

Smokeless Tobacco Module

Discussion Guide

The discussion points below are designed for you to initiate an essential conversation with a trusted adult in your life. It does not matter if you know the factual answer; you can research that together at a later time. What is important is that you are able to communicate with a trusted adult, to broaden your perspective on this topic.

What are the images that come to mind when thinking of those who use smokeless tobacco products?

What are some smokeless tobacco products?

What are some of the myths surrounding smokeless tobacco products?

Are there any health risks to using these smokeless tobacco products? If so, what are they?

Why do people use smokeless tobacco products?



Tobacco Prevention Toolkit

Division of Adolescent Medicine, Stanford University

www.tobaccopreventiontoolkit.stanford.edu, tobprevtoolkit@stanford.edu