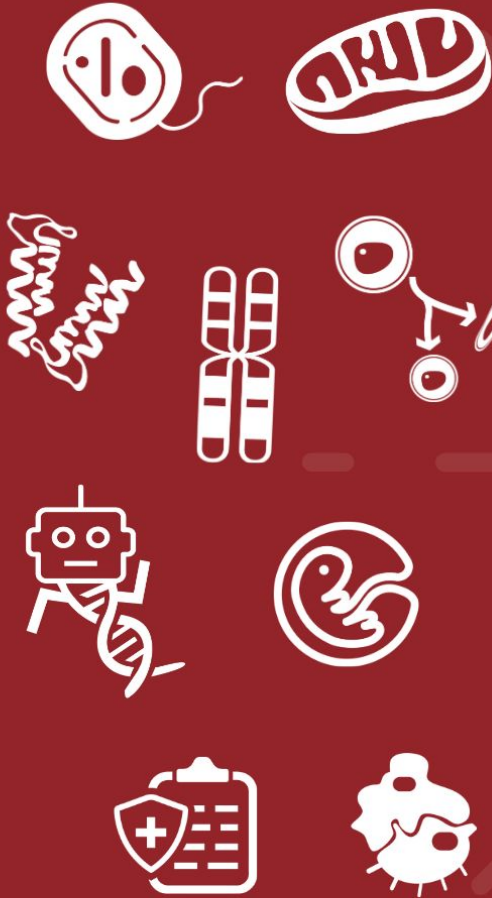


SB SA

GENERAL MEETING

THURS FEB 18 • 12 PM

SBSA.STANFORD.EDU



Happy Black History Month and
Lunar New Year!

Agenda

1. Recent Events
2. Upcoming Events
3. SBSA Event Incentive System
4. Program Proposals
5. CGAP and Faculty Senate
6. Open Floor

Recent Events

Feb 9 **Among Us Night**

7pm, Maddie Lee

Feb 10 **Workout Wednesday HIIT Class with Amber Quiñones**

12pm, OGE

Feb 11 **Valentria**

7pm, Logan Leak and Becca Mancusi

Feb 17 **Workout Wednesday: Power Yoga with Jaymes Wade**

5pm, OGE

Feb 17 **Tax and Personal Finance Workshop**

6pm, Becca Mancusi and Meagan Hamblin

February Wellness Newsletter - check your emails!

Logan Leak, Oscar Diaz, Martha Kahlson, Shelly Rasnick

Upcoming Events

Becca Mancusi, Maddie Lee, Logan Leak, Katherine Nico

FEBRUARY 2021

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------|--------------------------|------------------------------|---|------------------------------------|--|------------------|
| Black History Month | 1 | 2 | 3 | 4 | 5 Wellness First Friday Grab & Go | 6 |
| 7 | 8 | 9 Among Us night | 10 Workout Wednesday HIIT Class | 11 Valentines | 12 Lunar New Year | 13 |
| 14 Valentine's Day | 15 President's Day | 16 Wellness and Improv | 17 Ash Wed. Workout Wednesday Power Yoga Tax/Finance Workshop | 18 Self Tie Stretch Class | 19 | 20 Book swap! |
| 21 | 22 | 23 | 24 Workout Wednesday HIIT Class | 25 Tea Time with Scones | 26 Wellness in Nature Park | 27 |
| 28 | | | | | | |

MARCH 2021

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------|---|----------------|---|-------------------------|---|-----------------------------|
| | 1 Recipe & Meal Plan Subscription Sendout | 2 | 3 Recruitment Workout Wednesday Power Yoga | 4 Recruitment | 5 Recruitment Wellness First Friday Grab & Go Recruitment Happy Hour | 6 Recruitment |
| 7 | 8 | 9 | 10 Game night | 11 | 12 Incentive Raffle 1 | 13 Paint 'n Sip class |
| 14 Dogs of the Biosciences | 15 | 16 | 17 St Patrick's Day Cooking Class (Irish Soda Bread) | 18 Among Us night | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 Wellness in Nature Park | 27 Passover |
| 28 Passover Palm Sun. | 29 Passover Holi | 30 Passover | 31 Passover | | | |

[Detailed events calendar here](#)

Upcoming Events

Feb 22 OGE Data Presentation

12-1:30 pm, Ayodele Thomas

March 5 Recruitment Event - Farm tour!

3:30 pm, Katherine Nico

March 10 SOAR (Student Outreach to Alumni Resources) Mentorship Event

6-8 pm, Monica Nesselbush and Joe Gonzalez

Registration link [here](#)

Google calendar: <https://med.stanford.edu/sbsa/events/calendar.html>

Recruitment

- SBSA Farm tour! Thanks Katherine :)
- Biosciences Visibility and Representation Gathering
 - March 5th, 12-1pm
 - Volunteers to attend to interact informally with students?
- Resource Fair
 - Possibility of one-on-one meetings with SBSA reps

SBSA Event Incentive System

Becca Mancusi and Maddie Lee

- For each SBSA event you attend, you can get 1 SBSA point.
 - Each point is worth 1 entry into each of our 3 prize raffles!
 - The 75 students with the most points at the end of the school year will receive a free crewneck sweatshirt designed by a student!
 - After you attend an event, you must fill out the [point tracking Google form](#) in order to log your points
-
- Raffle 1 (March 12th): Amazon Echo Dot (2), Hydroflask (3)
 - Raffle 2 (April 30th): \$80 HelloFresh gift card (1), Amazon Echo Dot (1), Hydroflask (4)
 - Raffle 3 (May 28th): AirPods (1), \$80 HelloFresh gift card (2), Amazon Echo Dot (2), Hydroflask (3)

Mini Proposal Bootcamp

Meagan Hamblin and Youlim Kim

- March 8-12
- Includes workshops with content as well as office hours/writing blocks of time for personalized feedback
- GWA coaches available throughout the week
- Content will be general to any fellowship/grant application, not just NIH-style grants
- Working with GWA to create a bank of examples of successful applications from Stanford trainees, starting with the NSF GRFP so keep any eye out for announcements and please contribute your essays and reviewer responses if you received an award!

Program Proposals

Edel McCrea

- Sundance 2021
- Read BIPOC
- Demystifying Taxes
- Try a BIPOC Restaurant!
- Teatime with Scones
- Meal Prep Membership
- Biophysical Methods in the Biosciences Journal Club
- Free Bike Tune-Ups!
- Winter Biosciences Movement Challenge
- Succulent Party

CGAP 2/9/21

- Stanford Biosciences NSF GRFP Feedback and Recommendations - Cisco Barron and Crystal Botham
 - OGE/GWA sent out a survey about what was most helpful
 - SBSA NSF Mentoring had the highest mean for helpfulness :) - thanks Meagan and Youlim!
 - Popular idea: set up proposal library to make examples more readily available, especially more “translational” examples
- Biosciences video update for recruitment - Shelly Rasnick
- Faculty Mentoring Training Focus on Student Wellness - David Schneider
 - Some faculty lack empathy, or are not acting in response to student pain
 - Suggestions to change the culture and not put all the weight on the shoulders of the students

Faculty Senate 2/16/21

- Vaccine updates
 - California selected Blue Shield to distribute the vaccine (but not in charge of administration)
 - Change from before where state was issuing it to individual counties
 - Focusing on vaccine equity in the 65+ group
- Commission on Justice and Equity (COJE) presentation
- Black History Month @ Stanford presentation from Dr. Clayborne Carson, Director of the Martin Luther King, Jr. Research Education Institute and Professor of History

Open floor for questions/input

- Sheri Krams (OGE Senior Associate Dean for Graduate Education and Postdoctoral Affairs) Office Hours
 - Wednesday 2-3pm
 - Zoom link:
<https://stanford.zoom.us/j/95555995346?pwd=LzhvUHlHazRrblo0U293dmxuK045UT09>
- SBSA Slack workspace
 - Please fill this out if you want to be added to the workspace:
<https://forms.gle/evUA3jK1EmlTgCH98>

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