



## CHILD & ADOLESCENT MENTAL HEALTH ECHO FOR NATIVE AMERICAN YOUTH

### *Adversity and Toxic Stress*

February 10<sup>th</sup>, 2021

#### References

Angela J. Narayan, Luisa M. Rivera, Rosemary E. Bernstein, William W. Harris, Alicia F. Lieberman, *Positive childhood experiences predict less psychopathology and stress in pregnant women with childhood adversity: A pilot study of the benevolent childhood experiences (BCEs) scale*, *Child Abuse & Neglect*, Volume 78, 2018, Pages 19-30, ISSN 0145-2134.

<https://doi.org/10.1016/j.chiabu.2017.09.022>.

<https://www.sciencedirect.com/science/article/pii/S0145213417303587>

#### **Partnership Access Lines (PAL)**

PAL stands for the Partnership Access Lines program, a shorthand term for four services that assist providers with managing their patients' psychiatric needs and help connect adults and children to care.

Retrieved from <https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/partnership-access-lines-pal>

#### **Toxic Stress Screening**

Medical Home Portal

Retrieved from <https://www.medicalhomeportal.org/clinical-practice/screening-and-prevention/toxic-stress>

#### **John Trudell**

Poet. Recording Artist. Actor. Speaker.

<https://www.johntrudell.com/>

**U.S. Department of Health and Human Services, Administration for Children and Families, Administration on Children, Youth and Families, Children's Bureau.** (2019).

*Child maltreatment 2017*. Rockville, MD: DHHS. Retrieved from

<https://www.acf.hhs.gov/sites/default/files/documents/cb/cm2017.pdf>

## Resources

### *Recommended in the Chat*

*Biofeedback Therapy*

<https://www.webmd.com/pain-management/biofeedback-therapy-uses-benefits>

*Heart Berries* by Terese Marie Mailhot (Goodreads Author)

<https://www.goodreads.com/pt/book/show/35840657-heart-berries>

*Ka'm-t'em: A Journey Toward Healing*

<https://kamtem-indigenousknowledge.com/book-info/>

*Local Community Health Impact of Trauma (PDF)*

<https://www.menominee-nsn.gov/CommunityPages/FosteringFutures/Images/LocalCommunityHealthImpactOfTrauma.jpg>

*Surf Circle*

<https://surfcircle.org/>

*The Trauma Stewardship Institute*

<https://traumastewardship.com/>

*Two Feathers NAFS YouTube Channel*

<https://www.youtube.com/channel/UCLu2tCW21TUR9y09boe6j9A>

*Whole Child Assessment: Workflow for Adverse Childhood Experiences (ACEs)*

<https://lluch.org/sites/lluch.org/files/docs/health-professionals/wca/workflow-aces-detailed-6-28-20.pdf>

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