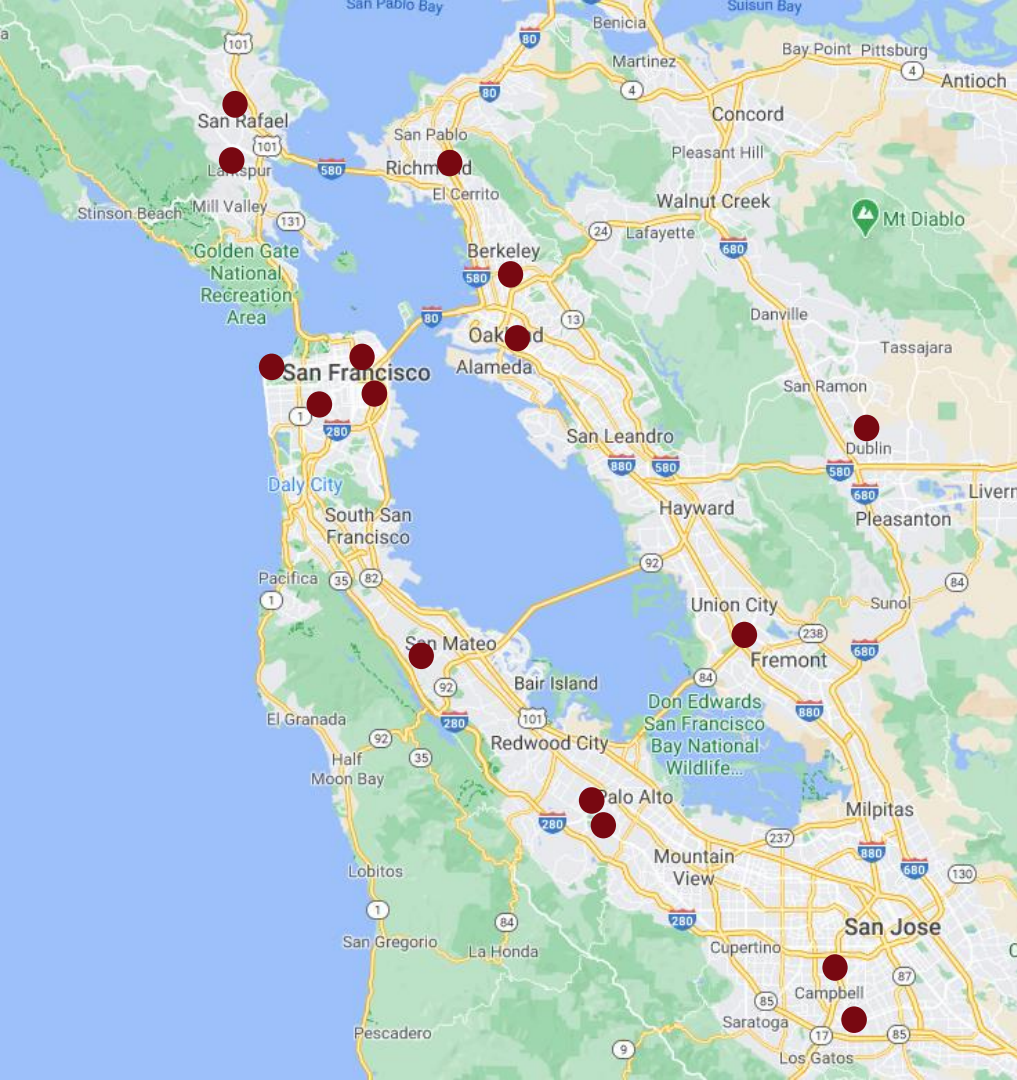
# Roadmap



- Define palliative care
- Panel discussion
- Q&A

# A definition of palliative care

- Palliative care (pronounced pal-lee-uh-tiv) is both a philosophy of care and a type of medical care for people living with a serious illness. This type of care is focused on providing relief from the symptoms and stress of a serious illness. The goal is to improve quality of life for both the patient and the family and takes into account not just physical suffering but also mental, emotional, psychological and spiritual suffering that often accompanies serious illness.
- Palliative care is often provided by a specially trained team of physicians, nurses, social workers, and chaplains who work together with a person's other doctors to provide support. It is appropriate at any age and at any stage in a serious illness, and it can be provided along with curative treatment.



# Palliative Care Programs

- Kaiser Marin-Sonoma
- Marin General Hospital
- Kaiser East Bay
- San Francisco Veterans Administration
- Sutter San Francisco/California Pacific Medical Center
- Kaiser San Francisco
- UCSF
- Zuckerberg San Francisco General Hospital
- Sutter/Palo Alto Medical Foundation (PAMF)
- Stanford
- Santa Clara Valley Medical Center
  
- [GetPalliativeCare.org](https://www.getpalliativecare.org)



THANK YOU!



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