



CHILD & ADOLESCENT MENTAL HEALTH ECHO FOR NATIVE AMERICAN YOUTH

Healthcare Professional Wellness and Resilience

March 10th, 2022

References

Gengoux, G.W., et al (2020). Professional Well-being, APA Publishing.
<https://mhttcnetwork.org/sites/default/files/2021-08/2021-08-05%20Gengoux%20MHTTC%20symposium%20slides.pdf>

Kirkland, A. (2014). Critical Perspectives on Wellness. Journal of Health Politics, Policy and Law, 39(5), 971-988. [doi: 10.1215/03616878-2813659](https://doi.org/10.1215/03616878-2813659)

Shanafelt TD, Gorringer G, Menaker R, et al (2015). Impact of organizational leadership on physician burnout and satisfaction. Mayo Clin Proc 90(4):432–440.
https://christianacare.org/documents/medical-dental%20staff/2015-Impact_of_Organizational_Leadership_on_Physician.pdf

Shanafelt et al., (2020). Association of burnout, professional fulfillment, and self-care practices of physician leaders with their independently rated leadership effectiveness. JAMA Netw Open, 3(6) [doi:10.1001/jamanetworkopen.2020.7961](https://doi.org/10.1001/jamanetworkopen.2020.7961)

Shanafelt et al., (2021). Assessment of the association of leadership behaviors of supervising physicians with personal-organizational values alignment among staff physicians. JAMA Netw Open, 4(2) [doi:10.1001/jamanetworkopen.2020.35622](https://doi.org/10.1001/jamanetworkopen.2020.35622)

Shanafelt TD, West CP, Sloan JA, et al (2009). Career fit and burnout among academic faculty. Arch Intern Med 169(10):990–995. [doi:10.1001/archinternmed.2009.70](https://doi.org/10.1001/archinternmed.2009.70)

Sinsky, Biddison, Mallick et al. (2020). Organizational evidence-based and promising practices for improving clinician well-being. NAM Perspectives. <https://nam.edu/organizational-evidence-based-and-promising-practices-for-improving-clinician-well-being/>

West, C. P., Dyrbye, L. N., Sinsky, C., Shanafelt, T. D. et al (2020). Resilience and Burnout among Physicians and the General US Working Population. *JAMA Network Open*, 3(7), [e209385]. <https://doi.org/10.1001/jamanetworkopen.2020.9385>

Other resources

[The Disaster Distress Helpline](#) 1-800-985-5990

[National Academy of Medicine Clinician Knowledge Hub](#)

[Martin Seligman, Zellerbach Family Professor of Psychology
Director, Positive Psychology Center](#)

[pam](#) Pause a moment to focus on your well-being

[Stanford WellMD/WellPhD Center](#)

[UC Berkeley Greater Good Science Center](#)

Please feel to reach to Song Kim at songkim@stanford.edu with any questions regarding ECHO.