

# WELCOME TO TEEN CLINIC

## Who do we see?

- We provide primary care for teens and young adults. Some patients come in for focused reproductive care through the Family PACT program. In addition, we provide consultation to other pediatric subspecialists and primary care physicians regarding teens and young adults with issues such as dysfunctional uterine bleeding, amenorrhea, contraceptive needs, and poor adherence to medical management of chronic diseases.

## Care Team?

- Amy Valentine is our clinic social worker

## Clinic flow?

- New patients will generally have a 60 minute visit for a full history and physical exam as part of establishing primary care at our clinic or as their initial consultation
- Follow up or problem focused visits are 30 minute visits
- Annual well teen exams are 60 minute visits
- After patients have their height, weight and vital signs checked by an MA or nurse, the patient is marked as ready to be seen on the board (provider's name will turn blue).
- In most cases we meet privately with the patient for a portion of the visit. You can check with your attending on how to structure a particular visit.
- Wear a tracker device so we know when you are in the room with a patient
- We have condoms and some other types of contraception available to dispense at clinic.
- We can do pregnancy tests, wet preps, and urine dips here. Our clinic lab draws must be done before 4:30pm.
- Keep your eye on the time, we don't want patients and families to become frustrated by long wait times.
- If there is clinic downtime, work on the "Test Your Knowledge" questions on the back of this sheet and the "Scavenger Hunt for Teen Clinic Wisdom."

## Medical student responsibilities?

- Depending on the number of attending physicians and other trainees in clinic and clinic flow, you may go in with a resident/fellow/attending to evaluate patients, or you may be asked to go in independently to collect history from a patient.
- Full physical exams should be done with a resident/fellow or attending present
- You can write a medical student note in EPIC and the attending will write the official EPIC note.

## Resident responsibilities?

- You will have a chance to participate in new patient and follow up visits. Some visits we will have you go in independently and then staff the visit with an attending physician. Sometimes you will see a patient with a medical student/fellow or attending.
- There are EPIC templates for new teen patient and complete physical exams (LPCH AMB ADOL MED NEW PT NOTE) and for follow up visits (LPCH AMB ADOL F/U PT NOTE). There is also a separate section for documenting confidential notes, where we should document the HEADS assessment (LPCH HEADDS ASSESSMENT).

## TEST YOUR KNOWLEDGE

(hint: you are not supposed to know all this yet, but try to figure out the answers during you time with us in clinic)

1. What is LARC?
2. Who can sign up for Family PACT? What does the program cover?
3. What are 3 types of emergency contraception?
4. What STIs should an asymptomatic, sexually active teen be screened for?
5. What information would you share with a 13 year-old male patient and his parents about the HPV vaccine?
6. How do you perform a 2 minute sports physical musculoskeletal exam?