

STANFORD UNIVERSITY/CHILDREN'S HOSPITAL
PEDIATRIC PALLIATIVE CARE PROGRAM
Resident Rotation Summary

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I. INTRODUCTION

Our interdisciplinary pediatric palliative care team is comprised of individuals from pediatrics (oncology, pain management, neonatology), nursing, psychology, social work, chaplaincy, child life, education and case management. We are a consultation service, and collaborate with the primary care team to assist children and their families in making decisions, setting goals and in developing a comprehensive palliative care plan. In addition, we also focus on optimal symptom management for the child and the psychological well being of all the children in the family, including the healthy siblings. We work closely with the Pediatric Pain and Symptom Management Team and Child Psychiatry/ Psychology Consultation-Liaison team as well as partnering with community agencies.

On this rotation, you will learn about pediatric palliative care through a comprehensive array of experiences: participation in initial and ongoing palliative and pain/symptom management consults; interdisciplinary team meetings and rounds; one-on-one meetings with members of our team; observational time in the LPCH School and the playroom; visits to George Mark Children's House (San Leandro), Pathways Kids (Sunnyvale) and Children's Recovery Center (Campbell); reading, discussion, and self-reflection.

On the following pages are specifics about the required and elective reading & videos, schedule and assignments. **Bold indicates information for you to be aware of in advance of the rotation.** Please email or call if have any questions. We are looking forward to having you rotate with us!

II. REQUIRED READINGS AND VIDEOS

A. PRIOR TO THE FIRST DAY see FTL.pdf in the introductory email

Sourkes B, Frankel L, Brown M, et al. (2005) Food, Toys, and Love: Pediatric Palliative Care *Current Problems in Pediatric and Adolescent Health Care*. Vol 35 (9): 345-392.

B. READINGS AND VIDEOS TO COMPLETE DURING THE ROTATION

BOOKS:

1. Wolfe J, Hinds P and Sourkes B (2011). *Textbook of Interdisciplinary Pediatric Palliative Care*. Complete Chapter 1, AND select a minimum of 3 additional Chapters from the included list
 1. Language
 3. Children's Voices
 4. Anticipatory Guidance
 5. Anticipatory Grief and Bereavement
 14. Child Relationships
 15. Parent and Sibling Relationships
 31. Pain
 36. Easing Distress when Death is Near
2. Hilden J and Tobin D. (2003) *Shelter from the Storm: Caring for a Child with a Life-Threatening Condition*. Cambridge MA: Perseus Books.

ARTICLES:

1. Contro N, Larson J, Scofield S, Sourkes B, Cohen H. (2002) Family Perspectives on the Quality of Pediatric Palliative Care. *Archives of Pediatric and Adolescent Medicine*. 156, January 2002, 14-19.
2. Contro N, Larson J, Scofield S, Sourkes B, Cohen H. (2004) Hospital Staff and Family Perspectives Regarding the Quality of Pediatric Palliative Care. *Pediatrics*, 113, 1248-1252.
3. Contro N, Davies B, Larson J and Sourkes B. (2010). Away from Home: Experiences of Mexican American Families in Pediatric Palliative Care. *J. of Social Work in End-of-Life Care*: 6,3:185-204.
4. Sourkes B. (1996) The Broken Heart: Anticipatory Grief in the Child Facing Death. *Journal of Palliative Care*. 12,3: 56-59.

VIDEOS:

1. *Making Every Moment Count: Pediatric Palliative Care*. Kuttner / National Film Board of Canada, 2004

2. *Pediatric Palliative Care Education for Pediatric Fellows* – From: Brock K, Cohen H, Sourkes B, **Good** J, Nandagopal K, Bareknyei Merrell S, Halamek L. “Teaching Pediatric Fellows Palliative Care through Simulation and Video Intervention: A Practical Guide to Implementation”, MedEdPortal submission, 2012

C. OPTIONAL READINGS AND VIDEOS – see Dr. Sourkes to borrow

READINGS:

1. Brown M and Sourkes B (2010). Pediatric Palliative Care. In Shaw R and DeMaso D (eds) *Textbook of Pediatric Psychosomatic Medicine Consultation on Physically Ill Children*. American Psychiatric Publishing Inc.
2. Redfern S and Gilbert S. (2008). *The Grieving Garden: Living with the Death of a Child*. Charlottesville VA: Hampton Roads.
3. Sourkes B. (1982) *The Deepening Shade: Psychological Aspects of Life-Threatening Illness*. Pittsburgh: University of Pittsburgh Press.
4. Sourkes B. (1995) *Armfuls of Time: The Psychological Experience of the Child with a Life- Threatening Illness*. Pittsburgh: University of Pittsburgh Press.

VIDEOS:

1. *Cameron’s Arc: Creating a Full Life* American Academy of Pediatrics, 2007
2. *Difficult Decisions in Pediatric Care: Just Because We Can, Should We?* Strodman, Giacomazza & Pituch / University of Michigan, 2012

III. REQUIRED ASSIGNMENT - PERSONAL REFLECTION

Prepare a Brief (2-3 page) reflection on your experience of the pediatric palliative care rotation. Can focus on personal or professional impact, new clinical understanding, and/or recommendations for the rotation in the future, etc.

This is considered a confidential assignment to Drs. Good and Sourkes. Notation of completion to the residency as part of the rotation evaluation. Turn in **within 1 week** of completion of the rotation for credit

IV. SAMPLE SCHEDULE FOR RESIDENTS

Note: Palliative care consults and care conferences have priority over other in-house activities. Visits to CRC, Pathways Kids and GMCH will be pre-arranged, please report directly to these sites on the appropriate Wednesday (**directions to these sites and to Dr. Sourkes office will be sent by email – please confirm your email contact information with Dr. Good ASAP at julieg@stanford.edu**).

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<u>AM</u>	8:30 am – Pain team rounds, or consults for palliative care, or reading	8am - Palliative Care ID Team Meeting (Sourkes) 9am - Pain Team Rounds (Good) 11am - PICU interdisciplinary rounds (Jensen)	Children’s Recovery Center (Silva) – week 1 George Mark Children’s House (Fisher/staff)_ - week 2	Watch videos, writing and reflection, consults, follow up visits	GRAND ROUNDS textbook readings, bedside meetings with families, consults, clinic visits
<u>PM</u>	NOON CONF meeting/overview with Dr Sourkes, pain/palliative consults, care conferences, or your continuity clinic	NOON CONF meetings with team members pain/palliative consults, care conferences, or your continuity clinic	NOON CONF 1- LPCH Hospital School - Gershon meetings with team members, pain/palliative consults, care conferences, or your continuity clinic	NOON CONF 1pm-4 - LPCH Playroom and individual bedside visits to pts. with Child Life Specialist (Monzack) 1:30-3:30 Pathways rounds (week 1 or 2 depending on PW schedule)	meetings with team members, pain/palliative consults, care conferences, or your continuity clinic