

Mental Health ECHO for Native American Youth July 29th, 2021: Session on Suicidality

Resources and References

Resources for Native Youth:

- WeRNative (a comprehensive health resource for Native youth, by Native youth): <https://www.wernative.org/>

Suicide Prevention Resources:

- ZeroSuicide Toolkit: <https://zerosuicide.edc.org/toolkit/toolkit-adaptations/indian-country>
- CDC Adverse Childhood Experiences (ACEs): <https://www.cdc.gov/violenceprevention/aces/index.html>
- Craig Bryan's Crisis Response Planning: <http://hope4utah.com/wp-content/uploads/2016/12/Craig-Bryan.pdf>

Substance Use Resources:

- NIH Contingency Management Interventions/Motivational Incentives: <https://www.drugabuse.gov/publications/principles-drug-addiction-treatment-research-based-guide-third-edition/evidence-based-approaches-to-drug-addiction-treatment/behavioral-therapies/contingency-management-interventions-motivational-incentives>

Resources for Working with the Media / Safe Media Use:

- HEARD Alliance K-12 Toolkit for Mental Health Promotion and Suicide Prevention: <https://www.heardalliance.org/help-toolkit/>
- Stanford Psychiatry Media and Mental Health Initiative: <https://med.stanford.edu/psychiatry/special-initiatives/mediamh.html>
- Orygen #chatsafe: A young person's guide for communicating safely online about suicide: <https://www.orygen.org.au/chatsafe/Resources/International-guidelines/US-English>
- HopeLab Digital Health Practices, Social Media Use, and Mental Well-Being Among Teens and Young Adults in the U.S.: <https://hopelab.org/reports/pdf/a-national-survey-by-hopelab-and-well-being-trust-2018.pdf>

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- The Treatment for Adolescents with Depression Study (TADS):
<https://www.nimh.nih.gov/funding/clinical-research/practical/tads/>
- Antidepressants' Black-Box Warning – 10 Years Later.
<https://www.nejm.org/doi/full/10.1056/nejmp1408480#:~:text=In%202004%2C%20the%20Food%20and,%20behavior%20in%20young%20people>
- The influence of suggestion on suicide: substantive and theoretical implications of the Werther effect. <https://pubmed.ncbi.nlm.nih.gov/11630757/>
- Role of media reports in completed and prevented suicide: Werther v. Papageno effects.
<https://pubmed.ncbi.nlm.nih.gov/20807970/>
- Cultural continuity as a hedge against suicide in Canada's First Nations.
<https://psycnet.apa.org/record/1998-04708-002>
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<https://pubmed.ncbi.nlm.nih.gov/27718034/>