

SCCR Science Series

The ABCs of Preventive Cardiology



Friday, April 7th, 2023

9:00-11:00 am, [Zoom Meeting](#)

Click [HERE](#) to Register!

The mission of the Stanford Center for Clinical Research (SCCR) includes offering educational resources, training, and support for investigators and research staff. We have invited the clinical associate professor of medicine at Stanford, **Dr. Sandra Tsai, MD, MPH**, to provide you with an introduction to cardiovascular risk factors, cardiovascular risk assessment, and approaches to cardiovascular disease prevention.

At the conclusion of this class, you will be able to:

- Understand Identify traditional and nontraditional cardiovascular risk factors
- Describe how a cardiovascular risk assessment is done
- Recognize current guidelines for treating cardiovascular risk factors

Attendance is open to all research staff

About the Instructor:

Sandra Tsai, MD, MPH is a clinical associate professor of medicine at Stanford and (by courtesy) the Stanford Prevention Research Center. She earned her MD from the University of Texas Southwestern Medical School in Dallas and her MPH from the University of California Berkeley. She completed her internal medicine residency at UT Southwestern and her postdoctoral fellowship in cardiovascular disease prevention at the Stanford Prevention Research Center. She currently sees patients in the Women's Heart Health Clinic, Preventive Cardiology Clinic, Stanford Hypertension Center, and Primary Care.

Her specialties include hypertension, abnormal cholesterol, weight management, and postpartum counseling in women with adverse pregnancy outcomes.

BRN OPTIONAL

Spectrum is an approved provider by the California Board of Registered Nursing, Provider Number CEP15435 for 2 contact hour(s).

To receive your certificate with BRN credit, you are required to complete an evaluation at the conclusion of this class.

BRN Cancellation Policy: If you wish to cancel your registration, please contact Susan Saba, ssaba@stanford.edu.