



Stanford
M E D I C I N E

Palliative Care

Living Well with Serious Illness

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Defining Palliative Care

- Specialized health care for **people living with a serious illness**.
- Focused on **providing relief from the symptoms and stress of the illness**.
- Goal is to **improve quality of life** for both the **patient and the family**.
- Palliative care is based on the needs of the patient, not on the prognosis. It is appropriate **at any age and at any point in a serious illness** and **can be delivered with curative treatment**.

Additional Resources

- The Conversation Project
 - <https://theconversationproject.org>
- Palliative Provider Directory
 - <https://getpalliativecare.org/>
- Stanford Palliative Care Website
 - <http://med.stanford.edu/palliative-care.html>

Thanks to our Team

