

# Tobacco Prevention Toolkit

## E-Cigarette and Vape Pen Module Unit 6 Quiz

- 1. The amount of nicotine in a JUUL pod is equivalent to:**
  - a. 1 cigarette
  - b. 1.5 to 2 packs of cigarettes
  - c. Half a pack of cigarettes
  - d. 5 packs of cigarettes
- 2. Which of the following statements about JUULs and PHIX is TRUE?**
  - a. Some contain nicotine
  - b. All contain nicotine
  - c. None contain nicotine
  - d. There are no flavors
- 3. An e-cigarette/vape product with a 5% strength of nicotine is \_\_\_\_\_.**
  - a. very low in nicotine
  - b. low in nicotine
  - c. high in nicotine
  - d. very high in nicotine
- 4. Which organs in the human body does nicotine affect?**
  - a. Stomach
  - b. Heart
  - c. Lungs
  - d. All of the above
- 5. JUUL Labs reports 7 ingredients in their pod e-juice. Independent scientists found how many chemicals in their pod e-juice?**
  - a. 7
  - b. 59
  - c. 19
  - d. They have not studied this yet



6. What about this 2018 pod-based system ad makes it problematic for young people?



- a. The young-looking model targets young people
- b. The use of specific words stands out to young people
- c. The pod-based company uses social justice imagery
- d. All of the above

7. How are pod-based systems marketed to young people?

- a. Use of flavors and colors
- b. Misleading labeling of nicotine
- c. Advertisements including people that look like young people
- d. All of the above

8. Market e-juices range from 0-25 mg of nicotine, while one JUUL pod has at least \_\_\_ mg of nicotine per pod.

- a. 4.13
- b. 5
- c. 25
- d. 41.3

9. Which ingredient in many pod-based systems makes them highly addictive?

- a. Benzoic acid
- b. Extracts and flavors
- c. Glycerol
- d. Nicotine

10. What do we NOT know about pod-based systems?

- a. All the specific ingredients
- b. Long-term effects of using it
- c. Effects of nicotine on the brain
- d. Both a & b

