

What's Right for You? Health Care Planning Workshop

Why it's IMPORTANT?



An advance care directive (living will) helps you communicate what's right for you regarding your health care.

It can provide you and those close to you comfort and confidence knowing that your wishes will be honored.

The VIRTUAL WORKSHOPS

Led by the Stanford Palliative Care team, this **FREE 2-part virtual workshop** will show you how to plan for your health care:

Workshop 1 - Start the Process

We will describe what advance health care planning is and walk through the steps of creating a plan. We'll also help you think about the questions you need to answer as you create your plan.

Workshop 2 - Walk Through a Plan

We'll review an advance directive and provide time for discussion and questions.

2 Ways to REGISTER

1

Register Online

Sign up directly at
<https://med.stanford.edu/palliative-care/events/workshops.html>

2

QR Code: (scan image)



Upcoming Dates

September 2023

Part 1: Wednesday, September 20th

Part 2: Wednesday, September 27th

December 2023

Part 1: Thursday, December 14th

Part 2: Thursday, December 21st

March 2024

Part 1: Tuesday, March 5th

Part 2: Tuesday, March 12th

June 2024

Part 1: Thursday, June 6th

Part 2: Thursday, June 13th