

Continuity Clinic Self-assessment

At this point in your training, how confident would you feel managing the following cases:

Key:

- 1 = not at all confident; would need a supervisor to tell me exactly what to do
- 2 = somewhat confident; would want to have a supervisor working with me
- 3 = fairly confident; might want a supervisor to provide targeted advice or serve as a consultant
- 4 = very confident; would not need a supervisor at all

Think about the questions you would ask, parts of the exam you would focus on, advice you would give, steps in further evaluation....

1.	The parents of a 2-month old do not want to immunize their child.	1	2	3	4
2.	The parents of a newborn ask about the advantages and disadvantages of pacifier use.	1	2	3	4
3.	A 13-year-old girl who weighs 190 lbs. would like help losing weight.	1	2	3	4
4.	A 14-year-old requests treatment for her acne.	1	2	3	4
5.	Parents of a 6-month-old would like to know if their child needs fluoride.	1	2	3	4

6.	A 2-year-old has a positive PPD and recent exposure to tuberculosis.	1	2	3	4
7.	A 9-year-old's teacher and parents think he might have ADHD.	1	2	3	4
8.	The parents of a 5-month-old want guidance on childproofing their home.	1	2	3	4
9.	A 10-month-old's parents want advice on choosing day care.	1	2	3	4
10.	The mother of a newborn needs advice about pumping and storing breast milk.	1	2	3	4

11.	A 7-month-old has an undescended left testicle.	1	2	3	4
12.	The father of an 8-month-old has lost his job and asks about options for finding health insurance for his child.	1	2	3	4
13.	The mother of a 9-month old would like to know what table foods are safe.	1	2	3	4
14.	The mother of a 16-month-old complains that he wakes to take a bottle three times a night.	1	2	3	4
15.	A 3-year old girl is "pigeon-toed."	1	2	3	4

16.	A 14-year-old needs a sports physical to play football next fall.	1	2	3	4
17.	The mother of a 15-month old wants to know how she should take care of his teeth.	1	2	3	4
18.	The mother of a 6-month-old wants to know if she really has to feed him rice cereal.	1	2	3	4
19.	A 5-year old avoids having bowel movements because of hard, painful stools.	1	2	3	4
20.	The parents of an 8-month-old want to know when to introduce cow's milk.	1	2	3	4

21. The mother of a 6-month-old is worried because her son does not roll.	1	2	3	4
22. A 7-year old won't attend camp this summer because of nocturnal enuresis.	1	2	3	4
23. The parents of a fussy 2-month-old want information on using <i>manzanilla</i> tea for colic.	1	2	3	4
24. A 10-month-old has grown too long for his backward-facing infant car seat.	1	2	3	4
25. A 15-month-old's weight has crossed two percentiles downward in the past six months.	1	2	3	4

26. The mother of a 20-month-old wants to know how she should begin toilet-training when her child is interested.	1	2	3	4
27. A 14-year old boy is worried because he has not started puberty.	1	2	3	4
28. Parents of an 18-month old ask if they should enroll their child in swim lessons.	1	2	3	4
29. The father of a 2-month old asks you to outline potential side effects of DTap, Hib, IPV, and Prevnar.	1	2	3	4
30. A 26-month-old throws tantrums at bedtime and won't stay in his own bed.	1	2	3	4

31. The mother of an overweight 3-year-old can't get her to eat anything but cookies.	1	2	3	4
32. An 18-month old follows commands, but only says two words.	1	2	3	4
33. A 20-month-old's father wants to know when his son should see a dentist.	1	2	3	4
34. The parents of a 6-month-old are worried because his eyes cross from time to time.	1	2	3	4
35. The mother of a fearful 12-month-old wonders whether her child really needs blood testing for hematocrit and lead.	1	2	3	4

36. The mother of an unruly 2-year-old wants advice on disciplining her child.	1	2	3	4
37. Parents of 6 month-old proudly tell you how much he enjoys his walker.	1	2	3	4
38. Parents of a 3-month old are concerned because the back of their son's skull is flat.	1	2	3	4
39. Parents of a 6-year-old want to know how much TV time is OK.	1	2	3	4
40. At the end of the 9-month visit, a mother asks what shots her child will receive at his 12-month checkup.	1	2	3	4