

GET MORE FRUITS & VEGETABLES

Fresh Food Made Affordable in San Mateo County

OBTENGA MÁS FRUTAS Y VERDURAS

Alimentos frescos y económicos
en el condado de San Mateo



Use your CalFresh EBT card at farmers' markets
across San Mateo County.

Use su tarjeta de EBT CalFresh en los mercados
agrícolas en el condado de San Mateo.

EAT HEALTHY AND SAVE MORE WITH MARKET MATCH

The Market Match program offers additional money to CalFresh EBT cardholders who use their card to buy fresh fruits and vegetables. You can identify a market that offers Market Match incentives by looking at the list on the other side of this flyer, or by visiting FMFinder.org.

COMA SALUDABLE Y AHORRE MÁS CON MARKET MATCH

El programa de Market Match ofrece dinero extra a los clientes de CalFresh EBT cuando usan sus tarjetas para comprar frutas y verduras frescas. Se puede identificar los mercados ofreciendo incentivos de Market Match en este folleto, o por el sitio web FMFinder.org.

For more information on Market Match, visit:
Para más información sobre Market Match, visite:



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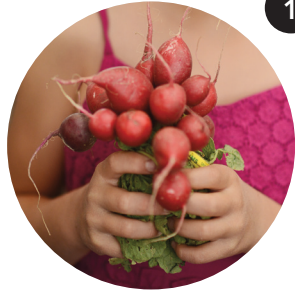
For more information on the Market Match program or on using EBT CalFresh at Farmers' Markets contact the Ecology Center at 510-925-4001, ebt@ecologycenter.org or visit us at ecologycenter.org/ebt.



ecology center

Here's how to get more healthy food for you and your family:

Aquí explicamos cómo se puede conseguir más alimentos saludables para usted y su familia:



- 1 Go to one of the farmers' markets listed here. To find a participating market outside of San Mateo County, go to FMfinder.org.

Vaya a uno de los mercados agrícolas mostrado aquí en nuestra lista. Para encontrar un mercado participante afuera del condado de San Mateo, visite al FMfinder.org.



- 2 Go to the farmers' market info booth and swipe your CalFresh EBT card. Receive tokens and spend them in the market, just like cash.

Busque el puesto de información del mercado, use su tarjeta CalFresh EBT. Reciba tokens y úselos como efectivo en el mercado.



- 3 Get additional benefits - for every CalFresh dollar you spend, get an extra Market Match dollar to spend on fruits and vegetables.*

Duplicate sus beneficios - por cada dólar de CalFresh que gaste, usted recibirá un dólar extra de Market Match para comprar frutas y verduras.*

Buy more fresh, locally-grown fruits and vegetables.

Compre más frutas y verduras frescas, cultivadas localmente.



*Market Match incentives match your CalFresh benefits, dollar-for-dollar, up to \$10 per household, per day, while supplies last.

*Los incentivos de Market Match duplican sus beneficios de CalFresh, dólar-por-dólar hasta \$10 por casa, una vez por día, hasta que se acaben los fondos.



Participating Markets MERCADOS PARTICIPANTES

SUNDAY (DOMINGO)

BELMONT FARMERS' MARKET
1201 El Camino Real
Belmont
9 am – 1 pm
Year Round
(Todo el año)

TUESDAY (MARTES)

25TH AVE FARMERS' MARKET
194 W 25th Ave
San Mateo
4 – 7:30 pm
May – October
(mayo - octubre)

WEDNESDAY (MIÉRCOLES)

EAST PALO ALTO COMMUNITY FARMERS' MARKET
1885 Bay Rd
East Palo Alto
11 am – 2 pm
April - November
(abril - noviembre)

COASTSIDE FARMERS' MARKET
400 Old County Rd
Pacifica
2:30 – 6:30 pm
May – December
(mayo - diciembre)

SATURDAY (SÁBADO)

COASTSIDE FARMERS' MARKET
225 Cabrillo Hwy
Half Moon Bay
9 am – 1 pm
April – December
(abril - diciembre)

SAN MATEO FARMERS' MARKET
1700 W Hillsdale Blvd
San Mateo
9 am – 1 pm
Year Round
(Todo el año)

SOUTH SAN FRANCISCO FARMERS' MARKET
781 Tennis Dr
South San Francisco
10 am – 2 pm
May – October
(mayo - octubre)

FRESH APPROACH MOBILE MARKETS
Visit the website /
Visite el sitio web:
[freshapproach.org/
mobilemarket](http://freshapproach.org/mobilemarket)
to see a current list of market stops / para una lista actualizada de paradas del mercado.

To find additional markets that accept EBT, visit FMfinder.org

Para encontrar mercados adicionales que aceptan EBT, visite FMfinder.org