

Non-Medical Home Care



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Agenda

Most of you are here today to learn and/or find solutions that can assist you with caregiving in your everyday life and provide the appropriate service for your loved one.

- What is home care and what to expect
- What other services are available
- How to age safely in place
- Ways to prevent hospitalization
- Average costs for home care and regulations

When More Help is Needed

- Household bills piling up
- Reluctance to leave the house
- Losing interest in meals
- Declining personal hygiene
- Declining driving skills
- Signs of depression
- Missed doctors' appointments
- Unkempt house
- Losing track of medications

Recent Trends

- A Home Instead Senior Care study found that 86% of seniors want to continue living at home as long as possible.
- 54% of Seniors who live alone are four times more likely to use professional care than those who live with their children.

Services

- Non-medical home care services include:
 - Companionship
 - Meal Preparation & Assistance with Eating
 - Light Housekeeping/Laundry
 - Bathing & Toileting
 - Continence Care
 - Dressing
 - Incidental Transportation/Errands/Shopping
 - Medication Reminders

Other Services

Adult Day Programs

- For fee
- Activities based with some skilled resources

Home Health

- Offers skilled RN, PT, OT, ST in the home

Senior Center

- Great opportunity to be involved in activities and social engagement

Other Living Options

- Independent Living (senior communities)
 - Activities and social engagement
 - Cost monthly rent or buy in
- Assisted Living
 - Activities and social engagement
 - Meal availability
 - Some RN over-sight
 - Additional services

Other Living Options

- Skilled Nursing
 - \$10,000-14,000/month
- Respite
 - Some ALFs will offer respite where senior can stay for 2-4 weeks
- Home Care
- Hospice Care

Aging Safely at Home

- Evaluating the home
 - Home Safety Checklist
- Making appropriate modifications
 - Home modifications don't have to be a huge investment
 - Grab bars
 - Raised Toilet Seats
 - Shower benches
 - Non-slip mats & rugs
 - Sufficient lighting

The Benefits are...

- Enhancing Lives
- Nutrition, fitness and healthy lifestyles
- Social Interaction
- Reduce stress for family caregivers
- Home safety
- Community involvement

...more benefits

5 Ways to Prevent Senior Hospitalizations

Home Care can help prevent hospitalization by making sure our client's follow these simple steps:

1. Follow doctor's orders
2. Don't ignore symptoms
3. Reduce risks of falls and accidents
4. Stay active physically and mentally
5. Maintain a healthy diet

Full Service Agency vs. Referral Agencies & Registries

Compare Your Choices	Full Service Agency	Referral Agency & Registry	Private Hire
Locate, screen, interview, train	☑	?	CR
Check employer references	☑	?	CR
Verify USA work authorization	☑	?	CR
Withhold payroll taxes	☑	?	CR
Negotiate salary/benefits	☑	?	CR
Determine work schedule, cover days off & holidays	☑	?	CR
Workers compensation insurance	☑	CR	IC or CR
Professional liability insurance or bond	☑	?	IC or CR
Payroll Requirements (SS, payroll tax, unemployment insurance, etc.)	☑	?/CR	CR

☑ = included ? = may not be included CR = client responsibility IC = independent contractor responsibility

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The Process

- No charge assessment or obligation conducted by Director of Client Services
- Develop profile and service plan
- Coordination with Staff Management to identify best CAREGiver for the individual(s) and situation
- Follow-up quality visits to ensure expectations are being met

The Process To Hiring An Agency

- How do you select your caregivers?
- Are your caregivers bonded, insured and covered by Workers' Compensation?
- Do you do background checks on prospective employees?
- Do you deduct state, federal and local taxes from the caregivers' checks?
- How long has the company been in business?
- Is there supervision of the caregivers by an administrative staff person?
- What kind of assessment for care can we expect from your agency?
- Is there a charge for an assessment?
- How often are patient care needs reassessed?
- What type of training do you provide for your employees?

Average Home Care Cost

Hourly Rates

- \$35-38/hour for a full service agency

Overtime Rates

AB 241 - Assembly Bill No. 241 is known as The Domestic Work Bill of Rights. AB 241 has **eliminated the overtime pay exemption for personal attendants, which includes caregivers in private homes.**

This bill requires that caregivers be included in overtime pay of time-and-a-half their regular rate of pay after working 8 hours in a day, and after working 45 hours in a week.

Quality of CAREGivers

- Thorough interview and screening process
 - Criminal national background checks; DMV; Sex Offender
 - We live-scan/fingerprint all caregivers
 - Drug test; TB test
- Bonded; general liability and workers comp insurance
- Mandate training on various topics
- CAREGivers are employees of Home Instead

Local Experience

- Founded in 1997 and serving 1000+ clients
- Our office has 9 Staff Members
- Community outreach
 - Donate caregiving hours to non-profit for low income seniors
- Involved in state level policies and legislation

Mission Statement

We are known as a trusted local resource committed to community involvement, education and providing non-medical home care for our seniors.

QUESTIONS?

Leslie Kefer

(650) 691-9671

leslie.kefer@hiseniorcare.com