



Amedisys Home Health

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What is home health ?

- ▶ Home health care provides skilled services for an illness or injury, wherever you call home with the goal of helping you recover, regain your independence and become as self-sufficient as possible. Amedisys Home Health Care offers health care services such as skilled nursing, home health aides, physical therapy, occupational therapy, speech therapy, social work, nutrition services, etc. We also offer specialized clinical programs that focus on empowering you to manage your own illness and make good decisions.

Services offered



- ▶ RN/LVN
- ▶ PT
- ▶ OT
- ▶ ST
- ▶ Home Health Aide
- ▶ Social Worker

Who is eligible for home health?



You may be eligible to receive home health care under your Medicare benefits if:

- You require intermittent skilled nursing care, physical therapy or speech therapy.
- You are under a physician's care. All home health services must be ordered by your physician.
- You must be homebound.

Who is considered homebound?

- You are confined to your home due to illness or injury.
- It is not mandatory that you are bedridden, but leaving your residence must require considerable and taxing effort and the need for supportive devices.
- Homebound status is not affected when the reason to leave the home is to receive medical treatment.

Who pays for home health?

- ▶ Provided you meet eligibility requirements, Medicare may pay for your covered home health care for as long as you're eligible and your doctor certifies that you need it. Medicare covers home health 100%.
- ▶ Additionally, your private insurance also may cover home health care, or some services that Medicare doesn't cover. Check with your insurance company to learn about their specific eligibility requirements.
- ▶ Our staff is happy to help determine whether you meet coverage criteria.

Referral Process

- ▶ You need to see your physician in their office for a face to face
- ▶ The physician then writes a prescription for the services you need
- ▶ If you are hospitalized, the hospital can also make a referral but you will need to go in for an appointment with your Primary Care Physician
- ▶ If you go to a skilled nursing facility, they can also make a referral but you will need to go in for an appointment with your Primary Care Physician
- ▶ ***Specialists such as neurologists can also make referrals

What can I expect during the first visit?

- ▶ On the first visit, a nurse or therapist will conduct an initial assessment. At Amedisys, this thorough interview and professional assessment is part of our coordinated approach to managing your overall health status. Our assessment focuses on identifying areas where you may benefit from education in self-care management and partners with your doctor to promote disease prevention, in addition, to providing hands-on intervention - which includes the family or caregivers.
- ▶ This team approach helps to make the transition from a hospital or nursing facility to your home much easier, and actively engages you and your caregivers in your health care.

How often will the home health team visit?

- ▶ The frequency and type of home health visits and the services provided are based on your personal plan of care. Your doctor may change your plan of care, increasing or decreasing the number of visits or services provided, in order to provide you with the best home health care for your needs.
- ▶ The clinicians will build a custom care plan for each patient
- ▶ We like to get spouses, family members and friends involved in the care plan including caregiver training
 - ▶ (transfers to bed, transfers in and out of wheelchair, etc.)
 - ▶ Goal is to make it easier for caregiver and reduce injuries
- ▶ The team will also do a home safety evaluation and make recommendations

Fall Reduction Program Highlights

- ▶ Evidence-based clinical practices so you receive high quality care backed by science
- ▶ Interdisciplinary approach that gives you access to a diverse team of professionals who can address your fall risk factors
- ▶ Expert care in the home, where 75% of falls happen
- ▶ Patient empowerment model that encourages you to take an active role in fall risk prevention
- ▶ Fall detection system (offered at no charge for up to 120 days while on our service) that offers safety and peace of mind
- ▶ Program developed in collaboration with renowned geriatric fall expert Michelle Lusardi, PT, DPT, PhD, FAPTA

Fall Detection System Free Trial

FALL DETECTION SYSTEM



- › Free for up to 120 days while on our home health service
- › For patients at risk for falls/enrolled in our Fall Reduction Program
- › Detects falls and automatically sends an alert for help
- › Patients can call for help with the HELP button
- › Trained professionals get patients the help they need, even if they are unable to speak
- › Significant events captured by the device are reported to your staff

Home Health Service Samples by Clinician

NEUROLOGY

Specialized At-Home Care To Help You Manage Your Neurology Patients



COMMON HOME HEALTH CARE DIAGNOSES

CVA Head Injury	Parkinson's Disease Alzheimer's Disease	Multiple Sclerosis Muscular Dystrophy	Laminectomy Fusion	Craniotomy ALS
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HOME HEALTH SERVICES

Amedisys uses a comprehensive assessment and interdisciplinary approach to treat neurology patients at home. All disciplines provide ongoing patient/caregiver education, using an individualized, disease-specific focus.

SKILLED NURSING

- Plan of care management
- Venipuncture for lab work, as ordered
- Nasogastric tube teaching/management
- Gastrostomy tube teaching/management
- Foley catheter insertions/management
- Suprapubic catheter changes/management
- Wound assessment and dressing changes
- Medication administration, injections-Sub Q, IM and IV
- Ostomy/wound management
- Urinary incontinence management

PHYSICAL THERAPY

- Balance
- Transfer training
- Gait training/mobility
- Home safety
- Strengthening
- Pain management
- Assistive device training
- 6-minute walk test assessment

OCCUPATIONAL THERAPY

- Modified Barthel Index
- Energy conservation
- Dressing
- Bathing
- Grooming
- Adaptive equipment use
- Bathroom transfers and equipment
- Visual impairments
- Home safety

SPEECH THERAPY

- NOMS assessment
- Communication
- Cognition
- Swallowing/dysphagia
- Voice quality
- Safety with oral medications
- Augmentative communication needs
- Weight loss due to malnutrition

PATIENT/CAREGIVER EDUCATION

- Disease process
- Management of multiple medications
- Warning signs and symptoms of complications
- Importance of tracking vital signs
- Nutrition and fluid management
- Lifestyle adjustment
- Activity guidelines and energy conservation
- Equipment management
- Safety in the home and avoiding falls
- Seizure precautions
- Smoking cessation

Questions?

