

## SCCR Science Series

# Biospecimen Sampling in Clinical Research



**Friday, September 8<sup>th</sup>, 2023**  
**9:00-11:00 am - [Zoom Meeting](#)**

Click [HERE](#) to Register!

The mission of the Stanford Center for Clinical Research (SCCR) includes offering educational resources, training, and support for investigators and research staff. We have invited SCCR's Associate Director for Clinical Operations, **Sumana Shashidhar, MS, MA**, to provide you with an overview of commonly sampled biospecimens in clinical research studies, why they are collected and what downstream information they provide.

*At the conclusion of this class, you will be able to:*

- Understand why biospecimens are sampled
- Examine types of biospecimens and ways to sample them
- Describe general overview of a study kit
- Identify the guide to the color code of blood collection tubes
- Recognize collection/processing/storage methods and their effect on downstream data
- Get a general overview of Biobanking

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*Attendance is open to all research staff*

### About the presenter:



**Sumana Shashidhar, MS, MA**, has extensive experience as a research scientist in industry and academia. Her career at Stanford has spanned over 19 years, beginning in the Department of Blood and Marrow Transplantation (BMT), and currently at the Stanford Center for Clinical Research (SCCR). The focus of her applied science research was on the development of hematopoietic progenitor cell based therapies to prevent opportunistic infections in the setting of stem cell transplant. Her clinical research experience includes investigator-initiated and industry-sponsored drug/device trials in cancer and non-cancer settings.

In her current role as the Associate Director for Clinical Research Operations at SCCR, Sumana helps support and promote impactful clinical research conducted by faculty within SoM, DoM, and across Stanford University. She serves as a liaison across cross-functional areas and schools, as well as external organizations and agencies. She is passionate about the participant experience and in bringing clinical trials to under-served and under-represented populations.

### BRN OPTIONAL

Spectrum is an approved provider by the California Board of Registered Nursing, Provider Number CEP15435 for 2.0 contact hour(s).

**If you wish to receive credit for attending this course, a \$35 administrative fee will be charged to your STAP.**

To receive your certificate with BRN credit, you are required to attend the live session, and complete an evaluation at the conclusion of this class.

**BRN Cancellation Policy:** If you wish to cancel your registration, please contact Susan Saba at [<ssaba@stanford.edu>](mailto:ssaba@stanford.edu) **prior to the start of the class.**