Red Team: 5 Minute Summary

Contact Information:
Rotation Director: Scott Sutherland, MD (Renal) & Joyce Hsu, MD (Rheum)
Resident Rotation Liaison: Christina Turn (Rheum)
Administrators: Kim Sands (Renal) Wendy Cardamone (Rheum)
Phone: 650-723-7903 (650) 497-2848

>> Email addresses can be found at: https://stanfordwho.stanford.edu/SWApp/

First Day Instructions:
Meeting Location: Packard PCU 300 (inpatient); Clinic (outpatient, see schedule below)

Time to Meet: 6AM (inpt intern), 7AM (inpt senior); 1st outpatient Monday clinic is at Sunnyvale for rheumatology starting at 1 pm (outpatient intern)

Dress Code: Professional dress

Meals: Breakfast and Lunch are provided at weekday conferences

Preparation:
➔ Inpatient interns/juniors should get verbal sign-out AND written interim summaries from intern/junior going off service
➔ Review learning objectives
➔ Familiarize self with online educational resources on the red team website (lectures, cases, reading material)

Rotation Information:
Team:
➔ 2 Interns (2 weeks inpatient/2 weeks outpatient)
➔ Senior Resident (on inpatient for 4 weeks)
➔ Rheumatology and Renal Fellow
➔ Rheumatology and Renal Attending
➔ Sub-Intern (variable)***

*** Med Student’s log in to their Voalte phones with the generic logins: username: pcumedstu3 password: 11111 OR username: pcumedstu4 password: 11111

Rounds:
➔ Family Centered rounds (please see FCR orientation materials)
➔ If there are primary rheumatology inpatients, rheumatology rounds start 1st at 8:45 am (depending on how busy the entire red team service is); Renal/Rheum shared patients are discussed starting around 9:15 am. Renal transplant rounds start at 9:30 am. On Fridays with Grand Rounds, rheumatology starts at 9 am; renal starts at 10 am. (These are very rough time splits and depends on the census of each service.) When there are no primary inpatient rheum kids, you will start with the renal kids. If the renal team is not too busy and there are no primary rheum inpatients, we can try to do some teaching 8:45-9:15 am if possible.
Teaching:
➔ Rheumatology teaching will be at noon every Friday, usually located in the workroom of PCU 300. Lunch should be delivered there.
➔ Renal teaching will be at noon every Thursday, usually located in the PCU 300 workroom.
➔ Please arrive promptly for teaching sessions.

Feedback:
➔ Group Medhub evaluations at completion of rotation from Renal Attendings.
➔ Individual rheumatology attending MedHub evaluations at completion of rotation.
➔ Residents are expected to request verbal feedback from Attendings.

Unique Expectations:
➔ Rotation employs learning strategies that include on-the-fly teaching on rounds, as well as case based didactic teaching sessions.
➔ Rheumatology resources available on the red team website, as well as case based instruction here: https://lpchrheum.moodlecloud.com/
➔ Some case discussions will be facilitated by Attendings (renal) and by Fellows (rheum); some should be completed independently as time permits.
➔ Independent Reading of items on the red team website and articles related to cases is required.
➔ Senior resident is responsible for managing census, orienting interns on service, overseeing sign-out, providing feedback to interns regularly.
➔ For Renal:
  ◆ Independent Reading of review articles contained within the Renal Welcome Email is required.
  ◆ We highly recommend reading the articles related to the small group teaching cases.
  ◆ For presentations, it is helpful to be able to report vital sign trends rather than absolute numbers. For example, is the patient getting more or less hypertensive?
  ◆ Weights are a very important part of the presentation as well. Nearly every patient should be weighed daily; patients on dialysis will be weighed both before and after every treatment (both for PD and HD).
  ◆ Nephrology is quite reliant on numbers – blood pressures, weights, in/out, laboratory data, etc. During presentations, it is important to identify the data which is most relevant to each particular patient and synthesize it in a manner which aids medical decision making. Do your best and ask questions whenever you have them.
  ◆ Don’t be afraid to introduce an assessment and plan.

High Census Plan:
➔ Intern cap 10 patients; senior takes up to 4 additional.
➔ If census 12 or greater on Red team at 5pm prior day, notify chiefs to determine if outpatient resident should be pulled to inpatient.

Nephrology Clinic Unique Expectations:
➔ See as many general nephrology patients as possible in the two weeks you have allotted but make sure that you leave yourself adequate time to document and still make it to noon conference on time.
➔ In dialysis clinic try to see one peritoneal dialysis patient and one hemodialysis patient.
➔ Document all visits within the EMR. Expectation that documentation includes a patient identification, history of present illness/interval history, past medical/surgical history, medications, allergies, full review.
of systems, social history, family history, detailed physical exam, laboratory/radiology studies, and a complete assessment and plan.

➔ Ask lots of questions and let us know if there is something specific that you would like to see (for example the dialysis unit or transplant clinic).

Rheumatology Clinic Unique Expectations:

➔ Evaluate AT LEAST 1 new patient per week in clinic. Please see as many patients as you would like. We will go over the musculoskeletal physical exam with you in clinic.

➔ In Epic: please perform medicine reconciliation and complete/review with family the after visit summary (AVS) specifying follow-up, instructions, etc.

➔ Document all visits within Epic. Expectation that documentation includes for a new patient: patient identification and reason for referral, history of present illness/interval history, past medical/surgical history, medications, allergies, full review of systems, social history, family history, detailed physical exam, laboratory/radiology studies, and a complete assessment and plan. For follow up patients, please include patient identification, interval history, medications, full review of systems, social history, physical exam, laboratory/radiology studies, and assessment and plan.

➔ Notes in Epic do not have to be completed on that same day, but please try to complete them within your two week rotation. Please write your notes in clinic only if there are no patients waiting to be seen for the sake of clinic workflow.

➔ If possible, follow up on diagnostic tests ordered and discuss results and treatment plans with rheum attending.

➔ Ask lots of questions and let us know if there is something specific that you would like to see (lupus, arthritis, dermatomyositis, etc.).

Typical Schedules:

Inpatient Schedule:

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>0600-0800</td>
<td>Pre-round</td>
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<tr>
<td>0845-0915</td>
<td>Rheum Rounds</td>
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<tr>
<td>0915-1030</td>
<td>Renal Rounds</td>
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<td>Renal Rounds</td>
<td>Renal Rounds</td>
<td>Rheum and Renal Rounds</td>
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<tr>
<td>1030-1200</td>
<td>Patient Care</td>
<td>Patient Care</td>
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<td>Patient Care</td>
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<tr>
<td>1200-1300</td>
<td>Conference</td>
<td>Conference</td>
<td>Conference</td>
<td>*Renal Teaching</td>
<td>*Rheum Teaching</td>
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<tr>
<td>1300-1700</td>
<td>Patient Care</td>
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<tr>
<td>1700-1800</td>
<td>Sign-out</td>
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### Outpatient Schedule:

<table>
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<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>AM</td>
<td>Academic Time</td>
<td>Renal Clinic</td>
<td>Renal Clinic</td>
<td>Rheum Clinic</td>
<td>Rheum Clinic</td>
</tr>
<tr>
<td>PM</td>
<td>Rheum Clinic</td>
<td>Renal Clinic</td>
<td>Renal Clinic</td>
<td>Rheum Clinic</td>
<td>Urology Clinic (Sunnyvale)</td>
</tr>
</tbody>
</table>

### Clinic Locations:

**Rheum Clinic Schedule/Location**
- All Mondays are at Sunnyvale (1195 West Fremont Avenue (2nd floor), Sunnyvale, CA 94087)
- All Thursdays and Fridays are at LPCH (730 Welch Road, 2nd floor, medical subspecialties)

**Renal Clinic Schedule/Location (see emailed schedule for Renal clinic assignments)**
- LPCH Clinics are at 770 Welch Road, Suite 300
- Sunnyvale Clinics are at 1195 West Fremont Avenue (2nd floor), Sunnyvale, CA 94087

Last Updated: 7/4/18