

Unit 5: What Can I Do About E-Cigarettes and Vape Pens?

The discussion points below are designed for you to initiate an essential conversation with a trusted adult in your life. It does not matter if you know the factual answer; you can research that together at a later time. What is important is that you are able to communicate with a trusted adult, to broaden your perspective on this topic.



How can young people influence each other's decision whether or not to use e-cigarettes/vape pens?



Do you think young people can be effective in campaigning against e-cigarette/vape pen use? Why and how or why not?



What kind of resources do young people need to be effective in promoting a tobacco-free lifestyle?

