

















SB SA GENERAL MEETING

THURS NOV 12 • 12 PM SBSA.STANFORD.EDU









Agenda

- 1. Recent Events
- 2. Upcoming Events
- 3. Faculty Senate
- 4. Other updates
- 5. Student Recreation and Wellness Update
- 6. GSC update
- 7. Open Floor

Recent Events

Oct 21 Resource Fair (formerly known as BARF)

3-5pm, Katherine Nico

Non-SBSA events:

Oct 19 Student Advocate Support Network (SASN) Advocacy Check-in

12pm, Lauren Pope

Nov 6 OGE Wellness First Friday Grab & Go

Upcoming Events

Stay tuned for social events!

November wellness newsletter <u>here</u>
Logan Leak

Coping with Election Stress Guide here

Faculty Senate

- October Faculty Senate 10/20/20
 - Committee for elections-related communication
 - COVID update
 - Scholarly Concentration and MedScholars Program
 - Program for MD students to conduct research

Other (non-SBSA) events

Nove 12,19 Graduate Student Programming Board - Thursday Game Night

7pm, no registration required, Zoom link here

Attendees will receive a meal swipe to use at any dining hall on campus

Questions? Contact Shaked Regev (sregev@stanford.edu) or Chetanya Rastogi (<u>chetanya@stanford.edu</u>)

Nov 13 Graduate Student Programming Board - Duct Tape Crafts

2pm, pick up tape from tables between between Studios 5 & 6, sign up here

Questions? Contact Laura Moraff (lmoraff@stanford.edu)

Nov 13 Speed Caricatures with Cardinal Nights

8pm, RSVP for Zoom link here

Nov 14 SMAA Virtual Tailgate 2020

11am, register <u>here</u>

Nov 15 Graduate Student Programming Board - Virtual Speed Friending

7pm, Zoom link here, no advanced sign up required

Questions? Contact: Amy Fritz (avfritz@stanford.edu)

Nov 17 Stanford Biotechnology Group Virtual Fireside Chat with Perry Karsen

5pm, RSVP for Zoom link <u>here</u>

Other things that may be of interest

- OGE Biosciences Student Admissions Workshop
 - November 16, 1-2pm
 - o RSVP link here
 - Who should attend:
 - Students/postdocs serving on graduate admissions committees
 - Students/postdocs interested in serving on graduate admissions committees
- Stanford Medicine Justice, Equity, and Abilities Survey
 - Information gathered by the survey will be shared with the new Stanford Medicine Commission on Justice and Equity to inform future diversity and inclusion initiatives and by the Stanford Medicine Abilities Coalition (SMAC) to learn more about our community and identify barriers to equal access and engagement.
 - Begin the survey
- Food Pantry Pop Up
 - o In partnership with Second Harvest of Silicon Valley, Stanford R&DE hosts monthly pop-up food pantries for undergraduate and graduate students and their affiliates who need additional food support.
 - Each student household is eligible to receive produce, dairy, meat or poultry and non-perishable items at no cost.
 - o FAQ <u>here</u>
- COVID updates
 - o Dashboard here
 - Winter break guidelines here
 - Get a COVID test several days before departure to guard against taking the virus with you. If you test positive and are unable to travel, the
 university will provide isolation dining and housing at no additional cost, as long as the student is in isolation.
 - Students who travel outside of Northern California should test twice upon return, within a day or two of arrival and approximately 5 days later.

Stanford Recreation & Wellness Update

Facilities

- Stanford Redwood City (SRWC) Recreation and Wellness Center
 - 50 minute reservations
 - Free 1 hour parking on site and C permit parking
- Arrillaga Outdoor Education and Recreation Center (AOERC)
 - 45 minute reservations
- Arrillaga Center for Sports and Recreation (ACSR)
 - Closed

General Rules

- Must make <u>reservations online</u> prior to appointment
- Reservation populate 24 hours prior to start time
- Can only make 1 reservation/day at each facility
- Masks and social distancing guidelines
- o <u>MUST</u> fill out the <u>Stanford Health Check Tool</u> on the day prior to reservation

SRWC Recreation & Wellness Center

- Rooftop Pool Lap Swim
 - o 7:15 AM 8:05 PM, M-F
- Outside Fitness Garden
 - o 7:30 AM 7:20 PM, M-F
- Cardio/Strength Floor: Room 101
 - o 7:00 AM 7:50 PM, M-F
- Gymnasium / Upstairs Courts
 - o 7:15 AM 7:15 PM, M-F
 - Basketball only must provide your own basketball
 - 1 reservation can accommodate up to 4 people in the same household

Max 4 reservations total/week

AEORC

- Avery Rec Pool Lap Swim
 - 8:00 AM 7:45 PM, M-F; 12:00 PM 5:00 PM, Weekend
- Avery Rec Pool Slash & Dash
 - o 8:00 AM 7:45 PM, M-F; 12:00 PM 5:00 PM, Weekend
 - 5 people max/zone
- Basketball Half Court
 - 8:45 AM 4:30 PM, M-F; 12:30 PM 5:00 PM, Weekend
 - 3 courts for reservations
- Climbing Wall
 - Hours vary, M-F
 - Bouldering and auto-belay only
- Fitness Center
 - o 8:15 AM 8:00 PM, M-F; 12:30 PM 5:00 PM, Weekend
- Moat Strength Cardio
 - o 8:15 AM 8:00 PM, M-F; 12:30 PM 5:00 PM, Weekend

Max 2 reservations total/week

GSC updates

Brooks Benard

Open floor for questions/input

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