

TEEN TALK:

a support group for teens of parents with
Parkinson's Disease



WHO?

Teens: Teen Talk is a support group for teens with parents and other family members diagnosed with Parkinson's Disease. We welcome all ages 13-19 to join us!

Parents: If it's your teen's first time, feel free to join with them to see what we're all about. We'll also keep you updated after every meeting with an anonymous recap of our discussion topics and contributions.

WHEN?

We will meet on the second Wednesday of every month, starting on February 12th, 2025, at 7 pm.

WHY?

Teen Talk aims to provide a safe and supportive space for teens navigating the challenges of having a parent with young-onset Parkinson's disease (YOPD). We aim to connect these teens with others in our community that understand their experiences, share resources about YOPD and related topics, and openly discuss the emotional impact of a diagnosis.

WHAT?

A virtual group for teens whose parents have been diagnosed with YOPD to connect and learn about the disease and its impact on family and caretakers.

WHERE?

We'll meet virtually through Zoom. We also have a GroupMe, where we will post resources and invite other teens to share as well.

HOW?

Our meetings will be thoughtfully planned by our Support Group Leaders, Neha and Rebecca (learn more about us [here!](#)) and collaborating with the YOPN and PMD Alliance. Anna Grill, the founder of the YOPN, will be a frequent guest of our meetings. We will work with our teens to tailor our activities and discussions to best suit our group's needs.



READY TO JOIN?



Please fill out our interest form (<https://forms.gle/LwoTtGHR4yQXXP478>) to register!

We hope you'll consider joining us for our first meeting on **February 12th** at **7:00 pm** (EST) via Zoom.

Email teentalkyopd@gmail.com with any questions! Follow us on insta [@teentalkyopd](#)