2023 Professional Development Bootcamp Series

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AGENDA

• Introductions/sign-in
• Research resources
• Goal-setting didactic
• Small group work
• Solo work
• Follow-up
# 2023 PD Bootcamp Schedule

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<tr>
<th>Date</th>
<th>Topic</th>
<th>Faculty</th>
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<tr>
<td>8/2/23</td>
<td>Introduction / Goal Setting</td>
<td>Arden Morris</td>
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<tr>
<td>8/9/23</td>
<td>Literature Review</td>
<td>Chris Stave</td>
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<tr>
<td>8/16/23</td>
<td>How to Work with your Mentor</td>
<td>Lisa Knowlton</td>
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<tr>
<td>8/23/23</td>
<td>Study Design</td>
<td>Laura Graham</td>
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<tr>
<td>8/30/23</td>
<td>Writing Workshop</td>
<td>Clifford Sheckter</td>
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<td>9/6/23</td>
<td>How to give a Great Presentation</td>
<td>Stephanie Chao</td>
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<td>9/13/23</td>
<td>PD Failures and Obstacles</td>
<td>Kirbi Yelorda</td>
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<td>Jeff Choi</td>
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<td>Wilson Alobuia</td>
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<td>9/20/23</td>
<td>Planning and Conducting a Successful Interview</td>
<td>Marc Melcher</td>
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Welcome

Founded in 2018, S-SPIRE is more than a center; it is a community of surgeon-scientists, dedicated to research that shapes policy and improves the value of healthcare. In addition to a wealth of evergreen professional development and study design resources, our team is available to collaborate on health services research projects. Join us for weekly work-in-progress sessions to experience—and contribute to—our culture of mentorship and collaboration. All are welcome.
Goal Setting Theory
Locke & Latham

- Most important influencer of workplace performance
- The more difficult and specific a goal, the harder people work to achieve it.
- Easy or tedious work is demotivating
SMART Goals

• S—Specific
• M—Measurable
• A—Attainable
• R—Relevant
• T—Timebound
SPECIFIC
MEASURABLE
ATTAINABLE
TIME-BOUND
SMALL GROUP WORK

• Groups of 3-4
• Share at least 2 draft SMART goals for this year in order of priority
• Group feedback
• Revise
SOLO WORK

• Record 3 goals in order of priority
• Discuss/revise with your primary mentor
• Send me your revised #1 goal – AFTER discussion with your mentor.
• Plan at least 3 tasks weekly to accomplish your #1 goal
• Block time for tasks in your calendar
• Check progress before PD bootcamp sessions weekly
Next week: Chris Stave, DOS librarian

• Reference management
• Literature review
• Lane library resources