

# 2018 Professional Development Bootcamp Series

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# AGENDA

- Introductions/sign-in
- Goal-setting didactic
- Small group work
- Solo work
- Follow-up



# 2018 PD BOOTCAMP SCHEDULE

Date	Topic	Faculty
9/5/18	Introduction / Goal setting	Arden Morris
9/12/18	Overcoming PD Obstacles	Chief residents
9/19/18	Lit review and ref management	Chris Stave
9/26/18	Research design and statistics	Amber Trickey
10/3/18	Common statistical mistakes	Alex Sox-Harris
10/10/18	Working with your mentor	Cindy Kin
10/17/18	How to give a great presentation	Tom Krummel
10/31/18	Effective interviews	Ron Dalman
11/7/18	Writing workshop	Mike Longaker
11/14/18	Debrief, Follow-up plan	Marc Melcher

# GOAL SETTING THEORY—Edwin Locke

- Goal-setting is the most important influencer of workplace performance
- The more difficult and specific a goal, the harder people will work to achieve it.



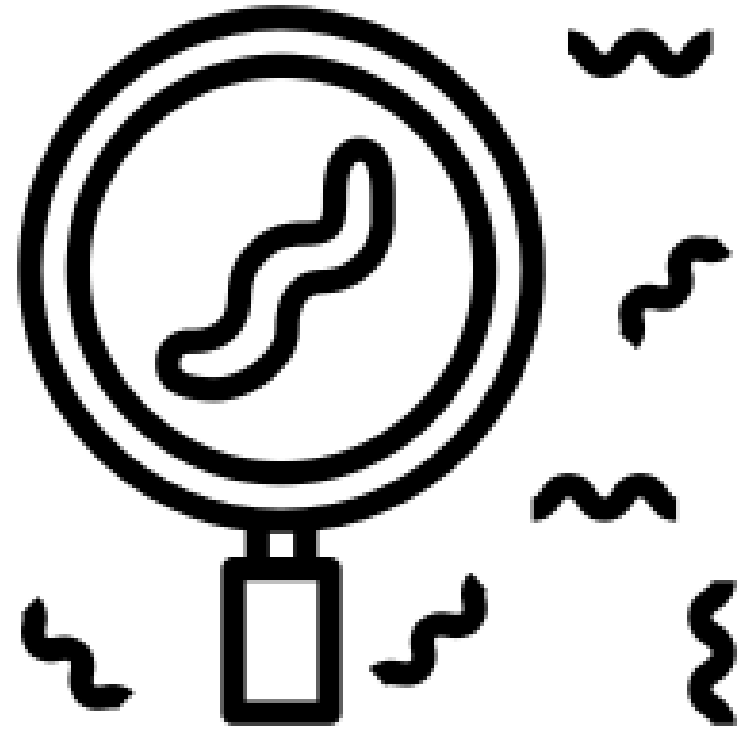


# SMART GOALS

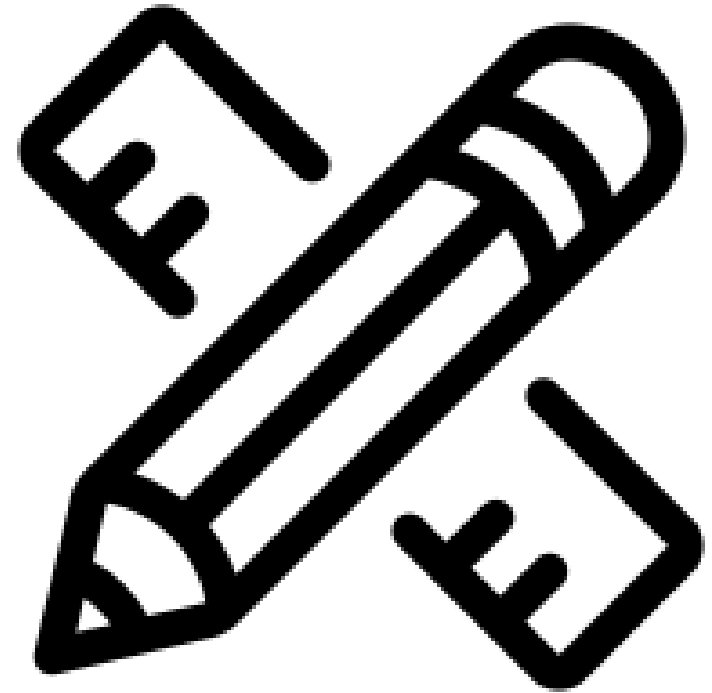
- S—Specific
- M—Measurable
- A—Attainable
- R—Relevant
- T—Timebound



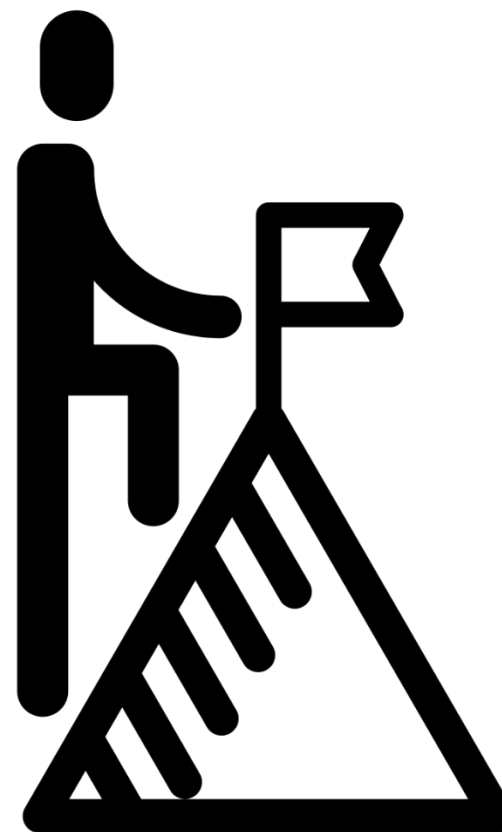
SPECIFIC



MEASURABLE



ATTAINABLE

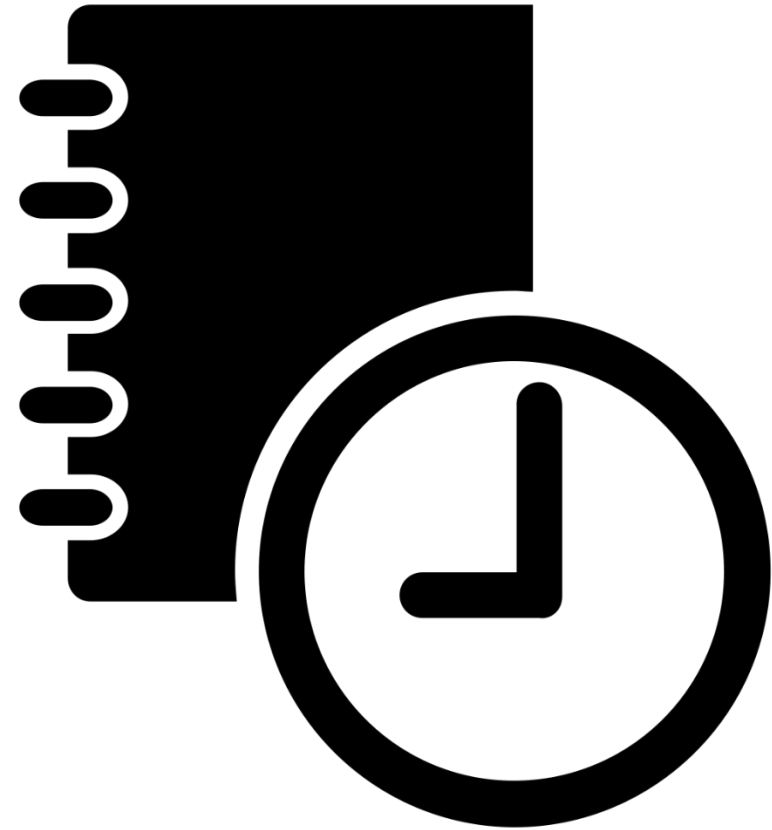




RELEVANT



TIME-BOUND



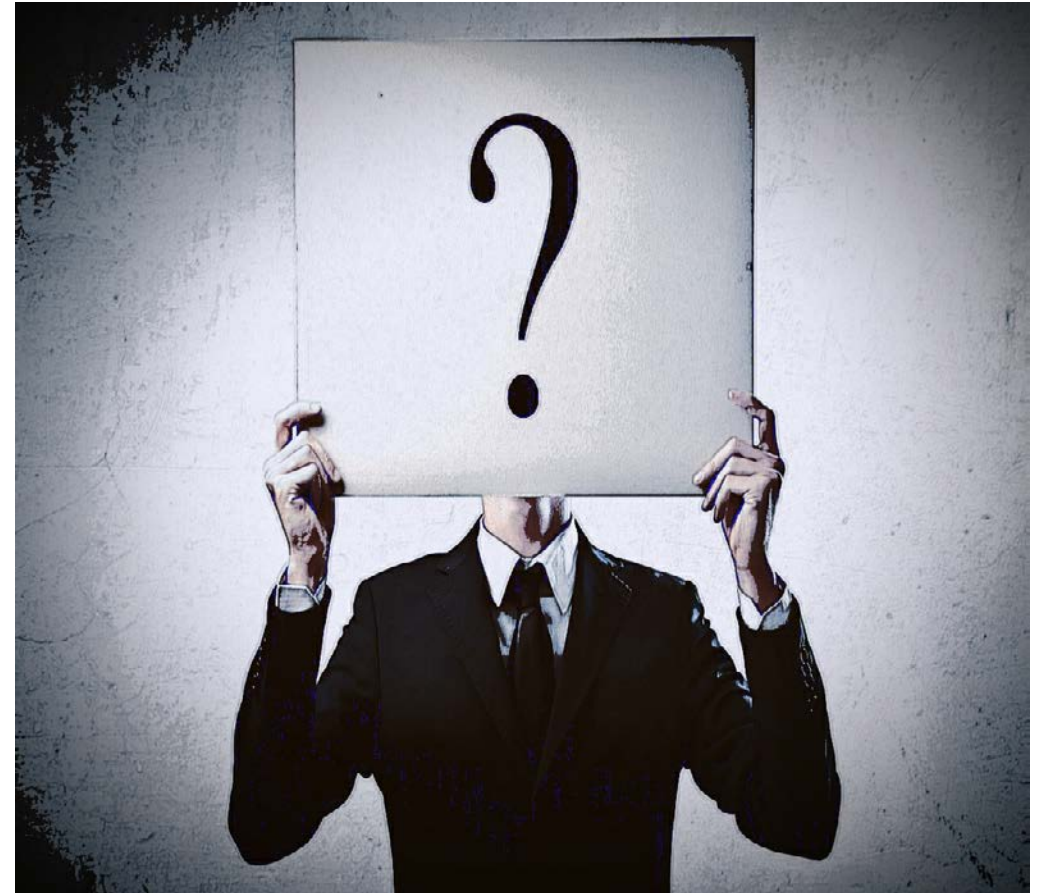
# SMALL GROUP WORK

- Groups of 3-4
- Share at least 2 goals
- Group feedback
- Revise / prioritize



# SOLO WORK

- Record 1-3 goals in order of priority
- Discuss with your primary mentor
- Check weekly progress before coming to PD bootcamp
- Plan at least 3 tasks weekly to accomplish your #1 goal
- Block time for tasks in your calendar



# NEXT TIME—PD FAILURES & OBSTACLES

- Jeff Joplin, Katie Blevins, Clem Marshall
- Come prepared with at least 2 questions
- Identify avoidable obstacles
- Understand strategies for self management

