Does dementia stress your family?

- Would you like to learn ways to manage your stress?
- Would you like to learn more about dementia?
- Would you like to gain skills to help you care for yourself and your loved ones?
- Do you have an interest in helping to enhance patient- and family-centered care?

**Eligible participants:** Family caregivers of persons with dementia interested in group learning with other caregivers

**Compensation:** ranges from $50-$250

Call for info and confidential discussion:
(650) 849-0481

For general information about participants rights, contact 1-866-680-2906.