1. The amount of nicotine in a JUULpod is equivalent to:

a. One cigarette  
b. A pack of cigarettes  
c. Half a pack of cigarettes  
d. A pack and a half of cigarettes

2. Which of the following statements about JUULs and PHIX is TRUE?

a. Some contain nicotine  
b. All contain nicotine  
c. None contain nicotine  
d. There are no flavors

3. An e-cigarette/vape product with a 5% strength of nicotine is _________.

a. very low in nicotine  
b. low in nicotine  
c. high in nicotine  
d. very high in nicotine

4. Which organs in the human body does nicotine affect?

a. Stomach  
b. Heart  
c. Lungs  
d. All of the above

5. The long-term effects of vaping this chemical in the JUUL are unknown.

a. Nicotine  
b. Glycerol  
c. Natural Oils  
d. Benzoic Acid

6. Youth who start with higher nicotine products (ex. JUUL) are likely to take part in more:

a. Smoking  
b. Vaping  
c. Smoking & Vaping
7. What about this 2018 BLU advertisement makes it problematic for youth?
   a. The young-looking model targets youth
   b. The use of specific words stands out to youth
   c. The BLU Company uses social justice imagery
   d. All of the above

8. How are pod-based systems marketed to youth?
   a. Use of flavors and colors
   b. Misleading labeling of nicotine
   c. Advertisements including people that look like youths
   d. All of the above

9. Market e-juices range from 0-36 mg of nicotine, while one JUULpod has at least ___ mg of nicotine.
   a. 5
   b. 10
   c. 59
   d. 40

10. Which ingredient in many pod-based systems makes them highly addictive?
    a. Benzoic acid
    b. Extracts and flavors
    c. Glycerol
    d. Nicotine

11. What do we NOT know about pod-based systems?
    a. All the specific ingredients
    b. Long-term effects of using it
    c. Effects of nicotine on the brain
    d. Both a & b