

19 months

Please complete these forms before your visit today.

Thank you!



20 Month Questionnaire

Please provide the following information. Use black or blue ink only and print legibly when completing this form.





For each item, please fill in the circle that indicates whether your baby is doing the activity regularly, sometimes, or not yet.

C	OMMUNICATION	YES	SOMETIMES	NOT YET	
1.	Does your child imitate a two-word sentence? For example, when you say a two-word phrase, such as "Mama eat," "Daddy play," "Go home," or "What's this?" does your child say both words back to you? (Mark "yes" even if her words are difficult to understand.)	0	0	0	_
2.	Does your child say eight or more words in addition to "Mama" and "Dada"?	0	0	0	_
3.	Without your showing him, does your child <i>point</i> to the correct picture when you say, "Show me the kitty," or ask, "Where is the dog?" (He needs to identify only one picture correctly.)	0	0	0	_
4.	If you point to a picture of a ball (kitty, cup, hat, etc.) and ask your child, "What is this?" does your child correctly <i>name</i> at least one picture?	0	0	0	
5.	Without your giving him clues by pointing or using gestures, can your child carry out at least <i>three</i> of these kinds of directions?	0	0	0	_
	 a. "Put the toy on the table." b. "Close the door." c. "Bring me a towel." d. "Find your coat." e. "Take my hand." f. "Get your book." 				
6.	Does your child say two or three words that represent different ideas together, such as "See dog," "Mommy come home," or "Kitty gone"? (Don't count word combinations that express one idea, such as "byebye," "all gone," "all right," and "What's that?") Please give an example of your child's word combinations:	0	0	0	
$\left(\right)$		(COMMUNICATIO	ON TOTAL	

GROSS MOTOR	YES	SOMETIMES	NOT YET	
 Does your child climb on an object such as a chair to reach something he wants (for example, to get a toy on a counter or to "help" you in the kitchen)? 	0	0	0	
2. Does your child walk well and seldom fall?	0	0	\circ	
 Does your child walk down stairs if you hold onto one of her hands? She may also hold onto the railing or wall. (You can look for this at a store, on a playground, or at home.) 	0	0	0	_
4. When you show your child how to kick a large ball, does he try to kick the ball by moving his leg forward or by walking into it? (If your child already kicks a ball, mark "yes" for this item.)	0	0	0	_
5. Does your child run fairly well, stopping herself without bumping into things or falling?	0	0	0	_
6. Does your child walk either up or down at least two steps by himself? He may also hold onto the railing or wall.	0	GROSS MOTO	O DR TOTAL	_
FINE MOTOR				

	INE MOTOR	YES	SOMETIMES	NOT YET	
1.	Does your child make a mark on the paper with the <i>tip</i> of a crayon (or pencil or pen) when trying to draw?	0	0	0	_
2.	Does your child stack three small blocks or toys on top of each other by herself? (You could also use spools of thread, small boxes, or toys that are about 1 inch in size.)	0	0	0	
3.	Does your child turn the pages of a book by himself? (He may turn more than one page at a time.)	0	0	0	10 25 20 25
4.	Does your child get a spoon into her mouth right side up so that the food usually doesn't spill?	0	0	0	_
5.	Does your child stack six small blocks or toys on top of each other by himself?	0	0	0	-

F	INE MOTOR (continued)	YES	SOMETIMES	NOT YET	
6.	Does your child use a turning motion with her hand while trying to turn doorknobs, wind up toys, twist tops, or screw lids on and off jars?	0	0	0	20
			FINE MOT	OR TOTAL	0
P	ROBLEM SOLVING	YES	SOMETIMES	NOT YET	
1.	Without your showing him how, does your child scribble back and forth when you give him a crayon (or pencil or pen)?	0	0	0	
2.	After watching you draw a line from the top of the paper to the bottom with a crayon (or pencil or pen), does your child copy you by drawing a single line on the paper in any direction? (Mark "not yet" if your child scribbles back and forth.)	0	0	0	
3.	If you do any of the following gestures, does your child copy at least one of them?	0	0	0	_
	a. Open and close your mouth. c. Pull on your earlobe.				
	○ b. Blink your eyes. ○ d. Pat your cheek.				
4.	If you give your child a bottle, spoon, or pencil upside down, does he turn it right side up so that she can use it properly?	0	0	0	<u> </u>
5.	While your child watches, line up four objects like blocks or cars in a row. Does your child copy or imitate you and line up at least two blocks side by side? (You can also use spools of thread, small boxes, or other toys.)	0	0	0	_
6.	If your child wants something he cannot reach, does he find a chair or box to stand on to reach it (for example, to get a toy on a counter or to "help" you in the kitchen)?	0	0	0	-
	nep you'll the kitcheny:	PR	OBLEM SOLVIN	G TOTAL	
PI	ERSONAL-SOCIAL	YES	SOMETIMES	NOT YET	
1.	Does your child feed herself with a spoon, even though she may spill some food?	0	0	0	-
2.	Does your child get your attention or try to show you something by pulling on your hand or clothes?	0	0	0	-
3.	Does your child drink from a cup or glass, putting it down again with little spilling?	0	0	0	_
4.	Does your child copy the activities you do, such as wipe up a spill, sweep, shave, or comb hair?	0	0	0	_

P	ERSONAL-SOCIAL (continued)	YES	SOMETIMES	NOT YET	
5.	When playing with either a stuffed animal or a doll, does your child pretend to rock it, feed it, change its diapers, put it to bed, and so forth?	0	0	0	—
6.	Does your child eat with a fork?	0	0	0	_
		P	PERSONAL-SOCI	AL TOTAL	

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$M\text{-}CHAT\text{-}R^{\mathsf{TM}}$

Please answer these questions about your child. Keep in mind how your child <u>usually</u> behaves. If you have seen your child do the behavior a few times, but he or she does not usually do it, then please answer no. Please circle yes <u>or</u> no for every question. Thank you very much.

 If you point at something across the room, does your child look at it? (FOR EXAMPLE, if you point at a toy or an animal, does your child look at the 		Yes	No
2. Have you ever wondered if your child might be deaf?		Yes	No
Does your child play pretend or make-believe? (FOR EXAMPLE, pretend to d from an empty cup, pretend to talk on a phone, or pretend to feed a doll or s		Yes	No
4. Does your child like climbing on things? (FOR EXAMPLE, furniture, playground equipment, or stairs)		Yes	No
 Does your child make <u>unusual finger</u> movements near his or her eyes? (FOR EXAMPLE, does your child wiggle his or her fingers close to his or her examples.) 		Yes	No
6. Does your child point with one finger to ask for something or to get help? (FOR EXAMPLE, pointing to a snack or toy that is out of reach)		Yes	No
7. Does your child point with one finger to show you something interesting? (FOR EXAMPLE, pointing to an airplane in the sky or a big truck in the road		Yes	No
Is your child interested in other children? (FOR EXAMPLE, does your child watc other children, smile at them, or go to them?)	h	Yes	No
 Does your child show you things by bringing them to you or holding them up see – not to get help, but just to share? (FOR EXAMPLE, showing you a flow animal, or a toy truck) 		Yes	No
10. Does your child respond when you call his or her name? (FOR EXAMPLE, doe look up, talk or babble, or stop what he or she is doing when you call his or		Yes	No
11. When you smile at your child, does he or she smile back at you?		Yes	No
11. When you smile at your child, does he or she smile back at you?12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?)		Yes Yes	No No
12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your			
12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?)		Yes	No
12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?)13. Does your child walk?14. Does your child look you in the eye when you are talking to him or her, play	ving with him	Yes Yes	No No
 12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?) 13. Does your child walk? 14. Does your child look you in the eye when you are talking to him or her, play or her, or dressing him or her? 15. Does your child try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap 	ving with him , or	Yes Yes Yes	No No No
 12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?) 13. Does your child walk? 14. Does your child look you in the eye when you are talking to him or her, play or her, or dressing him or her? 15. Does your child try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap make a funny noise when you do) 16. If you turn your head to look at something, does your child look around to se 	ving with him , or e what you	Yes Yes Yes Yes	No No No
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 Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?) Does your child walk? Does your child look you in the eye when you are talking to him or her, play or her, or dressing him or her? Does your child try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap make a funny noise when you do) If you turn your head to look at something, does your child look around to se are looking at? Does your child try to get you to watch him or her? (FOR EXAMPLE, does y look at you for praise, or say "look" or "watch me"?) Does your child understand when you tell him or her to do something? (FOR EXAMPLE, if you don't point, can your child understand "put the book") 	ving with him , or e what you our child	Yes Yes Yes Yes Yes	No No No No No No
 Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?) Does your child walk? Does your child look you in the eye when you are talking to him or her, play or her, or dressing him or her? Does your child try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap make a funny noise when you do) If you turn your head to look at something, does your child look around to se are looking at? Does your child try to get you to watch him or her? (FOR EXAMPLE, does y look at you for praise, or say "look" or "watch me"?) Does your child understand when you tell him or her to do something? (FOR EXAMPLE, if you don't point, can your child understand "put the book on the chair" or "bring me the blanket"?) If something new happens, does your child look at your face to see how you (FOR EXAMPLE, if he or she hears a strange or funny noise, or sees a new to the chair or she hears a strange or funny noise, or sees a new to the chair or she hears a strange or funny noise, or sees a new to the chair or she hears a strange or funny noise, or sees a new to the chair or she hears a strange or funny noise, or sees a new to the chair or she hears a strange or funny noise, or sees a new to the chair or she hears a strange or funny noise, or sees a new to the chair or she hears a strange or funny noise, or sees a new to the chair or she hears a strange or funny noise, or sees a new to the chair or she hears a strange or funny noise, or sees a new to the chair or she hears a strange or funny noise, or sees a new to the chair or she hears a strange or funny noise, or sees a new to the chair or she hears a strange or funny noise, or sees a new to the chair or she hears a strange or funny noise. 	ving with him , or e what you our child ou feel about it? toy, will	Yes Yes Yes Yes Yes Yes Yes	No No No No No No No No

Staying Healthy Assessment 1-2 Years

Chil	d's Name (first & last)	Date of Birth	☐ Female ☐ Male	Today's	Date		ld/Day Care es □ No
Pers	on Completing Form	☐ Parent ☐ Relative ☐ Friend ☐ Guardian ☐ Other (specify)			Need Help with Form ☐ Yes ☐ No		
ansv	Please answer all the questions on this form as best you can. Circle "Skip" if you do not know answer or do not wish to answer. Be sure to talk to the doctor if you have questions about anything on this form. Your answers will be protected as part of your medical record.						Need Interpreter? ☐ Yes ☐ No Clinic Use Only:
1	Do you breastfeed your child?			Yes	No	Skip	Nutrition
2	Does your child drink or eat 3 such as formula, breast milk, c	o .	•	Yes	No	Skip	
3	Does your child eat fruits and	vegetables at least 2 t	times per day?	Yes	No	Skip	
4	Does your child eat high-fat fo cream, or pizza more than onc	e per week?		No	Yes	Skip	
5	Does your child drink more th day?	an one small cup (4 –	6 oz.) of juice per	No	Yes	Skip	
6	Does your child drink soda, jui or other sweetened drinks mo	· •		No	Yes	Skip	
7	Does your child play actively r	nost days of the week	χ?	Yes	No	Skip	Physical Activity
8	Are you concerned about your	child's weight?		No	Yes	Skip	
9	Does your child watch TV or p	lay video games?		No	Yes	Skip	
10	Does your home have a worki	ng smoke detector?		Yes	No	Skip	Safety
11	Have you turned your water temperature down to low-warm (less than 120 degrees)?				No	Skip	
12	If your home has more than or the windows and gates for the		safety guards on	Yes	No	Skip	
13	Does your home have cleaning locked away?	Yes	No	Skip			
14	Does your home have the phone number of the Poison Control Center (800-222-1222) posted by your phone?				No	Skip	
15	Do you always stay with your	child when she/he is	in the bathtub?	Yes	No	Skip	
16	Do you always place your child in a rear-facing car seat in the back seat?					Skip	
17	Is the car seat you use the correct one for the age and size of your child?				No	Skip	
18	Do you always check for child	ren before backing yo	our car out?	Yes	No	Skip	
19	Does your child spend time ne	ear a swimming pool,	river, or lake?	No	Yes	Skip	
20	O Does your child spend time in a home where a gun is kept?					Skip	

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21	Does your child always wear a helmet when riding a bike, skateboard, or scooter?	Yes	No	Skip	
22	Do you help your child brush and floss her/his teeth daily?	Yes	No	Skip	Dental Health
23	Does your child spend time with anyone who smokes?	No	Yes	Skip	Drug, Alcohol & Tobacco Exposure
24	Does your child have any family members who have or have had a problem with alcohol or other drugs?	No	Yes	Skip	
25	Does your child have any family members who suffer from depression, anxiety, PTSD or other mental health conditions?	No	Yes	Skip	Home Environment
26	(For parents) Does a partner, or anyone at home, hurt, hit or threaten you?	No	Yes	Skip	
27	Has your child ever been away from either parent due to parental illness, separation, foster care, parental incarceration or other reasons?	No	Yes	Skip	
28	Has anything really scary or upsetting happened to your child or anyone in your family?	No	Yes	Skip	
29	In the last year, have you been worried that your food would run out before you were able to get more?	No	Yes	Skip	Other Questions
30	In the last year, have you been worried that you would need to move out of a place you were staying due to inability to afford the rent, or for other reasons?	No	Yes	Skip	
31	Do you have any other questions or concerns about your baby's health, development, or behavior?	No	Yes	Skip	

If yes, please describe:

Clinic Use Only	Counseled	Referred	Anticipatory Guidance	Follow-up Ordered	Comments:
□ Nutrition					
☐ Physical Activity					
□ Safety					
☐ Dental Health					
☐ Drug, Alcohol & Tobacco Exposure					☐ Patient Declined the SHA
☐ Home Environment					
PCP's Signature:	Print Name	:			Date:
SHA ANNUAL REVIEW					
PCP's Signature:	Print Name	:			Date:



Family Needs Screening^{1,2}

Our goal at Gardner Packard Children's Health Center is to provide the best possible care for your child and family. We would like to make sure you know resources available to you for your family's needs. Please answer both questions and give to your child's doctor at the beginning of the visit. Thank You!

L.	Which of these would you like help with today? (Check all that apply)
	 □ Food □ Housing □ Living conditions (like mold in your home) □ Utilities □ Transportation □ Tutoring or Homework Help □ Childcare or preschool
	☐ None of these
2.	Which of the concerns above is most important to talk about today?