

# Stanford Psychedelic Science Group

presents:

## *10 Questions about Ketamine in Mental Health*

Raquel Bennett, PsyD

Thursday, May 6  
6:30pm PDT

✦ [Zoom Registration Link](#) ✦



### **Bio:**

Raquel Bennett, Psy.D. is a psychologist and ketamine specialist from Berkeley, California. She primarily works with people who are living with severe depression, bipolar disorder, and/or suicidal ideation. Dr. Bennett is fascinated by the antidepressant and anti-suicidal properties of ketamine, and has been studying them since 2002. She also has a long-standing interest in the psychedelic and mystical properties of ketamine, and the potential for this medicine to be used for spiritual exploration. Dr. Bennett is the founder of KRIYA Institute and KRIYA Conference, which are both devoted to the use of ketamine in psychiatry and psychotherapy. You can learn more about her work at: [www.kriyainstitute.com](http://www.kriyainstitute.com).

### **Abstract:**

In this presentation Dr. Bennett will give a brief overview of the current paradigms of ketamine therapy, and will then answer a set of common questions and challenges about the use of ketamine for the treatment of mental health conditions.