

Join a Parkinson's Disease
and parkinsonism Study
without ever leaving
your home

PARTICIPANTS NEEDED

TOPAZ

TRIAL OF PARKINSON'S AND ZOLEDRONIC ACID



Reducing Fracture Risk in People with Parkinson's Disease and parkinsonism

People with PD & other forms of parkinsonism have a very high risk of fractures

- Higher risk of **breaking any bones** and **4 times more likely to have a hip fracture**
- 2- to 4-fold increased risk for fractures
- Even higher in those aged 60 years or older
- These risks far exceed National Osteoporosis Foundation threshold

Yet, people with PD & other forms of parkinsonism have far lower rates of osteoporosis treatment!

- As low as 3% of PD patients are treated with an osteoporosis treatment

What is the TOPAZ study?

The TOPAZ study will test if a single intravenous dose of a treatment called zoledronate can prevent fractures and decrease risk of dying in people with Parkinson's Disease or other forms of parkinsonism.

Zoledronate is approved by the FDA for reduction in the incidence of fractures.

You can join if you:

- Are 60 years or older
- Have not had a hip fracture
- Have Parkinson's disease or another form of parkinsonism
 - ✓ progressive supranuclear palsy (PSP)
 - ✓ multiple system atrophy (MSA)
 - ✓ cortical basal degeneration (CBD)
 - ✓ vascular parkinsonism
 - ✓ dementia with Lewy bodies (LBD)
 - ✓ or another form of neurodegenerative parkinsonism)

What are the steps to enroll?

This study is done from your home!

1. Go to TOPAZstudy.org and click “Join the Study”
2. Create an account and complete an eligibility survey
3. Review and agree to the consent form
4. Complete a health survey

In the next few weeks:

- You may be asked to have a video visit (on your computer, tablet or smart phone) with a study neurologist
- You will receive a free bottle of Vitamin D by mail, which you will take daily for 1 month
- A nurse will come to your home for the study visit and administer the one-time infusion of the study treatment (either zoledronate or a placebo)
- The study team will check in with you every 4 months to see if you’ve had a fracture.
- You will receive a \$100 gift card at your study visit and a \$50 gift each year, for completing your follow-up surveys

THANK YOU!

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