Approaching Eating Disorders with Cultural Humility

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• Rose is a member of the Elem, Yokayo tribes of Northern California as well as Kanaka Maloi of Hawai‘i. She currently works at Kno’Qoti Native Wellness, Inc. as a Cultural Practitioner serving her community at Lake County and Lake County Tribal Health.
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Learning Objectives

At the end of this presentation, participants will be able to:

- Recognize the protective nature of early engagement in culture and integration of cultural perspective in primary care clinics can promote resilience
- Acquire an understanding of how cultural practitioners integrated into tribal clinics can assist clinicians in addressing Eating Disorders
Food Sovereignty

Food Sovereignty
What Broke Our World?

WHEN GENOCIDE FAILED, THE NEXT TACTIC
COLONIZATION = OPPRESSION

NATIVE NATIONS

IMPACT OF COLONIZATION
INTERNALIZED OPPRESSION

PATRIARCHY
INDIAN AGAINST INDIAN
VIOLENCES AGAINST JUVENILE
ELDER ABUSE
FEAR

SHAME
RACE
INCEST
DISTURB
POVERTY
MATERIALISM

RAPE
DEHUMANIZING DEMONIZING OF NATIVE PEOPLE
DEHUMANIZING DEMONIZING OF NATIVE WOMEN
RESERVATION SYSTEM
"TREATIES"
BOARDING & MISSION SCHOOLS

CALIFORNIA AREA INDIAN HEALTH SERVICE
Project ECHO®

Early Cultural Engagement
Honoring cultural practices from birth moon time.
Focus on Body Positivity

References

- Lake County Museum (photographs)
- Andrew Newhouse, Colonization
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