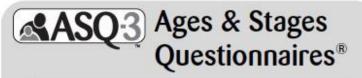


# 30 months

Please complete these forms before your visit today.

Thank you!



## 30 Month Questionnaire

Please provide the following information. Use black or blue ink only and print legibly when completing this form.





COMMUNICATION TOTAL

For each item, please fill in the circle that indicates whether your baby is doing the activity regularly, sometimes, or not yet.

C	OMMUNICATION	YES	SOMETIMES	NOT YET	
1.	If you point to a picture of a ball (kitty, cup, hat, etc.) and ask your child, "What is this?" does your child correctly name at least one picture?	$\circ$	0	0	6
2.	Without your giving him clues by pointing or using gestures, can your child carry out at least <i>three</i> of these kinds of directions?	$\circ$	0	0	· · · ·
	a. "Put the toy on the table." d. "Find your coat."				
	b. "Close the door." e. "Take my hand."				
	C. "Bring me a towel."				
3.	When you ask your child to point to her nose, eyes, hair, feet, ears, and so forth, does she correctly point to at least seven body parts? (She can point to parts of herself, you, or a doll. Mark "sometimes" if she correctly points to at least three different body parts.)	0	0	0	8 <del></del> 8
4.	Does your child make sentences that are three or four words long? Please give an example:	0	0	0	89
5.	Without giving your child help by pointing or using gestures, ask him to "put the book on the table" and "put the shoe under the chair." Does your child carry out both of these directions correctly?	0	0	0	-
6.	When looking at a picture book, does your child tell you what is hap- pening or what action is taking place in the picture (for example, "bark- ing," "running," "eating," or "crying")? You may ask, "What is the dog (or boy) doing?"	0	0	0	8 <del></del> 8

GROSS MOTOR	YES	SOMETIMES	NOT YET	
Does your child run fairly well, stopping herself without bumping into things or falling?	0	0	0	
2. Does your child walk either up or down at least two steps by himself? He may hold onto the railing or wall. (You can look for this at a store, on a playground, or at home.)	0	0	0	
3. Without holding onto anything for support, does your child kick a ball by swinging his leg forward?	0	0	0	
Does your child jump with both feet leaving the floor at the same time?	0	0	0	
5. Does your child walk up stairs, using only one foot on each stair? (The left foot is on one step, and the right foot is on the next.) She may hold onto the railing or wall.	0	0	0	*
Does your child stand on one foot for about 1 second without holding onto anything?	0	0	0	
		*If Gross Motor Item		

\*If Gross Motor Item 5 is marked "yes" or "sometimes," mark Gross Motor Item 2 "yes."

FINE MOTOR	YES	SOMETIMES	NOT YET	
<ol> <li>Does your child use a turning motion with her hand while trying to turn doorknobs, wind up toys, twist tops, or screw lids on and off jars?</li> </ol>	0	0	0	5 3
2. After your child watches you draw a line from the top of the paper to the bottom with a pencil, crayon, or pen, ask him to make a line like yours. Do not let your child trace your line. Does your child copy you by drawing a single line in a vertical direction?	0	0	0	
3. Can your child string small items such as beads, macaroni, or pasta "wagon wheels" onto a string or shoelace?	0	0	0	<u> 22 - 22</u>
4. After your child watches you draw a line from one side of the paper to the other side, ask her to make a line like yours. Do not let your child trace your line. Does your child copy you by drawing a single line in a horizontal direction?	0	0	0	-
5. After your child watches you draw a single circle, ask him to make a circle like yours. Do not let him trace your circle. Does your child copy you by drawing a circle?	0	0	0	<del></del>
6. Does your child turn pages in a book, one page at a time?	0	0	0	-
		FINE MOTO	OR TOTAL	-
PROBLEM SOLVING	YES	SOMETIMES	NOT YET	
When looking in the mirror, ask, "Where is?"  (Use your child's name.) Does your child point to her image in the mirror?	0	0	0	<u> 19</u>
2. If your child wants something he cannot reach, does he find a chair or box to stand on to reach it (for example, to get a toy on a counter or to "help" you in the kitchen)?	0	0	0	

P	ROBLEM SOLVING (continued)	YES	SOMETIMES	NOT YET	
3.	While your child watches, line up four objects like blocks or cars in a row. Does your child copy or imitate you and line up four objects in a row? (You can also use spools of thread, small boxes, or other toys.)	0	0	0	2
4.	When you point to the figure and ask your child, "What is this?" does your child say a word that means a person or something similar? (Mark "yes" for responses like "snowman," "boy," "man," "girl," "Daddy," "spaceman," and "monkey.") Please write your child's response here:	0	0	0	15
5.	When you say, "Say 'seven three,'" does your child repeat just the two numbers in the same order? Do not repeat the numbers. If necessary, try another pair of numbers and say, "Say 'eight two.'" Your child must repeat just one series of two numbers for you to answer "yes" to this question.	0	0	0	=
6.	After your child draws a "picture," even a simple scribble, does she tell you what she drew? (You may say, "Tell me about your picture," or ask, "What is this?" to prompt her.)	0	0	0	3
		PF	ROBLEM SOLVIN	IG TOTAL	2
PE	RSONAL-SOCIAL	YES	SOMETIMES	NOT YET	
1.	If you do any of the following gestures, does your child copy at least one of them?	0	0	0	\$ <del>1</del> 8
	a. Open and close your mouth. c. Pull on your earlobe.				
	○ b. Blink your eyes. ○ d. Pat your cheek.				
2.	Does your child use a spoon to feed himself with little spilling?	0	0	$\circ$	
3.	Does your child push a little wagon, stroller, or other toy on wheels, steering it around objects and backing out of corners if she cannot turn?	0	0	0	· —
4.	Does your child put on a coat, jacket, or shirt by himself?	0	0	0	Sit 8
5.	After you put on loose-fitting pants around her feet, does your child pull them completely up to her waist?	0	0	0	13 <del></del>
6.	When your child is looking in a mirror and you ask, "Who is in the mir- ror?" does he say either "me" or his own name?	0	0	0	11 <del>1 - 1</del>

PERSONAL-SOCIAL TOTAL

### $M\text{-}CHAT\text{-}R^{\mathsf{TM}}$

Please answer these questions about your child. Keep in mind how your child <u>usually</u> behaves. If you have seen your child do the behavior a few times, but he or she does not usually do it, then please answer no. Please circle yes <u>or</u> no for every question. Thank you very much.

	something across the room, does your child look at it?  i, if you point at a toy or an animal, does your child look at the toy or animal?)	Yes	No
2. Have you ever	r wondered if your child might be deaf?	Yes	No
•	d play pretend or make-believe? (FOR EXAMPLE, pretend to drink cup, pretend to talk on a phone, or pretend to feed a doll or stuffed animal?)	Yes	No
<ol><li>Does your child equipment, or</li></ol>	like climbing on things? (FOR EXAMPLE, furniture, playground stairs)	Yes	No
	d make <u>unusual finger movements near his or her</u> eyes?  i, does your child wiggle his or her fingers close to his or her eyes?)	Yes	No
· ·	d point with one finger to ask for something or to get help?  f, pointing to a snack or toy that is out of reach)	Yes	No
•	ld point with one finger to show you something interesting?  E, pointing to an airplane in the sky or a big truck in the road)	Yes	No
	erested in other children? (FOR EXAMPLE, does your child watch, smile at them, or go to them?)	Yes	No
	d show you things by bringing them to you or holding them up for you to et help, but just to share? (FOR EXAMPLE, showing you a flower, a stuffed by truck)	Yes	No
	d respond when you call his or her name? (FOR EXAMPLE, does he or she r babble, or stop what he or she is doing when you call his or her name?)	Yes	No
11. When you smi	le at your child, does he or she smile back at you?	Yes	No
12. Does your chil	lle at your child, does he or she smile back at you? Id get upset by everyday noises? (FOR EXAMPLE, does your or cry to noise such as a vacuum cleaner or loud music?)	Yes Yes	No No
12. Does your chil	d get upset by everyday noises? (FOR EXAMPLE, does your or cry to noise such as a vacuum cleaner or loud music?)		
<ul><li>12. Does your child scream of</li><li>13. Does your chil</li><li>14. Does your chil</li></ul>	d get upset by everyday noises? (FOR EXAMPLE, does your or cry to noise such as a vacuum cleaner or loud music?)	Yes	No
<ul><li>12. Does your child scream of</li><li>13. Does your child</li><li>14. Does your child or her, or dres</li></ul>	Id get upset by everyday noises? (FOR EXAMPLE, does your or cry to noise such as a vacuum cleaner or loud music?) Id walk? Id look you in the eye when you are talking to him or her, playing with him esing him or her? Id try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap, or	Yes Yes	No No
<ul><li>12. Does your child scream of the chil</li></ul>	Id get upset by everyday noises? (FOR EXAMPLE, does your or cry to noise such as a vacuum cleaner or loud music?)  Id walk?  Id look you in the eye when you are talking to him or her, playing with him asing him or her?  Id try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap, or see when you do)  Ir head to look at something, does your child look around to see what you	Yes Yes Yes	No No No
<ul> <li>12. Does your child scream of the chi</li></ul>	Id get upset by everyday noises? (FOR EXAMPLE, does your or cry to noise such as a vacuum cleaner or loud music?)  Id walk?  Id look you in the eye when you are talking to him or her, playing with him asing him or her?  Id try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap, or see when you do)  Ir head to look at something, does your child look around to see what you	Yes Yes Yes Yes	No No No
<ul> <li>12. Does your child scream of the chi</li></ul>	Id get upset by everyday noises? (FOR EXAMPLE, does your or cry to noise such as a vacuum cleaner or loud music?)  Id walk?  Id look you in the eye when you are talking to him or her, playing with him using him or her?  Id try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap, or see when you do)  In head to look at something, does your child look around to see what you?  Id try to get you to watch him or her? (FOR EXAMPLE, does your child	Yes Yes Yes Yes Yes	No No No No
12. Does your child scream of the child scream	Id get upset by everyday noises? (FOR EXAMPLE, does your or cry to noise such as a vacuum cleaner or loud music?)  Id walk?  Id look you in the eye when you are talking to him or her, playing with him using him or her?  Id try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap, or see when you do)  In head to look at something, does your child look around to see what you?  Id try to get you to watch him or her? (FOR EXAMPLE, does your child repraise, or say "look" or "watch me"?)  Id understand when you tell him or her to do something?  E, if you don't point, can your child understand "put the book"	Yes Yes Yes Yes Yes Yes	No No No No No No
12. Does your child scream of the child scream	Id get upset by everyday noises? (FOR EXAMPLE, does your or cry to noise such as a vacuum cleaner or loud music?)  Id walk?  Id look you in the eye when you are talking to him or her, playing with him using him or her?  Id try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap, or see when you do)  If head to look at something, does your child look around to see what you?  Id try to get you to watch him or her? (FOR EXAMPLE, does your child repraise, or say "look" or "watch me"?)  Id understand when you tell him or her to do something?  If, if you don't point, can your child understand "put the book or "bring me the blanket"?)  The wew happens, does your child look at your face to see how you feel about it?  The provided him or her to see how you feel about it?  The provided him or her to see how you feel about it?  The provided him or her to see how you feel about it?  The provided him or her to see how you feel about it?  The provided him or her to see how you feel about it?  The provided him or her to see how you feel about it?  The provided him or her to see how you feel about it?  The provided him or her to see how you feel about it?  The provided him or her to see how you feel about it?  The provided him or her to see how you feel about it?	Yes Yes Yes Yes Yes Yes Yes	No No No No No No No

## **Staying Healthy Assessment** 1-2 Years

Child's Name (first & last)		Date of Birth	☐ Female ☐ Male	Today's			ld/Day Care es □ No
Pers	on Completing Form	☐ Parent ☐ Relative ☐ Friend ☐Guardian ☐ Other (specify)			Need Help with Form  ☐ Yes ☐ No		
ansv	Trease answer all the questions on this joint as best you can, circle skip if you do not know all						Need Interpreter?  ☐ Yes ☐ No  Clinic Use Only:
1	Do you breastfeed your child?			Yes	No	Skip	Nutrition
2	Does your child drink or eat 3 such as formula, breast milk, c	o .	•	Yes	No	Skip	
3	Does your child eat fruits and	vegetables at least 2 t	times per day?	Yes	No	Skip	
4	Does your child eat high-fat fo cream, or pizza more than onc	e per week?		No	Yes	Skip	
5	Does your child drink more th day?	an one small cup (4 –	6 oz.) of juice per	No	Yes	Skip	
6	Does your child drink soda, juit or other sweetened drinks mo	No	Yes	Skip			
7	Does your child play actively r	nost days of the week	χ?	Yes	No	Skip	Physical Activity
8	Are you concerned about your	child's weight?		No	Yes	Skip	
9	Does your child watch TV or p	lay video games?		No	Yes	Skip	
10	Does your home have a worki	ng smoke detector?		Yes	No	Skip	Safety
11	Have you turned your water to than 120 degrees)?	emperature down to l	low-warm (less	Yes	No	Skip	
12	If your home has more than or the windows and gates for the		safety guards on	Yes	No	Skip	
13	Does your home have cleaning locked away?	g supplies, medicines,	and matches	Yes	No	Skip	
14	Does your home have the phone number of the Poison Control Center (800-222-1222) posted by your phone?				No	Skip	
15	Do you always stay with your	child when she/he is	in the bathtub?	Yes	No	Skip	
16	Do you always place your child seat?	Yes	No	Skip			
17	Is the car seat you use the correct one for the age and size of your child?				No	Skip	
18	Do you always check for child	ren before backing yo	our car out?	Yes	No	Skip	
19	Does your child spend time ne	ear a swimming pool,	river, or lake?	No	Yes	Skip	
20	Does your child spend time in	No	Yes	Skip			

SHA (1-2 Page 1 of

21	Does your child always wear a helmet when riding a bike, skateboard, or scooter?	Yes	No	Skip	
22	Do you help your child brush and floss her/his teeth daily?	Yes	No	Skip	Dental Health
23	Does your child spend time with anyone who smokes?	No	Yes	Skip	Drug, Alcohol & Tobacco Exposure
24	Does your child have any family members who have or have had a problem with alcohol or other drugs?	No	Yes	Skip	
25	Does your child have any family members who suffer from depression, anxiety, PTSD or other mental health conditions?	No	Yes	Skip	Home Environment
26	(For parents) Does a partner, or anyone at home, hurt, hit or threaten you?	No	Yes	Skip	
27	Has your child ever been away from either parent due to parental illness, separation, foster care, parental incarceration or other reasons?	No	Yes	Skip	
28	Has anything really scary or upsetting happened to your child or anyone in your family?	No	Yes	Skip	
29	In the last year, have you been worried that your food would run out before you were able to get more?	No	Yes	Skip	Other Questions
30	In the last year, have you been worried that you would need to move out of a place you were staying due to inability to afford the rent, or for other reasons?	No	Yes	Skip	
31	Do you have any other questions or concerns about your baby's health, development, or behavior?	No	Yes	Skip	

If yes, please describe:

Clinic Use Only	Counseled	Referred	Anticipatory Guidance	Follow-up Ordered	Comments:
□ Nutrition					
☐ Physical Activity					
□ Safety					
☐ Dental Health					
☐ Drug, Alcohol & Tobacco Exposure					☐ Patient Declined the SHA
☐ Home Environment					
PCP's Signature:	Print Name	:			Date:
SHA ANNUAL REVIEW					
PCP's Signature:	Print Name	:			Date:



#### Family Needs Screening<sup>1,2</sup>

Our goal at Gardner Packard Children's Health Center is to provide the best possible care for your child and family. We would like to make sure you know resources available to you for your family's needs. Please answer both questions and give to your child's doctor at the beginning of the visit. Thank You!

L.	Which of these would you like help with today? (Check all that apply)
	<ul> <li>□ Food</li> <li>□ Housing</li> <li>□ Living conditions (like mold in your home)</li> <li>□ Utilities</li> <li>□ Transportation</li> <li>□ Tutoring or Homework Help</li> <li>□ Childcare or preschool</li> </ul>
	☐ None of these
2.	Which of the concerns above is most important to talk about today?