

Tobacco Module Discussion Guide

The discussion points below are designed for you to initiate an essential conversation with a trusted adult in your life. It does not matter if you know the factual answer; you can research that together at a later time. What is important is that you are able to communicate with a trusted adult, to broaden your perspective on this topic.

What are some immediate and eventual health effects of using tobacco?

Why do cigarette packages come in different colors?

Is nicotine the only harmful ingredient in cigarettes?

Is hookah a safer alternative to smoking tobacco?

What are some tobacco products?

Is America a smoking culture? What percentage of teenagers DO NOT use tobacco products?

