ADHD Treatment in Native American Youth

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Learning Objectives
At the end of this presentation, participants will be able to:

• Reviewing challenges children face in seeking treatment for behavioral health disorders who live in rural areas
• Review potential strategies for care in rural populations at risk
• Addressing Challenges in bridging gaps in health access and public health disparity

Introducing the Presenter
Dan Calac is the member of the Pauma Band of Luiseno Indians and currently serves as the Chief Medical Officer for Indian Health Council in Southern California. He received a bachelor’s degree at San Diego State University and his medical degree from Harvard Medical School. He completed his postgraduate training at the Combined Internal Medicine/Pediatrics program at the University of Southern California/Los Angeles County. His work experiences include primary care for his tribal community, community engagement and advocacy with partnering academic partners and community-based participatory research as the Principal Investigator for the California Native American Research Center for Health.

Disclosure Statement
• Faculty Disclosure Statement: As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

• There is no commercial interest support for this educational activity.

Disclaimer
The views expressed in this presentation are those of the speaker and do not necessarily represent the views, policies, and positions of the Indian Health Service (IHS), or the U.S. Department of Health and Human Services (HHS).
Personal Disclosures

- I am a member of the Pauma Band of Luiseno Indians
- I am a father of four children
- I have been married for 31 years
- I have both knowingly and unknowingly contributed to bias as is consistent with my imperfect human nature and dedication to lifelong learning

CDC Health Equity/Public Health Strategies

- Limited Community Capacity/Resources
- Variability in Health Literacy
- Lack of Community Engagement/Awareness/Participation
- Costs, Resources, and other Fiscal Considerations
- Transportation Challenges
- Potential Displacement Effects
- Variability in Implementation
- Crime/Safety Influences (real and perceived)
- Lack of Awareness of Diverse Norms and Customs

www.cdc.gov/healthequityguide
### Project ECHO®

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<th>Facilities as of July 1, 2020</th>
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<td>Youth Regional Treatment Centers</td>
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### Psychosocial Influences: Adverse Childhood Experiences (ACES)

- ACEs demonstrated a dose response between ACES and poor health outcomes related to chronic disease.
- ACEs categories include abuse, household dysfunction, criminal behavior.
- AI/AN children are at exceptionally high risk due to the high prevalence of alcohol/substance abuse, social dysfunction and criminal sanctions in these communities.
- AI/AN children are at high risk for poor health outcomes later as adults.

### Behavioral Health for American Indians

- Depression is common in urban and rural tribal communities.
- Personal and community isolation is a common condition in tribal communities.
- Lack of adequate mental health services continue to plague urban and rural tribal communities.
- Indian youth suffer one of the highest rates of suicide.
- 4 out of 5 Indian women are sexually abused in their lifetime. 3 out of 5 Indian men suffer from abuse as well.
Caregivers

• Cultural and traditional healing
• Education related to healthy lifestyles
• Awareness and support for community providers
• Workshops and training opportunities
• Support for children and families
• Training in wellness services

Presenter Contact Information

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