Name:

Date:

Smokeless Tobacco Myth Activity

Instructions: After you complete your research and/or your class discussion, indicate whether each statement is a myth or fact. Next, fill out the justification box explaining why a statement might be correct or false.

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| **Statement** | **Myth/Fact** | **Justification/Source** |
| Smokeless tobacco is not smoked, so it is not bad for you |  |  |
| You are not at risk for cancers when using smokeless tobacco |  |  |
| Nicotine is not bad for you, it’s like caffeine |  |  |
| Tobacco is natural |  |  |
| Smokeless tobacco is a safe alternative to cigarettes |  |  |
| Dip and chew improves athletic performance |  |  |
| The negative dental effects of smokeless tobacco can be reversed by good dental hygiene |  |  |
| Members of Congress used to share a communal snuff box |  |  |
| Smokeless tobacco use is okay because it is legal |  |  |
| Smokeless tobacco is perceived as more socially acceptable than cigarette smoking |  |  |