

# 18 months

Please complete these forms before your visit today.

Thank you!



# 18 Month Questionnaire

Please provide the following information. Use black or blue ink only and print legibly when completing this form.





For each item, please fill in the circle that indicates whether your baby is doing the activity regularly, sometimes, or not yet.

C	OMMUNICATION	YES	SOMETIMES	NOT YET	
1.	When your child wants something, does she tell you by pointing to it?	$\circ$	0	$\circ$	( <del>)</del>
2.	When you ask your child to, does he go into another room to find a familiar toy or object? (You might ask, "Where is your ball?" or say, "Bring me your coat," or "Go get your blanket.")	0	0	0	X <del>)</del> 2
3.	Does your child say eight or more words in addition to "Mama" and "Dada"?	0	0	0	3 <del>1</del> 1
4.	Does your child imitate a two-word sentence? For example, when you say a two-word phrase, such as "Mama eat," "Daddy play," "Go home," or "What's this?" does your child say both words back to you? (Mark "yes" even if her words are difficult to understand.)	0	0	0	( <del>)</del>
5.	Without your showing him, does your child point to the correct picture when you say, "Show me the kitty," or ask, "Where is the dog?" (He needs to identify only one picture correctly.)	0	0	0	36 53
5.	Does your child say two or three words that represent different ideas together, such as "See dog," "Mommy come home," or "Kitty gone"? (Don't count word combinations that express one idea, such as "byebye," "all gone," "all right," and "What's that?") Please give an example of your child's word combinations:	0	0	0	-
			COMMUNICATIO	ON TOTAL	-

C	GROSS MOTOR	YES	SOMETIMES	NOT YET	
1.	Does your child bend over or squat to pick up an object from the floor and then stand up again without any support?	0	0	0	-
2.	Does your child move around by walking, rather than by crawling on her hands and knees?	0	0	0	
3.	Does your child walk well and seldom fall?	$\circ$	0	0	
4.	Does your child climb on an object such as a chair to reach something he wants (for example, to get a toy on a counter or to "help" you in the kitchen)?	0	0	0	
5.	Does your child walk down stairs if you hold onto one of her hands? She may also hold onto the railing or wall. (You can look for this at a store, on a playground, or at home.)	0	0	0	207
6.	When you show your child how to kick a large ball, does he try to kick the ball by moving his leg forward or by walking into it? (If your child already kicks a ball, mark "yes" for this item.)	0	0	0	9 <u>8 X</u>
	it (ii your crima aiready kicks a bail, mark yes nor uns term)		GROSS MOTO	OR TOTAL	20 <sup>-</sup>
FI	NE MOTOR	YES	SOMETIMES	NOT YET	
1.	Does your child throw a small ball with a forward arm motion? (If he simply drops the ball, mark "not yet" for this item.)	0	0	0	
2.	Does your child stack a small block or toy on top of another one? (You could also use spools of thread, small boxes, or toys that are about 1 inch in size.)	0	0	0	5 3
3.	Does your child make a mark on the paper with the tip of a crayon (or pencil or pen) when trying to draw?	0	0	0	<u> </u>
4.	Does your child stack three small blocks or toys on top of each other by himself?	0	0	0	3 3
5.	Does your child turn the pages of a book by himself? (He may turn more than one page at a time.)	0	0	0	5-3
6.	Does your child get a spoon into her mouth right side up so that the food usually doesn't spill?	0	0	0	-
			EINE MOTO	D TOTAL	

P	ROBLEM SOLVING	YES	SOMETIMES	NOT YET	
1.	Does your child drop several small toys, one after another, into a container like a bowl or box? (You may show him how to do it.)	0	0	0	( <del></del>
2.	After you have shown your child how, does she try to get a small toy that is slightly out of reach by using a spoon, stick, or similar tool?	0	0	0	(d <del></del>
3.	After a crumb or Cheerio is dropped into a small, clear bottle, does your child turn the bottle over to dump it out? (You may show him how.) (You can use a soda-pop bottle or a baby bottle.)	0	0	0	83 <u></u>
4.	Without your showing her how, does your child scribble back and forth when you give her a crayon (or pencil or pen)?	0	0	0	
5.	After watching you draw a line from the top of the paper to the bottom with a crayon (or pencil or pen), does your child copy you by drawing a single line on the paper in any direction? (Mark "not yet" if your child scribbles back and forth.)	0	0	0	(3)
6.	After a crumb or Cheerio is dropped into a small, clear bottle, does your child turn the bottle upside down to dump out the crumb or Cheerio? (Do not show him how.)	0	0	0	
	cheerio. (Do not show him now,)	PR	OBLEM SOLVIN	IG TOTAL	
			roblem Solving Item ' or "sometimes," m Solving I		
PI	ERSONAL-SOCIAL	YES	SOMETIMES	NOT YET	
1.	While looking at herself in the mirror, does your child offer a toy to her own image?	0	0	0	-
2.	Does your child play with a doll or stuffed animal by hugging it?	0		0	
3.	Does your child get your attention or try to show you something by pulling on your hand or clothes?	$\circ$	0	0	2 <del>)</del>
4.	Does your child come to you when he needs help, such as with winding up a toy or unscrewing a lid from a jar?	$\circ$	0		23
5.	Does your child drink from a cup or glass, putting it down again with little spilling?	$\circ$	0	0	28
6.	Does your child copy the activities you do, such as wipe up a spill, sweep, shave, or comb hair?	0	0	0	( <del>)</del>

PERSONAL-SOCIAL TOTAL

## $M\text{-}CHAT\text{-}R^{\mathsf{TM}}$

Please answer these questions about your child. Keep in mind how your child <u>usually</u> behaves. If you have seen your child do the behavior a few times, but he or she does not usually do it, then please answer no. Please circle yes <u>or</u> no for every question. Thank you very much.

<ol> <li>If you point at something across the room, does your child look at it?</li> <li>(FOR EXAMPLE, if you point at a toy or an animal, does your child look at the to</li> </ol>		es N	lo
2. Have you ever wondered if your child might be deaf?	Y	es N	lo
<ol><li>Does your child play pretend or make-believe? (FOR EXAMPLE, pretend to drin from an empty cup, pretend to talk on a phone, or pretend to feed a doll or stuf</li></ol>		es N	No
<ol> <li>Does your child like climbing on things? (FOR EXAMPLE, furniture, playground equipment, or stairs)</li> </ol>	Y	es N	No
<ol> <li>Does your child make <u>unusual finger</u> movements near his or her eyes?</li> <li>(FOR EXAMPLE, does your child wiggle his or her fingers close to his or her eye</li> </ol>		es N	No
6. Does your child point with one finger to ask for something or to get help?  (FOR EXAMPLE, pointing to a snack or toy that is out of reach)	Y	es N	No
7. Does your child point with one finger to show you something interesting? (FOR EXAMPLE, pointing to an airplane in the sky or a big truck in the road)	Y	es N	No
8. Is your child interested in other children? (FOR EXAMPLE, does your child watch other children, smile at them, or go to them?)	Y	es N	No
<ol> <li>Does your child show you things by bringing them to you or holding them up fo see – not to get help, but just to share? (FOR EXAMPLE, showing you a flowe animal, or a toy truck)</li> </ol>		es N	No
10. Does your child respond when you call his or her name? (FOR EXAMPLE, does look up, talk or babble, or stop what he or she is doing when you call his or he		es N	No
11. When you smile at your child, does he or she smile back at you?	Y	es N	٧o
<ul><li>11. When you smile at your child, does he or she smile back at you?</li><li>12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?)</li></ul>			No No
12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your	Y	′es N	
12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?)	Y	es N	No
<ul><li>12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?)</li><li>13. Does your child walk?</li><li>14. Does your child look you in the eye when you are talking to him or her, playin</li></ul>	Y Y g with him Y	'es N 'es N	No No
<ul> <li>12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?)</li> <li>13. Does your child walk?</li> <li>14. Does your child look you in the eye when you are talking to him or her, playin or her, or dressing him or her?</li> <li>15. Does your child try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap, company)</li> </ul>	Y g with him Y or Y	'es N 'es N 'es N	10 10
<ul> <li>12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?)</li> <li>13. Does your child walk?</li> <li>14. Does your child look you in the eye when you are talking to him or her, playin or her, or dressing him or her?</li> <li>15. Does your child try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap, or make a funny noise when you do)</li> <li>16. If you turn your head to look at something, does your child look around to see your</li> </ul>	g with him Y  Y  Y  Y  Y  Y  Y  What you Y	'es N 'es N 'es N	No No No
<ul> <li>12. Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?)</li> <li>13. Does your child walk?</li> <li>14. Does your child look you in the eye when you are talking to him or her, playin or her, or dressing him or her?</li> <li>15. Does your child try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap, comake a funny noise when you do)</li> <li>16. If you turn your head to look at something, does your child look around to see ware looking at?</li> <li>17. Does your child try to get you to watch him or her? (FOR EXAMPLE, does your child look around to see your child try to get you to watch him or her? (FOR EXAMPLE, does your child try to get you to watch him or her?)</li> </ul>	g with him Y  y  y  y  y  y  y  y  y  y  t  t  t  t	es Nes Nes Nes Nes Nes Nes Nes Nes Nes N	No No
<ol> <li>Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?)</li> <li>Does your child walk?</li> <li>Does your child look you in the eye when you are talking to him or her, playin or her, or dressing him or her?</li> <li>Does your child try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap, or make a funny noise when you do)</li> <li>If you turn your head to look at something, does your child look around to see ware looking at?</li> <li>Does your child try to get you to watch him or her? (FOR EXAMPLE, does you look at you for praise, or say "look" or "watch me"?)</li> <li>Does your child understand when you tell him or her to do something? (FOR EXAMPLE, if you don't point, can your child understand "put the book</li> </ol>	g with him Y  y  y  y  y  y  y  y  y  t  t  t  t  t	es Nes Nes Nes Nes Nes Nes Nes Nes Nes N	No No No
<ol> <li>Does your child get upset by everyday noises? (FOR EXAMPLE, does your child scream or cry to noise such as a vacuum cleaner or loud music?)</li> <li>Does your child walk?</li> <li>Does your child look you in the eye when you are talking to him or her, playin or her, or dressing him or her?</li> <li>Does your child try to copy what you do? (FOR EXAMPLE, wave bye-bye, clap, or make a funny noise when you do)</li> <li>If you turn your head to look at something, does your child look around to see a re looking at?</li> <li>Does your child try to get you to watch him or her? (FOR EXAMPLE, does your look at you for praise, or say "look" or "watch me"?)</li> <li>Does your child understand when you tell him or her to do something? (FOR EXAMPLE, if you don't point, can your child understand "put the book on the chair" or "bring me the blanket"?)</li> <li>If something new happens, does your child look at your face to see how your (FOR EXAMPLE, if he or she hears a strange or funny noise, or sees a new toy</li> </ol>	g with him  Y  y  y  what you  Y  r child  Y  feel about it?  Y  y, will	es Nes Nes Nes Nes Nes Nes Nes Nes Nes N	10 10 10

## **Staying Healthy Assessment** 1-2 Years

Chil	d's Name (first & last)	Date of Birth	☐ Female ☐ Male	Today's Date		In Child/Day Care  ☐ Yes ☐ No			
Pers	Person Completing Form □ Parent □ Relative □ Friend □Gu. □ Other (specify)						Help with Form es □ No		
Please answer all the questions on this form as best you can. Circle "Skip" if you answer or do not wish to answer. Be sure to talk to the doctor if you have questi anything on this form. Your answers will be protected as part of your medical re					bout	an	Need Interpreter?  ☐ Yes ☐ No  Clinic Use Only:		
1	Do you breastfeed your child?	Yes	No	Skip	Nutrition				
2	Does your child drink or eat 3 servings of calcium-rich foods daily, such as formula, breast milk, cheese, yogurt, soy milk, or tofu?					Skip			
3	Does your child eat fruits and	vegetables at least 2 t	times per day?	Yes	No	Skip			
4	Does your child eat high-fat fo cream, or pizza more than onc	e per week?		No	Yes	Skip			
5	Does your child drink more th day?	an one small cup (4 –	6 oz.) of juice per	No	Yes	Skip			
6	Does your child drink soda, juice drinks, sports drinks, energy drinks, or other sweetened drinks more than once per week?					Skip			
7	Does your child play actively most days of the week?					Skip	Physical Activity		
8	8 Are you concerned about your child's weight?				Yes	Skip			
9	9 Does your child watch TV or play video games?					Skip			
10	Does your home have a working smoke detector?				No	Skip	Safety		
11	Have you turned your water temperature down to low-warm (less than 120 degrees)?				No	Skip			
12	If your home has more than or the windows and gates for the		safety guards on	Yes	No	Skip			
13	Does your home have cleaning supplies, medicines, and matches locked away?					Skip			
14	Does your home have the phone number of the Poison Control Center (800-222-1222) posted by your phone?				No	Skip			
15	Do you always stay with your	child when she/he is	in the bathtub?	Yes	No	Skip			
16	Do you always place your child seat?	d in a rear-facing car	seat in the back	Yes	No	Skip			
17	Is the car seat you use the corr child?	rect one for the age ar	nd size of your	Yes	No	Skip			
18	Do you always check for child	ren before backing yo	our car out?	Yes	No	Skip			
19	Does your child spend time ne	ear a swimming pool,	river, or lake?	No	Yes	Skip			
20	O Does your child spend time in a home where a gun is kept?					Skip			

SHA (1-2 Page 1 of

21	Does your child always wear a helmet when riding a bike, skateboard, or scooter?	Yes	No	Skip	
22	Do you help your child brush and floss her/his teeth daily?	Yes	No	Skip	Dental Health
23	Does your child spend time with anyone who smokes?	No	Yes	Skip	Drug, Alcohol & Tobacco Exposure
24	Does your child have any family members who have or have had a problem with alcohol or other drugs?	No	Yes	Skip	
25	Does your child have any family members who suffer from depression, anxiety, PTSD or other mental health conditions?	No	Yes	Skip	Home Environment
26	(For parents) Does a partner, or anyone at home, hurt, hit or threaten you?	No	Yes	Skip	
27	Has your child ever been away from either parent due to parental illness, separation, foster care, parental incarceration or other reasons?	No	Yes	Skip	
28	Has anything really scary or upsetting happened to your child or anyone in your family?	No	Yes	Skip	
29	In the last year, have you been worried that your food would run out before you were able to get more?	No	Yes	Skip	Other Questions
30	In the last year, have you been worried that you would need to move out of a place you were staying due to inability to afford the rent, or for other reasons?	No	Yes	Skip	
31	Do you have any other questions or concerns about your baby's health, development, or behavior?	No	Yes	Skip	

If yes, please describe:

Clinic Use Only	Counseled	Referred	Anticipatory Guidance	Follow-up Ordered	Comments:		
□ Nutrition							
☐ Physical Activity							
□ Safety							
☐ Dental Health							
☐ Drug, Alcohol & Tobacco Exposure					☐ Patient Declined the SHA		
☐ Home Environment							
PCP's Signature:	Print Name	:			Date:		
SHA ANNUAL REVIEW							
PCP's Signature:	Print Name	:			Date:		



### Family Needs Screening<sup>1,2</sup>

Our goal at Gardner Packard Children's Health Center is to provide the best possible care for your child and family. We would like to make sure you know resources available to you for your family's needs. Please answer both questions and give to your child's doctor at the beginning of the visit. Thank You!

L.	Which of these would you like help with today? (Check all that apply)	
	<ul> <li>□ Food</li> <li>□ Housing</li> <li>□ Living conditions (like mold in your home)</li> <li>□ Utilities</li> <li>□ Transportation</li> <li>□ Tutoring or Homework Help</li> <li>□ Childcare or preschool</li> </ul>	
	☐ None of these	
2.	Which of the concerns above is most important to talk about today?	