**Post-Partum Family Planning - Suggested approach**

Hannah Keppler, June 2020

**Introduction:** “As part of your child’s check-up, I would like to ask you about future pregnancy plans, which can have an impact on the health and well-being of the whole family.”

“Would you like to become pregnant within the next year?”

YES

NO

“Ok, let me give you some information on having a healthy pregnancy.”

**(Give Handout)**

“What type of birth control will you be using until you would like to become pregnant again?”

**If using any method**: “Are you satisfied with this method? Would you like some information about other methods, or contact information for women’s health providers?”

STOP HERE

If not currently using a method, or wanting information about alternative methods:

If satisfied with current method, **STOP here**

**Give Handout and review with mother**