Palliative Care Programs in the Bay Area
Kaiser Permanente Palliative Care Department, Marin-Sonoma

Vision and Promises
- Vision: Honor what matters most to you so that you can live as fully as possible.

Team:
- Physician
- Clinical Nurse Specialist, Nurse
- Social Worker
- Chaplain

Services:
- Outpatient: Monday-Friday
- Inpatient: 7 day/week
- Video, Telephone, and In-Person

Referral:
- Primary Care Providers
- Specialists
- Registry

Contact Information:
- Santa Rosa Outpatient 707-393-4482, Inpatient 707-393-4339
- San Rafael Outpatient 415-446-2510, Inpatient 415-444-2318
• Inpatient and Outpatient (no home-based program)

• Telephone, Video, and In-Person Appointments

• Referral Required (from oncologist, specialist or primary care)

• Integrative Wellness Center
  • Nutrition and Psychosocial Counseling
  • Guided Meditation, Jin Shin Jytsu, Massage, Acupuncture

• Phone: (415) 925-7450
• Website: https://www.mymarinhealth.org/programs-services/supportive-care/palliative-care/
• Email: supportivecarecenter@mymarinhealth.org
Palliative Care at Kaiser Permanente East Bay

- Inpatient and Outpatient Services
  - Available at Oakland and Richmond Medical Centers

- Clinics are located in Oakland and Richmond
  - Visits are available via video, phone, or in-person

- Ask your doctor to place a referral via HealthConnect

- Contact information:
  - Address:
    - Oakland Medical Center: 275 W. MacArthur Blvd, Oakland, CA 94611
    - Richmond Medical Center: 901 Nevin Ave, Richmond, CA 94801
  - Clinic Phone: (510) 752-1834
  - Inpatient Service Phone: (510) 752-4092
UCSF Palliative Medicine

Inpatient Palliative Care Services
• @ UCSF Parnassus, Mission Bay, and Mount Zion

Outpatient & Home-Based Services
• Telehealth and in-person visits
• Home visits may be in San Francisco County

• Outpatient Palliative Care Service (OPCS)
  • Outpatient palliative care for patients with serious illness other than cancer (non-oncology)
  • In-person visits at Parnassus, telehealth visits also available
  • For more information: 415.514.1966

• Symptom Management Service (SMS)
  • Outpatient palliative care for cancer (oncology) patients
  • In-person visits at Mission Bay and Parnassus, telehealth visits also available
  • For more information: 415.885.7671
San Francisco VA Palliative Care

Clinical Programs
- Inpatient Palliative Care Consults
- Inpatient Hospice Unit - 10 bed
- Outpatient Palliative Care Clinic
  - In-person and telehealth clinics
  - San Francisco, Santa Rosa, Clearlake, Ukiah, Eureka, and northern California
  - Partnerships with Oncology, Parkinson’s/ Movement Disorder, and Pulmonary Clinics

Unique Features
- Referrals through VA Primary and Specialty Providers
- Concurrent care: Veterans can enroll in hospice while still getting treatments for their underlying illnesses (e.g. can still get chemotherapy while on hospice for a cancer diagnosis)
- VA-paid home caregiver support: San Francisco veterans on hospice may qualify for up to 28-hours of home health aide support
- Inpatient hospice unit available to veterans registered at SFVA in need of skilled nursing facility-level hospice care regardless of service connection. This is a free service.

Our Team:
- Anna Chang, MD
- Jeremy Doughan, PsyD
- Lynn Flint, MD
- Ashwin Kotwal, MD
- Sei Lee, MD
- Kana Mc Kee, MD
- Sandra Moody, MD
- Annie Palmer, NP
- Alex Smith, MD
- Rebecca Sudore, MD
- Carolyn Talmadge, Chaplain
- Emily Taplin, LCSW

Leadership:
- Eric Widera, MD
- Anne Kelly, LCSW
- Patrice Villars, NP

Contact: patrice.villars@va.gov
https://www.sanfrancisco.va.gov/services/Geriatrics.asp
Telephone: (415) 221-4810, ext. 24979
Palliative Care at Sutter CPMC

- Inpatient and Outpatient (Clinic and Advanced Illness Management (AIM) home program)
  - Clinic located in San Francisco
    - Telephone and Video Visits available
- Ask you Sutter doctor or nurse for a referral
Kaiser Permanente San Francisco

• Services: Inpatient and Outpatient
  • Home-based program under development.

• Our Clinic is located at the French Campus of Kaiser San Francisco

• Appointments are available in-person, via video or by telephone

• Available to all Kaiser members; you can be referred by request by your primary care physician or a physician or nurse from any specialty

• Our clinic address is 450 6th Ave San Francisco, CA

• Our clinic phone number is (415) 833-0204
Palliative Care at Stanford

• Inpatient and Outpatient (no home-based program)

• Clinics located in Palo Alto, San Jose, and Emeryville
  • Telephone, Video Visit, and In-Person appts available

• Ask you doctor or nurse for a referral

• We also accept self-referrals:
  • Call our clinic at (650) 724-0385
  • Website: med.stanford.edu/palliative-care
Providers can place a referral to Palliative Care and Support Services (PCSS) or Advance Illness Management (AIM)

- **PCSS**: Physician-led *specialty* palliative care w/ Interdisciplinary Team (doctor, nurse, chaplain, social worker)

- **AIM**: Nurse-driven *primary* palliative care w/ Home Health Team (nurse, social worker)

Locations in San Mateo, Palo Alto, Sunnyvale, Oakland, Fremont, Dublin, and Santa Cruz

- Clinic, facility, home, video visits

Also have Inpatient Consult Team at Sutter Bay hospitals:

- **Mills Peninsula, Eden, Alta Bates**
Santa Clara Valley Medical Center

- Inpatient program at Santa Clara Valley Medical Center, San Jose
- Outpatient program is located at Valley Specialty Center in San Jose
  - Telephone, video visits and in-person visits available
- No home-based program currently
- Ask your PCP or consulting doctor/nurse practitioner/physician assistant for a referral
- [https://www.scvmc.org/clinics-and-locations/valley-specialty-center/Pages/health-care-services.aspx#vhpos](https://www.scvmc.org/clinics-and-locations/valley-specialty-center/Pages/health-care-services.aspx#vhpos)
- Clinic phone number 408-793-5974