

# Tobacco Prevention Toolkit

## Hookah Module Quiz

1. Which of these is not another name for Hookah?

a. Shisha

b. Goza

c. Hubba-Bubba

d. Narghile

2. Are the clouds produced from hookah just “water vapors”?

a. Yes, just water vapors

b. No, its just smoke

c. No, they're toxic aerosols

d. No, they're vapors but with other chemicals too

3. How would you describe the smoke that is produced from hookah?

a. As toxic as cigarette smoke

b. As safe as camp fire

c. A safer alternative to cigarette smoke

d. Harmless smoke, hookah filters chemicals through water jar

4. Smoking hookah in prolonged sessions exposes you to higher levels of what addictive chemical?

a. Acrolein

b. Nicotine

c. Formaldehyde

d. Lead

5. Smokers are at risk for infectious diseases including Tuberculosis, Herpes, and Hepatitis.

a. TRUE

b. FALSE



**6. One cigarette is equal to 20 puffs, while a 1-hour hookah session is equal to how many puffs?**

a. 20 puffs

b. 50 puffs

c. 100 puffs

d. 200 puffs

**7. Can the thousands of chemicals in hookah still harm you if you aren't the one smoking?**

a. Yes, since secondhand smoke is still harmful

b. Yes, the smoke can effect you, but not harm you

c. No, if you don't smoke, it won't harm you

d. No, the chemicals in hookah are harmless

**8. What have tobacco companies done to try and attract more female consumers?**

a. Added flavors to tobacco products

b. Created more feminine packaging

c. Displayed females on advertisements

d. All of the above

