natural law and land based wellness

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Registered Psychologist (Alberta)

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Karlee Fellner, PhD  
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Dr. Karlee Fellner, Cree/Métis from central Alberta, is an Associate Professor in Counselling Psychology-Indigenous Education at the University of Calgary.

Dr. Fellner is a prominent Indigenous scholar activist providing Indigenous approaches to therapy and trauma work, curriculum, and pedagogy; instruction for Indigenous Focusing-Oriented Therapy; culturally appropriate counselling; and holistic and traditional approaches to wellness, engaging in transformative research and community development that involves community-led traditional approaches to wellness and healing.
Dr. Christina Cruz (Chiricahua Apache/Lenape and Chumash heritage) has delivered over 20 years of service in multiple Native communities, demonstrating a life-commitment to family wellness and balance, and privileging traditional knowledges and community relationships.

Dr. Cruz’s earlier diverse background includes Child Care and Development Planning Council Coordinator, Teacher, Certified Substance Abuse Counselor through Indian Alcoholism Commission, DUI Program Coordinator, Native Teen outreach worker, and cultural work with multiple Tribal Nations. This ultimately led to ICWA work and providing Behavioral Health Therapy with the Native American Health Center in Oakland, California and Natural Pathways Counseling, LLC in New Mexico.
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The views expressed in this presentation are those of the speaker and do not necessarily represent the views, policies, and positions of the Indian Health Service (IHS), or the U.S. Department of Health and Human Services (HHS).
Learning Objectives

at the end of this presentation, participants will be able to:

- identify the role of land in Indigenous wellness and healing
- explain ways land based interventions inform practice
Questions for the Audience

please name the traditional people and/or land where you currently live/work (place in chat)
CALIFORNIA AREA INDIAN HEALTH SERVICE

Project ECHO®

go’zho

chi'chil biłdagoteel (Oak Flat)
wahkohtowin
(intergenerational survivance)
References


Presenters Contact Information

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Muwekma (Ohlone, aka Sunset Beach, SF)