Stanford MEDICINE | Hypertension Center
Innovative care for a familiar condition

Name:_____.

Current Blood Pressure Medications:

Medication Name	Dose and Frequency

Blood Pressure Readings

Example:

Date	Time	Blood Pressure	Pulse	Notes
2/11/19	08:00	120/80	65	BP taken after missed dose of medications

My Readings:

Date	Time	Blood Pressure	Pulse	Notes

Name:_____.

Blood Pressure Readings

Date	Time	Blood Pressure	Pulse	Notes