



FAMILY HARVEST PROGRAM

Free Food for your Family

SHFB.org

DOES YOUR FAMILY NEED FOOD?

The Family Harvest Program provides groceries once per month to low-income households with dependent children under age 26.



HOW DOES YOUR FAMILY QUALIFY?

- Children under age 26
- Low Income
- A resident of Santa Clara or San Mateo counties

HOW DOES FAMILY HARVEST WORK?

- Families receive approximately 100 pounds of groceries once a month. This includes items such as fresh fruit and vegetables, rice, beans, tortillas, eggs, pasta, milk, chicken and much more.
- Applying for this program will not affect your ability to apply for government benefits or local agencies.
- Care-giver, friend or neighbor can pick up your food.

HOW DO I SIGN UP?

Call Food Connection at 1-800-984-3663 to find out about the distribution site closest to you.

Complete application and submit proof of photo ID and address.



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FAMILY HARVEST PROGRAM

Comida Gratis para su Familia

¿NECESITA COMIDA SU FAMILIA?

El programa de Family Harvest provee, una vez por mes, alimentos a hogares de bajos ingresos con niños dependientes menores de 26 años.



¿COMO CALIFICA SU FAMILIA?

- Niños menores de 26 años
- Bajos ingresos
- Residente de condado de San Mateo o Santa Clara

¿COMO FUNCIONA FAMILY HARVEST?

- Familias reciben aproximadamente 100 libras de comida una vez por mes. Esto incluye frutas y verduras frescas, arroz, frijoles, tortillas, huevos, pasta, leche, pollo y mucho más.
- Aplicar para esto programa no afectara su habilidad da aplicar a beneficios de gobierno u otras agencias locales.
- Su cuidador, un amigo, o un vecino puede recoger su comida.

¿COMO APLICO?

Llame a Food Connection a
1-800-984-3663 para enterarse

sobre la distribuidora más
cercana a usted.



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PRODUCE MOBILE PROGRAM

Frutas y Vegetales Frescos Gratis

¿NECESITA PRODUCTOS FRESCOS?

El programa de Produce Mobile provee frutas y vegetales frescos de alta calidad una vez por mes a gente con necesidades en varias comunidades y vecindades.



¿CALIFICA?

- Frutas y vegetales frescos gratuitos a gente necesitada.
- A residentes del condado de Santa Clara o San Mateo.

¿COMO FUNCIONA PRODUCE MOBILE?

- El programa Produce Mobile de Second Harvest Food Bank trae, cada mes, 25-35 libras de frutas y vegetales frescos por cada hogar a su vecindad.
- Similar a ir de compras al mercado de agricultores sin el costo
- Incluye Peras, Naranjas, Manzanas, Calabacitas, Tomates, Repollo, Zanahorias y mucho más.
- Ser parte de Produce Mobile no afectara su habilidad para aplicar a otros beneficios de gobierno o agencias locales.
- Traiga su propia bolsa re-usable y carrito.

PARA MAS INFORMACION

Si le gustaría encontrar una distribuidora de Produce Mobile cerca de usted

Llame a Food Connection a 1-800-984-3663



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PRODUCE MOBILE PROGRAM

Free Fresh Fruits and Vegetables

DO YOU NEED PRODUCE?

The Produce Mobile Program provides high-quality fresh fruits and vegetables once per month to people in need at various community and neighborhood locations.



DO YOU QUALIFY?

- Free fresh fruits and vegetables to those in need.
- A resident of Santa Clara or San Mateo counties

HOW DOES PRODUCE MOBILE WORK?

- Second Harvest Food Bank's Produce Mobile Program brings 25-35 pounds of fresh fruits and vegetables per household to your neighborhood every month
- Similar to shopping at a farmer's market without the cost.
- Produce items can include Pears, Oranges, Apples, Squash, Potatoes, Tomatoes, Cabbage, Carrots and much more
- Attending the Produce Mobile Program will not affect your ability to apply for government benefits or local agencies
- Bring your own re-usable bags and cart

FOR MORE INFORMATION

If you would like to find a Produce Mobile distribution near you,
Call Food Connection at 1-800-984-3663



of SANTA CLARA and
SAN MATEO COUNTIES

Prepared Meal Programs Santa Mateo County



Last updated: 10/15/18

NORTH COUNTY

Agency Name	Days of Week	Meal Times	Address	Phone
St. Vincent de Paul SSF Homeless Help Center – Café St. Vincent	Monday-Friday Saturday	10 a.m.-12 p.m. 10 a.m.-11 a.m.	344 Grand Ave. South San Francisco, CA 94080	(650) 589-9039
The Salvation Army-South San Francisco	Saturday	9:30 a.m.-11 a.m.	409 S. Spruce Ave. South San Francisco, CA 94080	(209) 509-9680
Catholic Worker Hospitality House	Monday-Friday	6:30 a.m.-9 a.m.	555 West San Bruno Ave. San Bruno, CA 94066	(650) 827-0706
North Peninsula Food Pantry & Dining Center of Daly City	Monday, Tuesday & Thursday	5 p.m.-6 p.m.	31 Bepler St. Daly City, CA 94014	(650) 994-5150

Need Food?

Call 1-800-984-3663

For additional free food program information

Monday - Friday, 8 a.m. - 5 p.m.

Email food@shfb.org

Text "FOOD" to 408-455-5181

Online: SHFB.org/getfood



Need Something Besides Food?

Call United Way Helpline: 2-1-1

For referrals to a variety of support services.



of SANTA CLARA and
SAN MATEO COUNTIES

Programas de Comidas Preparadas Condado de San Mateo



Last updated: 10/15/18

NORTE DEL CONDADO

Nombre de Agencia	Días	Horas	Domicilio	Teléfono
St. Vincent de Paul SSF Homeless Help Center – Café St. Vincent	Lunes a Viernes Sábado	10 a.m.-12 p.m. 10 a.m.-11 a.m.	344 Grand Ave. South San Francisco, CA 94080	(650) 589-9039
The Salvation Army-South San Francisco	Sábado	9:30 a.m.-11 a.m.	409 S. Spruce Ave. South San Francisco, CA 94080	(209) 509-9680
Catholic Worker Hospitality House	Lunes a Viernes	6:30 a.m.-9 a.m.	555 West San Bruno Ave. San Bruno, CA 94066	(650) 827-0706
North Peninsula Food Pantry & Dining Center of Daly City	Lunes, Martes y Jueves	5 p.m.-6 p.m.	31 Bepler St. Daly City, CA 94014	(650) 994-5150

¿Necesita Comida?

Llame al 1-800-984-3663

Para obtener mas informacion del programa de comida gratuita, Lunes - Viernes: 8 a.m. - 5 p.m.

Correo Electrónico: food@shfb.org

Texto "COMIDA" a 1-800-455-5181

Conozca más: SHFB.org/comida



¿Necesita Algo Mas Que Comida?

Llame a la linea de ayuda United Way: 2-1-1

Para referencias a una variedad de servicios de apoyo.

CENTRAL COUNTY / COASTSIDE

Agency Name	Days of Week	Meal Times	Address	Phone
Samaritan House	Saturday-Sunday	11 a.m.-12 p.m.	4031 Pacific Blvd. San Mateo, CA 94403	(650) 347-3648
Samaritan House	Monday-Friday	4 p.m.-6 p.m.	100 N. Ellsworth Ave. San Mateo, CA 94401	(650) 347-3648
St. Vincent de Paul Homeless Help Center	Monday-Friday	9:45 a.m.-11:45 a.m.	50 B St. San Mateo, CA 94401	(650) 343-4403
No Strings Attached	Saturday	9 a.m.-10 a.m.	925 Main St. Half Moon Bay, CA 94019	(650) 726-9056

SOUTH COUNTY

Agency Name	Days of Week	Meal Times	Address	Phone
East Palo Alto Senior Center	Monday-Friday for seniors only	9 a.m.-10:30 a.m. 10 a.m.-11:15 a.m.	560 Bell St. East Palo Alto, CA 94303	(650) 329-5900
St. Anthony's Padua Dining Room	Monday-Saturday	11 a.m.-1 p.m.	3500 Middlefield Rd. Menlo Park, CA 94025	(650) 365-9665
St. Francis of Assisi Church	Wednesday	5 p.m.-6 p.m.	1425 Bay Rd. East Palo Alto, CA 94303	(650) 322-2152
Street Life Ministries	Monday & Wednesday	7 p.m.-8:45 p.m.	1304 Middlefield Rd. Redwood City, CA 94063	(650) 716-6624
Street Life Ministries	Tuesday & Thursday	7 p.m.-8:45 p.m.	1120 Merrill St. Menlo Park, CA 94025	(650) 716-6624
1st Christian Church	Monday	7 p.m.- 8:45 p.m.	2890 Middlefield Rd. Redwood City, CA 94063	(650) 716-6624

PARTE CENTRAL DEL CONDADO Y LA COSTA

Nombre de Agencia	Días	Horas	Domicilio	Teléfono
Samaritan House	Sábado y Domingo	11 a.m.-12 p.m.	4031 Pacific Blvd. San Mateo, CA 94403	(650) 347-3648
Samaritan House	Lunes a Viernes	4 p.m.-6 p.m.	100 N. Ellsworth Ave. San Mateo, CA 94401	(650) 347-3648
St. Vincent de Paul Homeless Help Center	Lunes a Viernes	9:45 a.m.-11:45 a.m.	50 B St. San Mateo, CA 94401	(650) 343-4403
No Strings Attached	Sábado	9 a.m.–10 a.m.	925 Main St. Half Moon Bay, CA 94019	(650) 726-9056

SUR DEL CONDADO

Nombre de Agencia	Días	Horas	Domicilio	Teléfono
East Palo Alto Senior Center	Lunes a Viernes solo para peronas mayores	9 a.m.-10:30 a.m. 10 a.m.-11:15 a.m.	560 Bell St. East Palo Alto, CA 94303	(650) 329-5900
St. Anthony's Padua Dining Room	Lunes a Sábado	11 a.m.-1 p.m.	3500 Middlefield Rd. Menlo Park, CA 94025	(650) 365-9665
St. Francis of Assisi Church	Miércoles	5 p.m.-6 p.m.	1425 Bay Rd. East Palo Alto, CA 94303	(650) 322-2152
Street Life Ministries	Lunes y Miércoles	7 p.m.– 8:45 p.m.	1304 Middlefield Rd. Redwood City, CA 94063	(650) 716-6624
Street Life Ministries	Martes y Miércoles	7 p.m.– 8:45 p.m.	1120 Merrill St. Menlo Park, CA 94025	(650) 716-6624
1st Christian Church	Lunes	7 p.m.– 8:45 p.m.	2890 Middlefield Rd. Redwood City, CA 94063	(650) 716-6624