References and Resources

Speakers

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Shashank Joshi, M.D.
Professor and Director of Training in Child & Adolescent Psychiatry, and Director of School Mental Health at Lucile Packard Children's Hospital Stanford.
Assistant Vice Provost for Academic Wellbeing at Stanford University

Literature
American Indian Life Skills Development Curriculum Book
“Three Good Things” Research Paper

Websites
Six Daily Questions to Ask Yourself in Quarantine by Brooke Anderson
UC Berkeley Greater Good Science Center
**Websites continued**

- Mental Health American Native American Resource Page
- NAMI Indigenous Peoples Resource Page
- The Stanford Center for Youth Mental Health & Wellbeing
- American Academy of Child & Adolescent Psychiatry
- AAP Mental Health Toolkit

**Kognito platform:** Among the only evidence-supported programs for enhancing teacher efficacy regarding difficult conversations with potentially at-risk students

**Jed Foundation:** Focuses on mental health for graduating high school seniors

**The Georgetown MedStar WISE Teacher Wellbeing curriculum**

**The Trevor Project:** Focuses on the mental health of LGBTQ youth and young adults

**Sources of Strength:** School-based peer leader suicide prevention program

**California Department of Education:** Information on school suicide prevention, including AB 2246, 1767: The Student Suicide Prevention Bill

**SAFE-T Pocket Card for Assessment (SAMHSA/SPRC)**

**Columbia Protocols for Community Settings**
Please contact Judith Dauberman at jdauberm@stanford.edu with any questions or concerns.