Tribal Sovereignty

And The Complexities of Weaving Traditional Indigenous Wellness Into Modern Mental Health Practices.

Manahüü!

Aiy-yu-kwee'

Disclosure Statement

Disclaimer
Disclosure

Faculty Disclosure Statement: As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, accountability, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of the educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of this educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products. There is no commercial interest support for this educational activity.

Learning Objectives

#1 Acquire new knowledge and understanding of Indigenous value systems.
#2 Understand the complexity of Tribal sovereignty and government to government relationships in relation to providing services for Native youth.
#3 Apply new traditional wellness and relationship building skills to better serve Native American youth.

We recognize, as Native women, that we are advocates and sometimes we are the only ones shedding light on these difficult topics in the spaces we navigate. We hope to do this in a respectful way and we will also be diving in.

Federally Recognized & Non-federally recognized Tribes

574 Federally recognized tribes
- Compact
- Contract
  - Housing
  - Infrastructure
  - Health
  - Social programs
  - Education
  - Law enforcement
  - Workforce
  - Land management

Over 400 non Federally recognized tribes
- State recognition
- Nonprofit status

Home | NCAI

- Housing
- Infrastructure
- Health
- Social programs
- Education
- Law enforcement
- Workforce
- Land management
Tribal Sovereignty

The right of American Indians and Alaska Natives to govern themselves. The U.S. Constitution recognizes Indian tribes as distinct governments and, with a few exceptions, they have the same powers as federal and state governments to regulate their internal affairs. (ncsl.org)

Where do (or should) we see Tribal sovereignty?

Tribal Governments

Tribal governments are an important and unique member of the family of American governments. The U.S. Constitution recognizes Indian nations as sovereign entities, just like Canada or California. Sovereignty is a legal word for an ordinary concept—self-governance. (NCAI.org)

IHS

Mission statement: to raise the physical, mental, social and spiritual health of American Indians and Alaska Natives to the highest level. (ihs.gov)
Post Colonial Predicament
Evidence Based Practices
Practice Based Knowledge

Complexity and Pan-Indianism

Great Law of Peace vs. Cultural homogenization & fetishism

What are some examples of Pan-Indianism?
Complexity of Differing Values Systems:

Written documentation vs oral tradition

17

Complexity of Differing Values Systems:

Honoring the relationship

18

Complexity of Differing Values Systems:

Completion Vs. Constant Flow

19

Values Systems:

Connection with land vs. Ownership of land
- Native Philosophy is place based
- Indigenous Play therapy is centered in environment
- Indigenous ecotherapy

20
**How do you connect with the land?**

**Complexity for Native Providers**

Constant code - switching
Often seen as the experts in Native ways until somebody disagrees or it inconveniences somebody
Choosing between our values and our careers
Doing what we know works vs required EBP (being told what is best instead of asked)
Identified Board Ethics vs Cultural Values
Pan-Indianism / Microaggressions / Racism

**What can do done**

The community needs to lead
Honor Native voices
- Providers, Youth, Elders, Clients
Honor the value system
Increase access to culturally appropriate and pertinent services
Not just consultation
Group session on covered topics

**Questions?**

Shoshoni Gensaw, AMFT
Yurok Noh-sue
Program Manager
Yurok Tribe
sgensaw@yuroktribe.nsn.us

Kiana Maillet, MPA, LCSW
Youth Behavioral Health Program Manager
Southern Indian Health Council
kmaillet@sihc.org