Palliative Care Health Education, Engagement, and Promotion (PC-HEEP)

Stanford Palliative Care Center of Excellence & Department of Patient Experience

www.med.stanford.edu/palliative-care
Most People Have Never Heard of Palliative Care

- More than 70% of people never heard of palliative care

~27% Heard of PC
73% Never Heard of PC
Mission

To raise community awareness and knowledge of palliative care’s role in improving quality of life and pursuing the goals that matter most to people and families living with a serious illness.
Event Recordings

Video recordings and slides to download of past educational events about palliative care

11.19.20: Everything you want to know about palliative care.
Download the slides to the 11.19.20 event HERE.

10.22.20: An introduction to palliative care for the South Asian community.
Download the slides to the 10.22.20 presentation HERE.

5.22.20: Managing pain when living with cancer.
Download the slides to the 9.22.20 presentation in English HERE.
Descargar las diapositivas del seminario web en español AQUÍ.

7.30.20: Palliative care was a game changer—an introduction to palliative care.
Download the slides to the 7.30.20 presentation HERE.

News and Events Menu

News
Upcoming Events
Past Events
Event Recordings
Advance Health Care Planning Workshops
Stanford Palliative Care
@Stanford_PC
Stanford Medicine’s Palliative Care Team, and Palliative Care Center of Excellence
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Stanford Palliative Care  @Stanford_PC · Dec 28
Check out “Conversations in Supportive Care” podcasts, focusing on people living with cancer and their caregivers:
IS PALLIATIVE CARE RIGHT FOR YOU?

Are you struggling with:

MANAGING SYMPTOMS
- Symptoms that interfere with your everyday life.
- Or your serious illness makes it difficult to be as active as you would like to be.

TREATMENT DECISIONS
- Making treatment choices.
- Figuring out how to choose your care and treatment to match what’s most important to you.
- Understanding the pros and cons of treatments.

MAKING MEDICAL PLANS
- Setting up an advance health care directive.
- An advance health care directive is a document to describe what kind of care you want if you are too sick to communicate.

COPIING
- Stress from your serious illness.
- How to talk with your family and friends about your illness.
- Sharing what's important to you at this time.
- Seeking spiritual or religious support.

We can help.

HOW PALLIATIVE CARE CAN HELP YOU

SUPPORT YOU AT ANY AGE AND AT ANY STAGE OF YOUR ILLNESS
You can get palliative care while you are in treatment. Palliative care can begin as soon as you are diagnosed with a serious illness.

SUPPORT A BETTER QUALITY OF LIFE
For you, your family, and your caregivers.

OFFER RELIEF FOR YOUR BODY, MIND, AND SPIRIT
Palliative care can ease the pain, symptoms, and stress of serious illness as you go through treatment.

GIVE YOU PRACTICAL ASSISTANCE
Palliative care experts can help you to prepare for life changes, including advance care planning.

PARTNER WITH YOUR HEALTH CARE TEAM
Your palliative care team will partner with your other doctors to give you an extra layer of support.

LEARN MORE ABOUT PALLIATIVE CARE
MAKE AN APPOINTMENT: 650-498-4000
VISIT OUR WEBSITE: stanfordmed.org/palliative-care/better-behind-the-scenes.html
Want to get involved? Have a community that would want education on palliative care?

E-mail: palliativecare@stanfordhealthcare.org