

Hookah Mythbusters Activity

<u>Purpose & Preparation</u>	<u>Procedure</u>
<p>Purpose:</p> <p>Students will discuss and clarify myths regarding hookah usage, addiction, and adverse health effects.</p> <p>Preparation:</p> <ul style="list-style-type: none">• Educators will use the online site, Poll Everywhere, to create an online poll for their class.• Other options are www.mentimeter.com or www.plickers.com. Plickers uses cards with QR codes so it only requires the facilitator to have a device, not each individual student. All of these resources are free.• If you prefer not to use Poll Everywhere, check out the other possible alternate activities. Modified activity instructions are listed below under "Modified Activities" <p>Materials Needed:</p> <p>Students will need individual electronic devices (cell phone, tablet, or any electronic devices that can access internet)</p> <p>Handouts:</p> <ul style="list-style-type: none">• Hookah Mythbusters Worksheet (Optional)	<p>Procedure:</p> <ol style="list-style-type: none">1. As a class, students will explore 8 common myths about hookah usage, addiction, and adverse health effects.2. Using Poll Everywhere technology, educators will be able to poll students on whether or not they believe statements are myth or fact. Poll Everywhere technology will provide real-time visual data for students to see each other's anonymous responses.3. After each statement, the instructor will lead a discussion on why students chose fact or myth. <p><u>Modified Activity #1: Alternative Polling</u></p> <ul style="list-style-type: none">○ Instead of polling students with Poll Everywhere, you can have student physically move from around the room to create a real time poll.○ To complete this alternate lesson, post a "Fact" sign on one side of the room and a "Myth" sign on the other. Clear a space in your classroom for students to walk from one side to another as you read out the statements listed in the above table. <p><i>More directions below, please continue reading</i></p>



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Modified Activity #2: Student Inquiry

- To complete this alternative activity, students will need access to a computer and the internet.
- In small groups or individually, students can complete research and fill out the Hookah Mythbusters worksheet.
- After students have completed the worksheet, have students share their answers and research.

Modified Activity #3: Homework Activity

- To complete this alternative activity, student will need access to a computer and the internet outside of classroom time.
- Students take home and complete the Hookah Mythbusters worksheet independently for homework.
- Upon returning to class, ask students share their answers and research.

