



Stanford | Student
 MEDICINE | Wellness
RESOURCE LIST

General Wellness



Office of Medical Student Wellness
<http://med.stanford.edu/md/student-affairs/student-wellness>

- somwellness@stanford.edu, 650-721-3963
- Rebecca Smith-Coggins: pager 1-3481; smithcog@stanford.edu

Stanford Physician Wellness Committee

<http://wellmd.stanford.edu/>

Graduate Life Office (GLO)

<https://glo.stanford.edu/>

650-736-7078

GLO Crisis Assistance (24 hour)

650-723-8222, enter ID # 25085

Academic Support



Stanford Medicine Education Specialist

<http://med.stanford.edu/md/academic-support/learning-strategies>

Lisa Medoff; 650-721-1025;

lmedoff@stanford.edu

Advising Deans

<http://med.stanford.edu/md/academic-support/academic-advising>

- Neil Gesundheit; neil7@stanford.edu
- Susan Knox; sknox@stanford.edu
- Eric Sibley; Eric.Sibley@stanford.edu
- Nounou Taleghani; nounou@stanford.edu

Diversity and Inclusion



Center of Excellence in Diversity in Medical Education

<http://coe.stanford.edu/>

coeoutreach@stanford.edu

Dispute Resolution



Stanford Medicine Ombudsperson

<http://med.stanford.edu/ombuds/>

James Lafilin; 650-498-5744;

jlafilin@stanford.edu

Infectious Exposure



Needlestick Hotline

If you are stuck by a needle or splashed with bloody fluid, rinse copiously, then page the needlestick hotline at 1-STIX (1-7849). Hotline is answered 24 hours/day 365 days/year.

- At SHC/LPCH? Dial 222 then follow prompts to page.
- SCVMC, PAVA, Cardinal Free Clinics? Dial 650-723-8222, then follow prompts to page.

Financial Concerns

Office of Financial Aid

<http://med.stanford.edu/md/financial-aid>

650-723-6958;

md_financial_aid@stanford.edu

Health Care



Counseling and Psychological Services

<http://caps.stanford.edu>, 650-723-3785

Vaden Health Center

<http://vaden.stanford.edu>, 650-498-5744

Addiction Resource

Anna Lembke, Chief Addiction Medicine

Alembke@stanford.edu; 650-725-9570

Sexual and Relationship Violence

Office of Sexual Assault & Relationship Abuse Education & Response

<http://studentaffairs.stanford.edu/sara>, 65-725-9129

Confidential Support Team

<https://vaden.stanford.edu/get-help-now/sexual-assault>

Team provides professional, trauma-informed counseling for students seeking to better understand options.

Callisto

<https://www.projectcallisto.org>

Secure web environment to report unwanted sexual conduct