Driving

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No relevant financial or nonfinancial relationships to disclose.

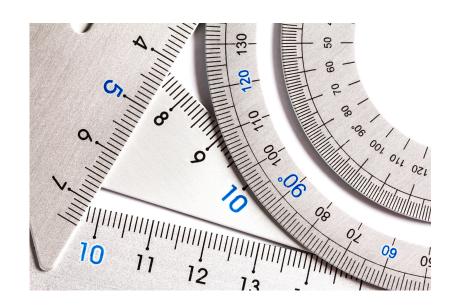
Goals of talk:

- Review issues that may compromise driving ability for individuals with Parkinson's Disease, PD.
- 2. Increase understanding of Clinic Based Occupational Therapy, OT, Driving Evaluation.
- 3. Review CA State Law about PD and driving
- 4. Describe the DMV Driver Medical Evaluation
- 5. Increase awareness to local and national level resources

Motor Skills... not your car's motor

- Motor Functioning...your movement may be slower
- Strength
- Balance
- Range of motion may be diminished
 - **≻**Neck
 - **≻**Shoulders
 - ➤ Trunk rotation





- Muscle tightness
- Rigidity
- Tremor
- May impair ability to react quickly to emergencies or changing traffic patterns

Issues that may compromise driving ability

Cognitive skills

Refers to one's ability to receive and process incoming information by using:

- > Perception
- Reasoning
- > Judgement
- Memory





Visual Skills

Patient may experience changes in their VISUOSPACIAL SKILLS

- ➤ The ability to gauge the distance to a stop sign or other vehicles.
- Difficulty maintaining a safe lane position.

How to see the Stanford OT for a Clinic Based Driving Evaluation

- Clinic Based OT Assessment
- Make an appointment with your Neurologist
- Request your Stanford MD place a referral for an OT driving assessment.
- Check your insurance coverage
- Schedule an appointment in Outpatient Neuro Clinic, 213 Quarry Road, Palo Alto

Outpatient Neuro Rehab Clinic Driving Assessment

https://stanfordheal thcare.org/medicaltreatments/d/drivin g-simulationtraining.html

- May take 1-3 visits to complete the assessment
- OT's are not the DMV
- Patient will be assessed using some not all of the following tests:
 - 1. Useful Field of View, UFOV
 - 2. STISIM Driving Simulator
 - 3. Rookwood Driving Battery Assessment
 - 4. Bioness Integrated Therapy System, BITS
 - 5. Manual Motor Muscle assessments
 - Snellen Visual Acuity



Julie Muccini sitting in STISIM Driving Simulator Stanford Healthcare, Outpatient Neuro Rehab Clinic



CADMV

www.DMV.CA.GOV

https://www.dmv.ca.gov /portal/driver-educationand-safety/medicalconditions-and-driving/

- "Medical Conditions and Driving
- Certain medical conditions can affect your ability to drive safely but having a medical condition does not mean that your driving privileges will be restricted. Whether you have an illness, injury, or you take medication that causes certain side effects, if you are diagnosed with a medical condition that may affect your driving, you should let the Department of Motor Vehicles (DMV) know.
- Learn more about specific medical conditions, how they can affect driving, and what kind of information DMV uses to evaluate your driving privileges."

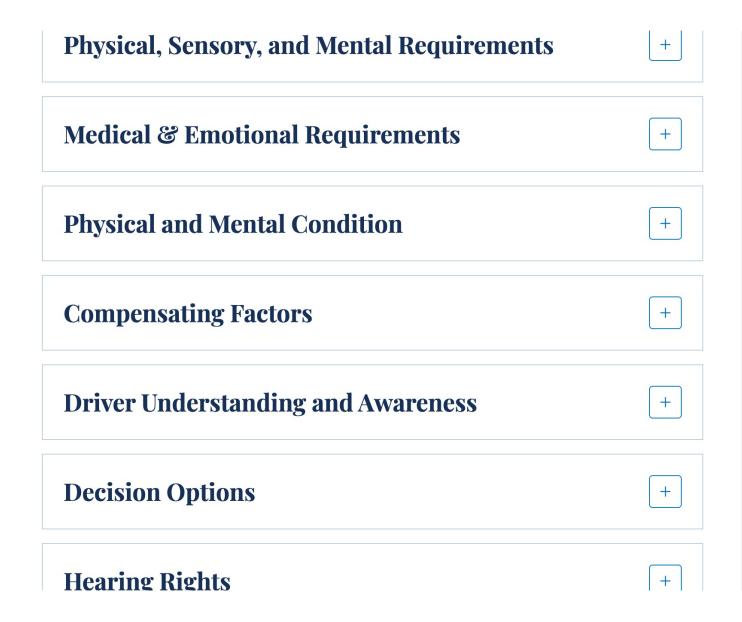
Medical Conditions

https://www.dmv.ca. gov/portal/drivereducation-andsafety/medicalconditions-anddriving/

- Dementia
- Diabetes
- Lapses of Consciousness
- Vision Conditions

What qualifications does DMV use to investigate or reexamine drivers?

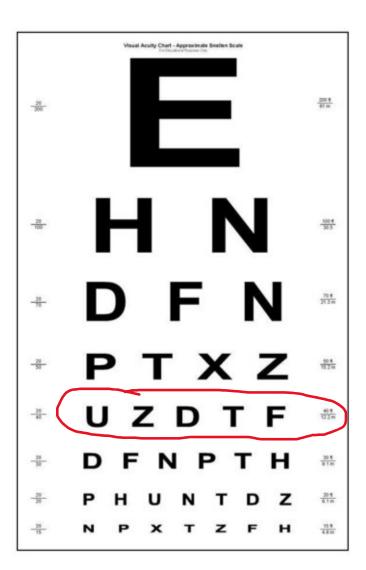
https://www.dmv.ca.gov/portal/driver -education-and-safety/medicalconditions-and-driving/evaluationguidelines/



CA DMV Vision Test

- Vision exam requirement
- A 20/40 visual acuity with or without glasses is the department's vision guideline.
- Visual acuity measurements are obtained for both eyes together and for each eye separately while both eyes remain open, as in normal driving. There are two methods of testing, a Snellen chart or Optec 1000 Vision Tester.
- Applicants who do not pass either exams may, depending on the circumstances, be referred to a vision specialist.

Snellen Chart



Acuity 20/40

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https://www.dmv.ca.gov/portal/file/driver-medical-evaluation-ds-326-pdf/

CA DMV Medical Evaluation Form

https://www.dmv.ca .gov/portal/file/drive r-medicalevaluation-ds-326pdf/

- DRIVER MEDICAL EVALUATION (Medical information is CONFIDENTIAL under Section 1808.5 CVC)
- INSTRUCTIONS TO THE DRIVER: Please take this form to the medical professional most familiar with your health history and current medical condition. Before giving this form to your medical professional, complete and sign Sections 1-3. PLEASE PRINT LEGIBLY.
- INSTRUCTIONS TO THE MEDICAL PROFESSIONAL: Please complete Sections 5-13, on pages 2 through 5. The Department of Motor Vehicles' records indicate your patient may have a condition that could affect the safe operation of a motor vehicle.



ADED

THE ASSOCIATION FOR DRIVER REHABILITATION SPECIALISTS

ADED.NET

- Private on the road assessment.
- Generally, not covered by insurance
- Can cost \$500-\$800 for a 2-hour assessment

The Association for Driver Rehabilitation Specialists: ADED http://aded.siteym.com/

- Mr. Marc Samuels, OT, CDRS, The Safe Driver
- Half Moon Bay, CA
- 650-771-2797
- · 650-804-1792 VA
- Mr. Derrick P Scott, CDI, CDRS, A-Safe Driver, Inc. Fit2, Drive Rehab, Apex Driving School
- Burlingame, CA
- 650-373-2020

- Ms. Hazel M Simin, OTR/L, CHT, CDRS, Adaptive Driving Service
- Santa Clara
- Mr. Edward Brodd, CDRS, Driver Rehab Services, LLC
- San Jose, CA
- 650-690-6618
- Mr. Sam Graf
- Adaptive Driving Aid
- 800/371-4243 408/866-7237
 3155 San Jose, CA 95117





NMEDA

- The <u>National Mobility Equipment Dealers</u> <u>Association</u> (NMEDA)
- is an advocate for mobility and accessibility for drivers with disabilities. If you need help with converting or buying a handicap accessible van, car or truck, please consider one of a Quality Assurance Program dealers.
- Every NMEDA QAP dealer and technician has been trained and accredited in the highest best practice standards of quality and service to ensure safe and reliable transportation.

http://www.nmeda.com/

Questions?

Thank you!

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